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*Building Resilience,, Facilitating Recovery, Fulfilling the Promise*  
*A Resource for Local Mental Health Services Act Planning – Draft 3/1/2006*

Produced by the  
California Association of Social Rehabilitation Agencies  
Under contract with the  
California Institute for Mental Health

## **APPENDIX A**

### **Resources**

#### **Advance Directives**

<http://www.bazon.org/issues/advancedirectives/faq.htm>

Frequently Asked Questions about Psychiatric Advance Directives on the Bazelon Center for Mental Health Law website. Forms that can be used to create Advance Directives are on the website.

[http://www.power2u.org/selfhemp/directives\\_work.html](http://www.power2u.org/selfhemp/directives_work.html)

Fisher, Daniel “Making Advance Directives Work for You” on the National Empowerment Center website

<http://www.power2u.org/selfhemp/directives.html>

Williams, Xenia “Advance Directives Are What You Make Them” on the National Empowerment center website

#### **Employment Resources**

<http://www.bu.edu/cpr/catalog/multimedia/getkeepv.html>

Anthony, William - video about the “Choose, Get, Keep” approach to vocational programming

<http://www.apse.org/>

APSE: The Network on Employment – a membership group that provides advocacy and training in the integration of persons with disabilities into the workforce.

<http://www.bu.edu/cpr/latino/CAGfinalreport7-2002.pdf>

Community Action Grant for Systems Change – Phase II Final Report. The Choose-Get-Keep Approach to Vocational Rehabilitation for Latinos with Co-Occurring Disorders, July 11,2002

[http://www.socialsecurity.gov/work/Ticket/ticket\\_info.html](http://www.socialsecurity.gov/work/Ticket/ticket_info.html)

Information about the “Ticket to Work Program” for people with disabilities wanting to return to work.

<http://www.jan.wvu.edu/>

Job Accommodation Network provides information to employers and consumers in developing effective Reasonable Accommodations.

<http://www.pai-ca.org/PUBS/542901.pdf>

The Ticket to Work and Self-Sufficiency Program – “The Ticket” on the Protection and Advocacy Incorporated website provides basic information about this work incentive program.

<http://www.yourtickettowork.com>

Website created by the National Alliance for Ticket to Work to provide information and resources related to the Ticket to Work Program.

Auerbach, Eileen S. & Richardson, Pamela "The Long-Term Work Experiences of Persons with Severe and Persistent Mental Illness" in *Psychiatric Rehabilitation Journal* Vol.28, No.3, Winter 2005

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Implementing evidence-based vocational practices for serving people with psychiatric disabilities. Virginia Commonwealth University, Rehabilitation and Research and Training Center on Workplace Supports. Spring/Summer 2001 *State Partnership Systems Change Initiative A Connections Newsletter*.

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Cook, J.A., Carey, M.A., Razzano, L.A., Burke, J., & Blyler, C.R. (2002).

The Pioneer: The employment intervention demonstration program – A multi-site study of vocational rehabilitation interventions. In J.M. Herrell & R. B. Straw (eds.), *Conducting multiple site evaluations in real-world settings: New directions in evaluation* (pp.31-44). San Francisco: Jossey-Bass/American Evaluation Association.

Crowther, R., Marshall, M., Bond, G.R. & Huxley, P. (2001).

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Deegan, P.E. (1998).

Recovery: The Lived Experience of Rehabilitation. *Psychosocial Rehabilitation Journal*, 11(4):30-44.

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Cost-Effectiveness of Two Vocational Rehabilitation Programs for Persons With severe Mental Illness. *Psychiatric Services*, 53(9), 1118-1124.

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- Harding, C.M., & Zahniser, J.H. (1994). Empirical Correction of Seven Myths About Schizophrenia with implications for Treatment. *Acta Psychiatrica Scandinavica*, 3(1), 140-146.
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Quality of life and self-esteem in working and non-working people with mental illness.  
*Community Mental Health Journal*, 32(6), 535-548.

### **Integrated Dual Diagnosis Treatment**

<http://www.kenminkoff.com/ccisc.html>

Dr. Minkoff presents a description and principles of the Comprehensive, Continuous, and Integrated System of Care (CCISC) for dual diagnosis treatment.

<http://www.comm.psych.pitt.edu/finds/dualdx.html>

Principals for the Care and Treatment of Persons with Co-Occurring Psychiatric and Substance Disorders as endorsed by the American Association of Community Psychiatrists.

### **Peer Run Drop-In Centers**

<http://www.banmhc.org/html/index.html>

Bay Area Networks of Mental Health Clients includes a directory of Bay Area Peer Run programs.

<http://www.mooddisorderscanada.ca/selfhelppub/docs/campbell-leaver2003.pdf>

Campbell, J. & Leaver, J. "Emerging New Practices in Organized Peer Support (2003) Report from NTAC's National Experts Meeting on Emerging New Practices in Organized Peer Support March 17-18, 2003, Alexandria, VA"

Chamberlin, J., Rogers, E.S.& Ellison, M.L., "Self-Help programs: A Description of Their Characteristics and Their Members" in *Psychiatric Rehabilitation Journal*, Winter 1996 – Vol. 19, No. 1

<http://www.bu.edu/cpr/rr/cosp/rr-cospmultisite.pdf>

Furlong-Norman, Kathy (ed.) "Consumer Operated Service Program (COSP): A Multi-site Research Initiative" in *Recovery and Rehabilitation*, December 2002, Vol. 2, No. 2

<http://www.nmha.org/pbedu/adult/model/projectReturn.pdf>

Project Return: The Next Step offers Self Help Clubs, a Warm Line called the Friendship Line, Community activities, Discovery centers, employment, advocacy and Japanese consumer exchange.

Davidson, L., Chinman, M., Kloos, B., Weingarten, R., Stayner, D. & Tebes, J.K. "Peer Support Among Individuals With Severe Mental Illness: A Review of the Evidence" in *Clinical Psychology: Science and Practice*, Summer 1999, Vol. 6, No. 2

<http://www.bu.edu/cpr/research/recent/cosp/>

Rogers, E. Sally & Minth, Helen "A Study of Consumer-Operated Support Programs" project through Center for Psychiatric Rehabilitation

<http://www.bu.edu/prj/spring2004/solomon-et-al.html>

Solomon, Phyllis "Peer Support/Peer Provided Services Underlying Processes, Benefits, and Critical Ingredients" in *Psychiatric Rehabilitation Journal*, Spring 2004, Vol. 27, No. 4

Yanos, Philip T., Primavera, Louis H., & Knight, Edward L., "Consumer-Run Service Participation, Recovery of Social Functioning, and the Mediating Role of Psychological Factors" in *Psychiatric Services*, April 2001, Vol. 52, No. 4

## **Recovery Resources**

Anderson, Bruce "Getting to the Other Side: Five Core Skills of an Ally" from [www.communityactivators.com](http://www.communityactivators.com)

Anthony, William A., "Recovery from Mental Illness: The Guiding Vision of the Mental Health Service System in the 1990s", 1993

Anthony, William A., 1993 Recovery Statement, 1993

Anthony, William A., "A Recovery-Oriented Service System: Setting Some System Level Standards" in *Psychiatric Rehabilitation Journal*, Fall 2000, Vol. 24, No. 2

Borkin, JR, Steffen, JJ, Ensfield, LB, Krzton, K, Wishnick H, Wilder KE & Yangarber N "Recovery Attitudes Questionnaire (RAQ-7)

Caminar, Inc. "Wellness and Recovery Focus Groups"

Carroll, Adrian & Hurley, James "Turlock Regional Service Team Wellness Recovery Component" Stanislaus County Behavioral Health & Recovery Services 10-10-03

CASRA, "Philosophical Points of View" in Introduction to Psychosocial Rehabilitation, Instructor's Manual, 2002

CASRA, "Characteristics of a Recovery Oriented System" April 2005

CIMH Recovery Project, Focus Groups: Alameda, Contra Costa, Stanislaus, and Solano Counties Report

Community Activators and MHA Village "Recovery Oriented Leadership"

Contra Costa County Mental Health Recovery Task Force, "The Recovery Model: A Conceptual Framework and Implementation Plan", 2000

Deegan, Patricia E., "Recovering Our Sense of Value After Being Labeled", 1993

Deegan, Patricia E., "Recovery and the Conspiracy of Hope". 1996

Deegan, Patricia E., "Human Sexuality and Mental Illness: Consumer Viewpoints and Recovery Principles", 1999

<http://shop.store.yahoo.com/power2u/recasjourfh.html>

Deegan, Patricia E., "Recovery as a Journey of the Heart", 1995

Deegan, Patricia E., "Reclaiming your Power During Medication Appointments with Your Doctor"

Farkas, Marianne & Gagne, Cheryl, Boston University, "Integrating Recovery into an Existing Program", 2001

Farkas, Marianne, Gayne, Cheryl, Anthony, William & Chamberlin, Judi, "Implementing Recovery Oriented Evidence Based Programs: Identifying the Critical Dimensions" Community Mental Health Journal, April 2005, Vol. 41, No.2

Fisher, Daniel, MD, PhD, National Empowerment Center, "A New Vision of Recovery: People can Fully Recover from Mental Illness, It is Not a Life-long Process", 1997  
Fisher, Daniel, MD, "A New Vision of Recovery"

Frese, F.J. III, Stanley, J., Kress, K., Vogel-Scibilia, S. "Integrating Evidence-Based Practices and the Recovery Model" in Psychiatric Services, November 2001, Vol. 52, No. 11

Hurley, James "Program Design and Successful Exit Strategies for Mental Health Clients, An Emerging Practice" 4-20-04

Jacobson, Nora & Greenley, Nora, "What is Recovery? A Conceptual Model and Explication", 2001

Kuehn, Sharon, North, BJ "Wellness Recovery Action Plan"

Kuehn, Sharon, Kling, Aaron & Williams, Gitane "WRAP for Organizations" presentation

Leete, Esso "How I Perceive and Manage My Illness" in *Schizophrenia Bulletin*, Vol. 15, No. 2, 1989

Long, Amy, "Recovery is NOT About, IS About", Handout from CASRA Conference, 11-5-99

Long, Amy, "Eight Suggestions for Voices", Adapted from Hearing Voices Workshop at CASRA conference, 11-5-99

Lovejoy, Marica, "Recovery From Schizophrenia: A Personal Odyssey" in Hospital and Community Psychiatry, Vol. 35, No. 8, August 1984

Mahler, Jay, et. al., "Report from Recovery Plank, National Summit of Mental Health Consumers and Survivors", Portland Oregon, 1999

Mancini, Michael A, Hardiman, Eric. R. & Lawson, Hal A., "Making Sense of it All: Consumer Providers Theories about Factors Facilitating and Impeding Recovery from Psychiatric Disabilities", Psychiatric Rehabilitation Journal, Summer 2005, Vol. 29, No.1

Martin, Jose "Developing a Wellness and Recovery Task Force"

Mead, Shery & Copeland, Mary Ellen, "What Recovery Means to Us: Consumers' Perspectives" in Community Mental Health Journal, Vol. 36, No. 3, June 2000

Mueser, K.T., Corrigan, P.W., Hilton, D.W., Tanzaman, B., Schaub, A., Gingrich, S., Essock, S.M., TARRIER, N., Morey, B., Vogel-Scibilia, S & Herz, M.I. "Illness Management and Recovery: A Review of the Research" in Psychiatric Services, October 2002, Vol. 53, No.10

Ragins, Mark, MD, "The Road to Recovery", 1998

Ragins, Mark, MD, "Prop 63 Begins, The Mental Health Services Act: Implementation Tactics by Mark Ragins"

Ralph, Ruth O., "Review of Recovery Literature: A Synthesis of a Sample of Recovery Literature 2000"

Ralph, Ruth O., Kidder, Kathryn, Phillips, Dawna, "Can We Measure Recovery? A Compendium of Recovery and Recovery-Related Instruments", The Evaluation Center @ HSRI, 2000 *The first 14 pages of this document which include the recovery measures can be ordered from HSRI for \$45.*

[http://www.nasmhpd.org/general\\_files/publications/ntac\\_pubs/reports/ralphrecovweb.pdf](http://www.nasmhpd.org/general_files/publications/ntac_pubs/reports/ralphrecovweb.pdf)

Ralph, Ruth O "A Synthesis of a Sample of Recovery Literature 2000 Prepared for the National Technical Assistance Center for State Mental Health Planning and the National Association of State Mental Program Directors."

<http://www.bhrm.org/guidelines/Ralph%20Recovery.pdf>

Ralph, R.O., Lambert, D. & Kidder, K. A. "The Recovery Perspective and Evidence-Based Practice for People with Serious Mental Illness. A Guideline developed for the Behavioral Health Recovery Management Project, June 2002

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Sesula, Debbie "You and Me" National Empowerment Center, 1999

Smith, Vicki & Risser, Pat "Roles of Partners in Recovery As Identified in Focus Groups in Four California Counties and a Review of the Literature, developed for the California Institute on Mental Health & the Statewide Task Force on Wellness and Recovery, revised June 2002

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Stanislaus County behavioral Health and Recovery Adult System of Care "Stanislaus Recovery Project: Milestones in Recovery from Mental Illness" 9-13-04

Thode, Tracy "Recovery Education Overview Including Wellness Recovery Action Planning

Townsend, W & Nerswick, P., "Santa Cruz County Health Services Agency: Recovery Readiness Assessment Results". *The readiness assessment survey is a tool designed to assist organizations and systems in determining the readiness for a proposed organizational change.*

Walkover, Margaret, "Some Statements about the Recovery Process" developed in collaboration with the CIMH Statewide Wellness/Recovery Task Force, April 2000

[http://www.nasmhpd.org/spec\\_e-report\\_fall04intro.cfm](http://www.nasmhpd.org/spec_e-report_fall04intro.cfm)

National Association of State Mental Health Directors website has an e-Report on Recovery with links to other national resources

<http://www.power2u.org>

National Empowerment Center website. A variety of articles and audio/video materials on mental health recovery.

<http://www.patdeegan.com/>

Discussion about recovery, video Inside/Outside.

<http://www.mentalhealthrecovery.com/>

Website of Mary Ellen Copeland, developer of the Wellness Recovery Action Plan. A variety of useful products for sale, and a resource page with many links.

<http://www.village-isa.org/Overview/overview.htm>

An overview of the The Village ISA, model strengths based mental health program.

<http://www.namisc.org/MentalHealthRecovery.htm>

A collection of articles and transcripts of presentation about Recovery collected by NAMI of Santa Cruz County.

<http://www.recovery-inc.com/>

Website of Recovery, Inc a self help program created by Dr. Abraham A. Low which utilizes Recovery Method techniques in a self help support group setting to assist group members with "nervous symptoms."

<http://www.miepvideos.org/shop/>

A selection of recovery and PSR related videos useful for consumers, families and professionals from The Mental Illness Education Project, Inc.

<http://www.healthyplace.com/Communities/Depression/mhrecovery/index.asp>

The HealthyPlace. Com Depression Community – resources, forums, and chat.

[http://www.nasmhpd.org/general\\_files/publications/ntac\\_pubs/reports/MHSIPReport.pdf](http://www.nasmhpd.org/general_files/publications/ntac_pubs/reports/MHSIPReport.pdf)

Mental Health Recovery: What Helps, What Hinders – A National Research Project for the Development of Recovery Facilitating System Performance Indicators. Stephen J. Onken, Jeanne M. Dumont, Priscilla Ridgway, Douglas H. Dornan, Ruth O. Ralph for the National Technical Assistance Center for State Mental Health Planning

[http://www.miepvideos.org/recovery/mental\\_health\\_recovery.html](http://www.miepvideos.org/recovery/mental_health_recovery.html)

The Mental Illness Education Project has a produced collection of videos and books for sale.

[http://www.mentalhealth.org/publications/allpubs/SMA05-3982/FREE\\_TO\\_CHOOSCE\\_CDI\\_Manual.pdf](http://www.mentalhealth.org/publications/allpubs/SMA05-3982/FREE_TO_CHOOSCE_CDI_Manual.pdf)

Free to Choose: Transforming Behavioral Health Care to Self-Direction (SMA05-3982) Report of the Consumer Direction Initiative Summit 2004. Self Direction and Self Directed Care are important aspects of recovery.

## **Resilience – Adults**

<http://www.bu.edu/resilience/>

Institute for the Study of Human Resilience, Boston University. Courtenay Harding and Pat Deegan. Articles on providing for evidence of resilience in MH clients.

<http://www.apahelpcenter.org/featuredtopics/feature.php?id=6>

The Road to Resilience is a self-help brochure geared toward adults produced by the APA Help Center of the American Psychological Association.

[http://psychologytoday.psychtests.com/tests/resilience\\_access.html](http://psychologytoday.psychtests.com/tests/resilience_access.html)

Psychology Today Resilience test \$9.95

<http://pages.hosting.domaindirect.com/naturalhealthperspective.com/resilience/>

Natural Health Perspective with a goal of living to age 100, somewhat preachy approach to mind-body connection.

<http://cms.psychologytoday.com/search/search.cgi?q=resilience>

This is the result of a search through Psychology Today articles on Resilience. Descriptions and stories of resilience and "how to" articles.

<http://www.onlineopinion.com.au/view.asp?article=1847>

Good overview of the pioneers in Resilience research and the progression of thought on the concept.

## **Resilience - Youth**

Henderson, Nan "The Resiliency Quiz" at [www.resiliency.com/htm/resiliencyquiz.htm](http://www.resiliency.com/htm/resiliencyquiz.htm)

<http://www.preventionworksct.org/infostats/resresearch.html>

A brief summary of Emmy Werner's work, for which she is known as the "Mother of Resiliency."

[www.projectresilience.com](http://www.projectresilience.com)

A website of the Project Resilience that teaches a strengths-based approach to education, treatment, and prevention. They believe that resilience can be learned. The website has information about core concepts, articles and training products.

<http://resilnet.uiuc.edu/>

A website of the ResilienceNet offers bibliographies, internet resources

<http://www.resiliency.com/>

Presenters (Nan Henderson), training and books from Resiliency in Action, Resilience Quiz, online forum, Four Steps to Resiliency pamphlet. Based in San Diego.

<http://education.umn.edu/CAREI/Reports/Rpractice/Spring97/framework.htm>

Research/Practice, Volume 5, Number 1, Spring 1997 the journal of the University of Minnesota, College of Education and Human Development, Center for Applied Research and Educational

Improvement. This online issue focuses on Resilience and includes an article on Resilience and Traditional Native culture.

<http://www.ncrel.org/sdrs/areas/issues/educatrs/leadrsbp/le0win.htm>

NCREL Monograph: Developing Resilience in Urban Youth by Linda F. Winfield, 1994, annotated bibliography.

[http://www.ncrel.org/sdrs/cityschl/city1\\_1b.htm](http://www.ncrel.org/sdrs/cityschl/city1_1b.htm)

Resilience Research: How Can It Help City Schools? The Shift to a Resilience paradigm at Hiawatha Elementary School in Minneapolis. A good overview.

<http://resilnet.uiuc.edu/library/grotb95b.html>

A Guide to Promoting Resilience in Children: Strengthening the Human Spirit by Edith Grotberg number 7 in of a series of papers on early childhood development offered through the Bernard van Leer Foundation. Provides age specific ways for family and caregivers to help.

<http://ohioline.osu.edu/b875/index.html>

Fostering Resilience in Children from the Ohio State University Extension, Bulletin 875-99 – includes factors and ways to foster resilience, bibliography.

<http://www.mentalhealth.samhsa.gov/schoolviolence/5-28Resilience.asp>

SAMHSA's Mental Health Information Center, Working Paper Draft, 5/28/99 on Resilience, research and research based programs on resilience, bibliography.

<http://neahin.org/programs/mentalhealth/stressguide.htm>

Embracing Resilience in an At Risk World Free training tools, audio and powerpoint presentations through the National Education Association, Health Information Network

[http://www.tcd.ie/Social\\_Studies/gillpub1.htm](http://www.tcd.ie/Social_Studies/gillpub1.htm)

Trinity College Dublin - Bibliography

<http://www.hec.ohio-state.edu/famlife/bulletin/volume.4/bull41xx.htm>

Human Development and Family Life Bulletin, A Review of Research and Practice, Volume 4, Issue 1, Spring 1998 this issue focuses on Resilience with an article, Resilience from Poverty and Stress– which gives a good overview of resilience. By Kimberly A. Gordon Rouse, Ph.D. in

[http://www.wested.org/online\\_pubs/resiliency/resiliency.chap1.pdf](http://www.wested.org/online_pubs/resiliency/resiliency.chap1.pdf)

Chapter one “Resilience: A Universal Capacity” of a book on Resiliency that presents several concepts clearly.

### **Resilience - Youth and Family**

[http://www.clemson.edu/fyd/family\\_life.htm](http://www.clemson.edu/fyd/family_life.htm)

Ways to strengthen the family to cope with change.

### **Stigma/Discrimination Campaign Resources**

<http://www.stampoutstigma.org>

Describes the Stamp Out Stigma program, which provides panel presentations of consumers to tell their stories and interact with audiences.

<http://www.stampoutstigma.org/documents/TrainerGuide.pdf>

A guide for setting up your own Stamp Out Stigma presentations.

[http://www.mhasd.org/About\\_Us/Local/Education/education.html](http://www.mhasd.org/About_Us/Local/Education/education.html)

Mental Health Association in San Diego County program has an **Erasing the Stigma of Mental Illness (ETS)**. ETS is a public-private partnership to change the way the world views mental illness. Founded by the Mission Valley East Rotary Club and administered by MHA, ETS educates interested business and community leaders about mental illness and gets them involved in their own communities.

<http://www.adscenter.org/>

Website for the SAMHSA funded, Resource Center to Address Discrimination and Stigma (ADS Center). The website offers resources to implement Anti-Stigma Campaigns, including the Eliminating Barriers Initiative (EBI).

<http://www.stigma.org/>

A United Kingdom group dedicated to combating Stigma. They have a Stigma Statement of Rights on their website.

### **Homeless Outreach**

Cohen, H.L. (1992). Outreach Intervention Models for the Homeless Mentally Ill. In Lamb, H.R., Bachrach, L.L. & Kass, F.I. (eds.), *Treating the Homeless Mentally Ill*. Washington, D.C.: American Psychiatric Association.

Erickson, S., Page, J. (1998). To Dance with Grace: Outreach and Engagement to Persons on the Street. Washington, D.C: Presented at the Department of Health and Human Services workshop on Practices Addressing Homelessness and Health Care Issues.

<http://aspe.hhs.gov/homeless/symposium/6-Outreach.htm>

Healthcare for the Homeless Clinician's Network (1996). Sample Safety Guidelines in *Homeless Health Services Programs*. SAMHSA CMHS Homeless Program Branch.

Kratzman, J.P. & McKnight, J.L. (1993). *Building Communities from the Inside Out: A Path toward Finding and Mobilizing a Community's Assets*. Chicago, Illinois: ACTA Publications.

Lam, J.A. and Rosenheck, R. (2000) Street Outreach for Homeless Persons with Serious Mental Illness: Is it effective? *Medical Care* 37(9): 894-907.

McKnight, J. (1995). *The Careless Society: Community and Its Counterparts*. New York: Basic Books.

Morse, G.A., Calsyn, R.J., Miller, J., Rosenberg, P., West, L. and Gilliland, J. (1996) Outreach to homeless mentally ill people: Conceptual and clinical considerations. *Community Mental Health Journal* 32(3): 261-274

Mowbray, C.T., Bybee, D. (1998). The importance of Context in Understanding Homelessness and Mental Illness: Lessons Learned from a Research Demonstration Project. *Research on Social Work Practice* 8(2), 172-

National Network of Youth provides networking, training to champion the needs of runaway youth. <http://www.nn4youth.org>

National Resource and Training Center on Homelessness and Mental Illness – Publications regarding homeless outreach and advocacy, toolkits

<http://www.nrchmi.samhsa.gov/publications/default.asp>

Policy Research Associates. National Resource Center on Homelessness and Mental Illness (2000). <http://www.prainc.com/>

Rapp, C.A. (1998). *The Strengths Model: Case Management with People Suffering from Severe and Persistent Mental Illness*. New York: Oxford University Press.

Rapp, Charles A. & Wintersteen, Richard “The Strengths Model of Case Management: Results From Twelve Demonstrations” in *Psychosocial Rehabilitation Journal*, Vol. 13. No. 1 July 1989

Rennebohm, C. Approach and Companionship in the Engagement Process. In Compton, B.F. & Galway, B. (1999). *Social Work Processes*, 6<sup>th</sup> Edition, Pacific Grove, CA: Brooks/Cole Publishing.

SAMHSA (2003). *Best practices: A Overview of Mental Health and Substance Abuse Services and Systems Coordination Strategies*.

Tsemberis, S., Elfenbein, C. (1999). A Perspective on Voluntary and Involuntary Outreach Services for the Homeless Mentally Ill. In *New Directions for Mental Health Services*, 82, 9-19.

U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Mental Health Services (2003) *Blueprint for Change Ending Chronic Homelessness for Persons with Serious Mental Illnesses and/or Co-Occurring Substance Use Disorders*

<http://www.nrchmi.samhsa.gov/pdfs/publications/Blueprint.pdf>

U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Prevention (2003). *Work as a Priority: A Resource for Employing People who have Serious Mental Illnesses and are Homeless*.

<http://media.shs.net/ken/pdf/SMA03-3834/workpriority.PDF>

Walachy, M. E. & Ray, J. Outreach, Engagement, and Service Delivery. *In from the Cold: A Toolkit for Creating Safe Havens for Homeless People on the Streets*. Washington, DC: U.S. Department of Health and Human Services and U.S. Department of Urban Development 35-43.

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### **Other Evidence-Based**

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