

## TELEHEALTH COMMITTEE MINUTES

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A recorded webcast of this meeting is available at <https://youtu.be/LaJk532Jfs4>.

**DATE** August 6, 2021

**MEETING PLATFORM** WebEx Video/Phone Conference

**Pursuant to the provisions of Governor Gavin Newsom’s Executive Order N-25-20, dated June 11, 2021, neither a public location nor teleconference locations are provided.**

**TIME** 11:00 a.m.

### ATTENDEES

**Members Present:** Christina Wong, Chair, LCSW Member  
Susan Friedman, Public Member

**Members Absent:** Christopher Jones, LEP Member

**Staff Present:** Steve Sodergren, Executive Officer  
Rosanne Helms, Legislative Manager  
Christy Berger, Regulatory Analyst  
Christina Kitamura, Administrative Analyst  
Sabina Knight, Legal Counsel

**Other Attendees:** Public participation via WebEx video conference/phone conference

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1 **I. Call to Order and Establishment of Quorum**

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3 Christina Wong, Chair of the Telehealth Committee (Committee) called the  
4 meeting to order at 11:07 a.m. Roll was called, and a quorum was established.

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6 **II. Introductions**

7  
8 Committee members and Board staff introduced themselves.

9  
10 **III. Consent Calendar**

11 **a. Discussion and Possible Approval of June 25, 2021 Committee**  
12 **Meeting Minutes**

13  
14 This item was tabled.

15  
16 **IV. Overview of the Committee’s Roles and Tasks**

17  
18 The Committee members and stakeholders have discussed the following:

- 19  
20
- 21 • Future topic areas that the Committee should focus on.
  - 22 • The Board’s existing statutes and regulations related to telehealth.
  - 23 • Laws of several other states that pertain to temporary practice across state lines.
  - 24 • Potential telehealth coursework requirement. (This discussion to be continued.)
  - 25 • Potential clarification of telehealth laws for associates and trainees. (This discussion to be continued.)
  - 26 • Supervision via videoconferencing. (This discussion to be continued September 10<sup>th</sup>.)
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31 Ben Caldwell: Regarding the discussion on supervision via videoconferencing,  
32 requested to get information about whether there have been complaints related  
33 to online supervision of trainees during the pandemic, and if so, how many were  
34 received.

35  
36 **V. Discussion and Possible Recommendation Regarding Potential**  
37 **Telehealth Coursework Requirement**

38  
39 The Committee has expressed interest in requiring training or coursework  
40 regarding delivery of mental health services to clients via telehealth, to ensure  
41 its licensees are competent in its delivery. At its June 2021 meeting, the  
42 Committee directed staff to draft language requiring such training, using the  
43 recently added statute requiring coursework in suicide risk assessment and  
44 intervention as a model.

45  
46 The draft language does the following:

- 1 • Requires applicants for licensure on or after January 1, 2023 to submit proof  
2 of completion of 6 hours of training or coursework in the provision of mental  
3 health services via telehealth, with their application.
- 4 • Requires licensees, upon their first renewal on or after January 1, 2023, to  
5 attest to having completed 6 hours of training or coursework in the provision  
6 of mental health services via telehealth.
- 7 • Specifies that the training or coursework is a one-time requirement and may  
8 be completed either as part of the qualifying degree program, or by taking a  
9 continuing education course.

10 The Committee was asked to consider the following in its review:

- 11 1. Is 6 hours an appropriate amount of training or coursework?
- 12 2. Is the timing of when the training or coursework is required appropriate (at  
13 application for licensure for new applicants, at renewal for current  
14 licensees)?
- 15 3. The proposal does not allow applied experience to count, as the suicide risk  
16 assessment and intervention requirement does.
- 17 4. Is delayed implementation needed?
- 18 5. Does the training or coursework description used in the proposal, “provision  
19 of mental health services via telehealth” accurately capture what the Board  
20 is trying to achieve? Should more specific course topics be called out?  
21  
22  
23

24 The Board is in the process of conducting four surveys regarding the practice of  
25 telehealth and supervision via videoconferencing. School programs,  
26 supervisors, associates, and trainees/interns are being surveyed. The survey  
27 contains questions regarding school offerings of coursework regarding delivery  
28 of mental health services to clients via telehealth, the adequacy of the offerings,  
29 and specific topics covered. The results of the surveys will be discussed at the  
30 Committee meeting on September 10<sup>th</sup>.

31  
32 Christina Wong: 6 hours is appropriate, the timing is appropriate, and prefers  
33 to implement this right away.

34  
35 Ben Caldwell: Wonders about the necessity of this requirement since everyone  
36 has been doing telehealth since March 2020. Continuing education (CE)  
37 courses in telehealth have been available during the pandemic, and many have  
38 taken those courses. A 6-hour training requirement is well intended, but it  
39 comes well after the time that everybody started doing telehealth – it may be  
40 unnecessary. When tied to the renewal or the licensure process for associates,  
41 the training comes years after they have been providing telehealth. Maybe add  
42 it to the curriculum.

43  
44 Caldwell: Does the course need to be state-specific?

1 Jennifer Alley, California Association of Marriage and Family Therapists  
2 (CAMFT): Concerned about promoting a survey with specific questions  
3 regarding telehealth training and what topics should be covered; and the Board  
4 making decisions based on the industry’s opinion. It is unknown how 6 hours  
5 was determined to be the appropriate length for CE. CAMFT questions the  
6 need for the course.

7  
8 Mario Espitia: Suggested adding language to the proposal as to why the  
9 course is being mandated.

10  
11 Rosanne Helms: Suggested waiting for survey results and proceed from there.

12  
13 No action taken.

14  
15 **VI. Discussion and Possible Recommendation of Amendments to Clarify**  
16 **Telehealth Laws for Associates and Trainees (Business and Professions**  
17 **Code (BPC) §§2290.5, 4980.36, 4980.37, 4980.42, 4980.43.3, 4980.78,**  
18 **4996.15, 4996.23, 4996.23.2, 4999.32, 4999.33, 4999.36, 4999.46.3, 4999.62)**

19  
20 A common question is whether associates and trainees are permitted to  
21 provide services to clients via telehealth. The Committee has determined a  
22 need to clarify this further in statute.

23  
24  
25 **Associates and Telehealth**

26 Marriage and family therapist associates (AMFTs) and trainees are both  
27 explicitly permitted to perform services via telehealth. Business and  
28 Professions Code (BPC) §4980.43.3(i):

29  
30 *An associate or a trainee may provide services via telehealth that are in*  
31 *the scope of practice outlined in this chapter.*

32  
33 The Licensed Clinical Social Workers (LCSW) and Licensed Professional  
34 Clinical Counselors (LPCC) practice acts are silent about the matter. However,  
35 associate clinical social workers (ASWs) and associate professional clinical  
36 counselors (APCCs) are permitted to perform services via telehealth because  
37 Business and Professions Code defines a health care provider who performs  
38 telehealth as the following:

39  
40 §2290.5(a)(3) “Health care provider” means any of the following:

41  
42 (A) A person who is licensed under this division.

43 (B) An associate marriage and family therapist or marriage and family  
44 therapist trainee functioning pursuant to Section 4980.43.3.

1 (C) A qualified autism service provider or qualified autism service  
2 professional certified by a national entity pursuant to Section 1374.73 of  
3 the Health and Safety Code and Section 10144.51 of the Insurance Code.  
4

5 The reason that ASWs and APCCs are permitted to perform services via  
6 telehealth, even though not explicitly stated, is because BPC §23.8 states that  
7 when “licensees” are referred to in the Business and Professions Code, the  
8 term also includes registrants (associates). Therefore, AMFT, ASW, and APCC  
9 technically do not need to be specifically listed in the definition of a health care  
10 provider in BPC §2290.5 in order to be permitted to practice via telehealth.  
11

12 However, the fact that AMFTs are listed in the definition but APCCs and ASWs  
13 are not has led to confusion about whether ASWs and APCCs can perform  
14 services via telehealth.  
15

16 The Board is pursuing an amendment in this year’s omnibus bill to include  
17 ASWs and APCCs in the definition of health care providers who may provide  
18 services via telehealth in BPC §2290.5.  
19

20 Proposed Amendments: Attachment A (provided)

- 21 • Amend BPC §§4996.23.2(k) (LCSW law) and 4999.46.3(j) (LPCC law) to  
22 correspond with the already existing clarification in §4980.43.3(i) of the  
23 Licensed Marriage and Family Therapist (LMFT) law that associates may  
24 perform services via telehealth.  
25

26  
27 **Trainees and Telehealth**

28 The law does not specifically address whether social work interns and  
29 professional clinical counselor trainees (PCC trainees) may provide services via  
30 telehealth. These trainees are presumably not included in the definition of a  
31 “licensee” in BPC 23.8, because they are not registered with the Board.  
32

33 MFT trainees are already included as providers who can perform services via  
34 telehealth, because it is explicitly stated in BPC §§2290.5, and 4980.43.3(i).  
35 However, the law is silent on this for social work interns and PCC trainees.  
36 Social work interns and PCC trainees are not permitted to count pre-degree.  
37

38 Proposed Amendments: Attachment A (provided)

- 39 • Amend BPC §2290.5 to specify that professional clinical counselor trainees  
40 may provide services via telehealth.

41 Note: The National Association of Social Workers California Chapter  
42 (NASW-CA) has expressed that a similar clarification for social work interns  
43 not be made, because social work schools already have their own policies.  
44

- 1 • Amend BPC §4999.46.3(j) (LPCC law) to correspond with the already  
2 existing clarification in §4980.43.3(i) of LMFT law that trainees may perform  
3 services via telehealth.  
4

5 Note: NASW-CA has expressed that a similar clarification for social work  
6 interns not be made.  
7

- 8 • Amendments to BPC §§ 4980.42 (LMFT law) and 4999.36 (LPCC law) to  
9 state trainee experience via telehealth is at the discretion of the school, the  
10 supervisor, or both the school and the supervisor together.  
11

## 12 Discussion

13  
14 Christina Wong: Likes the language.  
15

16 Jennifer Alley (CAMFT): Regarding the language for §4980.42, CAMFT has  
17 concerns with the term “or.” Has concerns with allowing associates and trainees  
18 to perform telehealth with no clear cap. Wants to see the survey before  
19 developing any language.  
20

21 Helms: Legislative Counsel may not allow “and/or”; alternative language was  
22 provided changing to “the school and the site.”  
23  
24

## 25 Practicum Clarification: “Face-to-Face” Requirement

26 Should it be determined that all trainees may provide services via telehealth, a  
27 question arises about the “face-to-face” practicum hours required as part of the  
28 degree programs leading to LMFT and LPCC licensure.  
29

30 At the last meeting, the Committee discussed clarifying whether “face-to-face”  
31 hours must be in person, via telehealth, or some combination of the two.  
32

## 33 Proposed Amendments: Attachment B (provided)

- 34 • Delete the “face-to-face” reference in the practicum requirements in BPC §§  
35 4980.36 (current LMFT degrees), 4980.78 (out-of-state LMFT applicants),  
36 4999.33 (current LPCC degrees), and 4999.62 (out-of-state LPCC  
37 applicants. The change was not made in 4980.37 (LMFT older degrees) and  
38 4999.32 (older LPCC degrees) because degrees accepted under these  
39 requirements have already been completed.  
40
- 41 • Amend the practicum experience requirement to state that the school, the  
42 supervisor, or both the school and the supervisor may utilize their discretion  
43 to incorporate a mix of in-person and telehealth experience. BPC §§ 4980.36  
44 (current LMFT degrees), 4980.78 (out-of-state LMFT applicants), 4999.33  
45 (current LPCC degrees), and 4999.62 (out-of-state LPCC applicants). The

1 change was not made in 4980.37 (LMFT older degrees) and 4999.32 (older  
2 LPCC degrees) because degrees accepted under these requirements have  
3 already been completed.)  
4

5 Discussion  
6

7 Caldwell: The language regarding incorporating a mix (Attachment B 4980.36)  
8 creates some questions. "Face-to-face" is proposed to be deleted and because it  
9 is already explicit in law, and the Committee is working on making the law clearer  
10 that trainees are allowed to conduct telehealth, is the "mix" language necessary  
11 at all? The intention is best met by deleting "face-to-face" language.  
12

13 Helms: Everyone agrees that telehealth is not necessarily face-to-face, and it's  
14 covered in Attachment A; therefore, it would be appropriate to delete "face-to-  
15 face" and not adding language referring the school, supervisor or the mix of in-  
16 person and telehealth experience.  
17

18 Alley, CAMFT: Concerned about deleting the "face-to-face" language without  
19 analyzing the survey results. The data involving input from schools and  
20 supervisors based on their knowledge will be helpful.  
21  
22

23 **Clarification for LCSW Experience Hours: "Face-to-Face" Requirement**

24 ASWs are required by law to obtain at least 750 "face-to-face" individual or group  
25 psychotherapy hours in the context of clinical social work services (BPC  
26 §4996.23(d)(2)). Should these "face-to-face" hours be in person, via telehealth,  
27 or a combination of the two.  
28

29 Staff believes the main intent of this sentence is to ensure that ASWs gain a  
30 specific amount of experience hours directly related to clinical social work.  
31 However, as telehealth becomes more prevalent, the use of the term "face-to-  
32 face" in this context has caused some confusion. Staff does not believe the  
33 intent of the law was to distinguish whether or not these hours are gained in-  
34 person or via telehealth. Given that associates are already permitted to perform  
35 services via telehealth, staff recommends striking the term "face-to-face" in this  
36 sentence.  
37

38 Since clarifications are being made elsewhere in law that experience hours can  
39 be gained by associates via telehealth, it is appropriate to strike the term "face-  
40 to-face."  
41

42 Proposed Amendment (Attachment C):

- 43 • Strike the term "face-to-face" in BPC section 4996.23(d)(2).  
44

1            Discussion

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3            Rebecca Gonzales, National Association of Social Workers California Chapter  
4            (NASW-CA): Supports this change.

5  
6            **MOTION:** Direct staff to change the language in Attachment A from “school and  
7            supervisor” to “school and site”; strike the sentence referring to the mix of hours  
8            in Attachment B, and bring it back to the Telehealth Committee meeting after  
9            survey results are reviewed.

10  
11            Wong moved; Friedman seconded. Vote: 2 yea, 0 nay. Motion carried.

12  
13            Roll call vote:

Member	Yea	Nay	Abstain	Absent	Recusal
Susan Friedman	x				
Christopher Jones				x	
Christina Wong	x				

14  
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16            **VII.      Discussion for Future Meeting Dates**

- 17  
18            • September 10<sup>th</sup> to review the survey results  
19            • October 1<sup>st</sup> at 9:00 a.m.

20  
21            **VIII.     Public Comment for Items Not on the Agenda**

22  
23            Alley, CAMFT: There may be some confusion on the interpretation of face-to-  
24            face with some of the waivers. Requested a review and possible update of the  
25            Board’s FAQs for anything that has changed regarding face-to-face.

26  
27            **IX.       Suggestions for Future Agenda Items**

28  
29            None

30  
31            **X.        Adjournment**

32  
33            The Committee adjourned at 12:38 p.m.