

Before scheduling  
your examination,  
be sure you understand  
the contents of this bulletin.  
Please retain and use it as a  
reference when contacting PSI.



California Board of Behavioral Science  
1625 North Market Boulevard, Suite S200  
Sacramento, CA 95834  
[www.bbs.ca.gov](http://www.bbs.ca.gov)

## Marriage and Family Therapist California Clinical Examination

### CANDIDATE HANDBOOK



PSI licensure:certification  
3210 E Tropicana  
Las Vegas, NV 89121  
[www.psiexams.com](http://www.psiexams.com)

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## FOR MORE INFORMATION

All questions about examination scheduling  
should be directed to:

**PSI licensure:certification**  
3210 E Tropicana  
Las Vegas, NV 89121  
(877) 392-6422 • TTY (800) 326-2297  
[www.psiexams.com](http://www.psiexams.com)

Questions about examination content or licensing  
should be directed to:

**Board of Behavioral Sciences**  
1625 North Market Blvd., Ste. S200  
Sacramento, CA 95834  
(916) 574-7830  
[BBS.Exams@dca.ca.gov](mailto:BBS.Exams@dca.ca.gov)

## SCHEDULING INFORMATION

Date Scheduled: \_\_\_\_\_

Name of Scheduler: \_\_\_\_\_

Date of Exam: \_\_\_\_\_

Time of Exam: \_\_\_\_\_

Test Site Location: \_\_\_\_\_



## PURPOSE

This handbook serves as your notice of eligibility and is designed to provide you with general information regarding the Licensed Marriage and Family Therapist (MFT) California Clinical examination process and content.

## EXAMINATIONS BY PSI

The State has contracted with PSI to conduct its examination program. PSI provides examinations through a network of computer examination centers in California and ten additional nationwide sites.

All questions regarding the scheduling and administration of examinations should be directed to PSI.

PSI licensure:certification  
3210 E Tropicana  
Las Vegas, NV 89121  
(877) 392-6422 • Fax (702) 932-2666  
[www.psiexams.com](http://www.psiexams.com)

All other questions about examinations should be directed to the BBS.

1625 North Market Blvd., Suite S-200,  
Sacramento, CA 95834  
(916) 574-7830 \*\* FAX (916) 574-8626 \*\* TY (800) 326-2297  
BBS.Exams@dca.ca.gov

## EXAMINATION SCHEDULING PROCEDURES

The PSI examination centers are open for testing during normal working hours of 8:00 AM to 5:00 PM Monday through Friday, and operating hours on Saturday, except for the following major holidays:

Martin Luther King Jr.	Closed January 18, 2016
Memorial Day	Closed May 28-30, 2016
Independence Day	Closed July 4, 2016
Labor Day	Closed September 5-7, 2016
Thanksgiving	Closed November 24-27, 2016
Christmas	Closed December 25, 2016
New Years	Closed January 1, 2017

### INTERNET SCHEDULING

You may schedule your test by completing the online Test Registration Form. The Test Registration Form is available at PSI's website, [www.psiexams.com](http://www.psiexams.com). You may schedule for a test via the Internet 24 hours a day.

1. Complete the registration form online and submit your information to PSI via the Internet.
2. Upon completion of the online registration form, you will be given the available dates for scheduling your test.
3. You will need to choose a date to complete your registration.

4. Upon successful registration, you will receive a traceable confirmation number.

### TELEPHONE SCHEDULING

PSI has two scheduling methods available if you wish to schedule by telephone. First, call PSI at (877) 392-6422, 24 hours a day and schedule using the Automated Registration System. Second, if you wish to contact a live operator, use this same telephone number to contact PSI registrars Monday through Friday between 4:30 am and 7:00 pm and Saturday-Sunday, between 6:00 am and 2:30 pm, Pacific Time, to schedule your appointment for the test. Scheduling services are also available via our Telecommunications Device for the Deaf (TDD) by calling 800.735.2929.

### CANCELING AN EXAMINATION APPOINTMENT

You may cancel and reschedule an examination appointment without forfeiting your fee *if your cancellation notice is received two (2) days prior to the scheduled examination date*. For example, for a 9:00 a.m. Monday appointment, the cancellation notice would need to be received before 9:00 a.m. on the previous Saturday. You may call PSI at (877) 392-6422. Please note that you may also use the automated system, using a touch-tone phone, 24 hours a day in order to cancel and reschedule your appointment.

**Note:** A voice mail message is not an acceptable form of cancellation. Please use the PSI Website, automated telephone system, or call PSI and speak to a Customer Service Representative.

### MISSED APPOINTMENT OR LATE CANCELLATION

If you miss your appointment, you will not be able to take the examination as scheduled, further you will forfeit your examination fee, if:

- You do not cancel your appointment 2 days before the scheduled examination date;
- You do not appear for your examination appointment;
- You arrive after examination start time;
- You do not present proper identification when you arrive for the examination.

### RE-EXAMINATION

Candidates who fail are eligible to re-take this examination. A Request for Re-examination form will be provided with the score report at the test center, or may be obtained by contacting the BBS.

To apply for re-examination, candidates must complete the form and submit it to the BBS with the correct fee. A notice confirming your eligibility for re-examination will be sent approximately 90 days from the date of the examination. Candidates are permitted to take the examination four times in a 12-month period.

**CANDIDATES MUST PARTICIPATE IN THE EXAMINATION WITHIN ONE YEAR OF FAILING A PREVIOUS EXAMINATION.**



## Sample Scenarios:

- Arnold failed his California Clinical Examination on 4/22/14. He must retake his California Clinical Examination no later than 4/22/15.
- Danny received notice of eligibility to take the California Clinical Examination on 1/18/14. He must take this Examination no later than 1/18/15.

### EXAMINATION SITE CLOSING FOR AN EMERGENCY

In the event that severe weather or another emergency forces the closure of an examination site on a scheduled examination date, your examination will be rescheduled. PSI personnel will attempt to contact you in this situation. However, you may check the status of your examination schedule by calling (877) 392-6422. Every effort will be made to reschedule your examination at a convenient time as soon as possible. You will not be penalized. You will be rescheduled at no additional charge.

## EXAMINATION SITE LOCATIONS

The California examinations are administered at PSI examination centers in California as listed below:

### ANAHEIM

2301 W. LINCOLN AVE, SUITE 252  
ANAHEIM, CA 92801  
(714) 254-1453

*DIRECTIONS FROM LA: TAKE 5 SOUTH EXIT BROOKHURST AND TURN RIGHT. TURN RIGHT ON LINCOLN (PASS A SMALL STREET NAMED MONTEREY), AND GO TO THE FIRST OPEN DRIVEWAY ON THE RIGHT.*

*(ORANGE COUNTY) DIRECTIONS FROM SAN DIEGO, IRVINE, MISSION VIEJO, ETC: TAKE 5N EXIT BROOKHURST AND TURN LEFT. TURN RIGHT ONTO LINCOLN (PASS A SMALL STREET NAMED MONTEREY) AND GO TO THE FIRST OPEN DRIVEWAY ON THE RIGHT.*

*IF BROOKHURST EXIT IS CLOSED: TAKE 5 N EXIT EUCLID AND TURN LEFT. TURN RIGHT ON LINCOLN (PASS BROOKHURST AND SMALL STREET NAMED MONTEREY) AND GO TO THE FIRST OPEN DRIVEWAY ON THE RIGHT.*

*\*\*\*\*KEEP IN MIND THAT THE EUCLID EXIT COMES FIRST AND THEN BROOKHURST.\*\*\*\**

*OR 91 FREEWAY: TAKE 91 W EXIT BROOKHURST AND TURN LEFT. TURN RIGHT ONTO LINCOLN (PASS A SMALL STREET NAMED MONTEREY) AND GO TO THE FIRST OPEN DRIVEWAY ON THE RIGHT.*

### ATASCADERO

7305 MORRO RD, SUITE 201A  
ATASCADERO, CA 93422  
(805) 462-8983

*FROM US-101 N, TAKE THE CA-41 EXIT- EXIT 219-TOWARD MORRO RD. TURN LEFT ONTO EL CAMINO REAL. Turn LEFT onto CA-41/MORRO RD.*

*FROM US-101 S, TAKE THE MORRO RD/CA-41 EXIT- EXIT 219, TURN RIGHT ONTO CA-41/MORRO RD.*

### BURBANK

2950 N. HOLLYWOOD WAY, STE 150  
BURBANK, CA 91505

*FROM I-5, TAKE THE HOLLYWOOD WAY EXIT. HEAD TOWARDS THE AIRPORT. BUILDING WILL BE ON YOUR LEFT HAND SIDE APPROXIMATELY 0.7 MILES FROM FREEWAY EXIT.*

*IF TRAVELING WEST ON I-134, EXIT HOLLYWOOD WAY AND HEAD NORTH TOWARDS THE AIRPORT. BUILDING WILL BE ON YOUR RIGHT SIDE IN APPROXIMATELY 4 MILES.*

*IF TRAVELING EAST ON I-134, EXIT PASS AVENUE. TURN RIGHT ON PASS AVE. TURN LEFT ON WEST ALAMEDA. TURN LEFT ON HOLLYWOOD WAY. YOU WILL BE HEADING NORTH TOWARDS THE AIRPORT. BUILDING WILL BE ON YOUR RIGHT SIDE IN APPROXIMATELY 4 MILES.*

### CARSON

17420 S. AVALON BLVD, SUITE 205  
CARSON, CA 90746  
(310) 217-1066

*FROM CA-91 E/GARDENA FWY TAKE THE AVALON EXIT. OFF RAMP WILL LEAD YOU ONTO ALBERTONI ST. MAKE A RIGHT ONTO AVALON BLVD AND WE ARE LOCATED ON THE RIGHT HANDSIDE (SAME PARKING LOT AS CARL'S JR).*

*FROM CA-91 W TAKE THE AVALON EXIT. MAKE A LEFT ONTO AVALON BLVD. MAKE A U-TURN ON AVALON BLVD AND ALBERTONI ST. WE ARE LOCATED ON THE RIGHT HAND SIDE. (SAME PARKING LOT AS CARL'S JR).*

### EL MONTE

4399 SANTA ANITA AVENUE, SUITE 110  
EL MONTE, CA 91731  
(626) 279-2705

*FROM THE I-10E, TAKE THE SANTA ANITA AVE EXIT. TURN LEFT ONTO SANTA ANITA AVE. MAKE A U-TURN AT EMERY STREET ONTO SANTA ANITA AVE. THE TESTING SITE WILL BE ON THE RIGHT.*

### FRESNO

351 E. BARSTOW, SUITE 101  
FRESNO, CA 93710  
(559) 221-9006

*FROM CA-41 S, TAKE THE BULLARD AVE EXIT. TURN LEFT ONTO E BULLARD AVE. TURN RIGHT ONTO N FRESNO ST. PASS THROUGH THE INTERSECTION OF FRESNO AND BASTOW AVE. TAKE THE FIRST DRIVEWAY ON THE RIGHT HAND SIDE.*

*FROM CA-41 N, TAKE THE SHAW AVE EXIT TOWARD CLOVIS. TURN RIGHT ONTO E SHAW AVE. TURN LEFT ONTO N FRESNO ST. TURN LEFT INTO THE LAST DRIVEWAY BEFORE BARSTOW AVE.*

*TESTING CENTER IS IN THE OFFICE COMPLEX ON THE SW CORNER OF BARSTOW AND FRESNO ST.*

### HAYWARD

24301 SOUTHLAND DRIVE, SUITE B-1  
HAYWARD, CA 94545  
(510) 784-1114

*FROM I-880 N TOWARD OAKLAND, TAKE THE WINTON AVENUE EXIT. MERGE ONTO W WINTON AVE TOWARD HEALD COLLEGE. TURN LEFT ONTO SOUTHLAND DR.*

*FROM I-880 S TOWARD SAN JOSE/SAN MATEO BR, TAKE THE WINTON AVE WEST EXIT TOWARD HEALD COLLEGE. MERGE ONTO W WINTON AVE. TURN LEFT ONTO SOUTHLAND DR.*

### REDDING

2861 CHURN CREEK, UNIT C  
REDDING, CA 96002  
(530) 221-0945

*FROM I-5 S, TAKE THE CYPRESS AVENUE EXIT (677). TURN RIGHT ONTO E. CYPRESS AVE. TURN RIGHT ON CHURN CREEK RD.*

*FROM I-5 N TOWARDS SACRAMENTO, TAKE THE CYPRESS AVE EXIT (677). TURN LEFT ONTO E. CYPRESS AVE. TURN RIGHT ONTO CHURN CREEK RD.*

*FROM 299 E TOWARDS REDDING, START GOING WEST ON CA-299. MERGE ONTO I-5 S RAMP ON THE LEFT TOWARDS SACRAMENTO. TAKE THE CYPRESS AVE EXIT (677). TURN LEFT ONTO E. CYPRESS AVE. TURN RIGHT ONTO CHURN CREEK RD.*



FROM 299 W TOWARDS REDDING. START GOING EAST ON CA-299 TOWARDS WEAVERVILLE/REDDING. FROM 299 EAST TURN RIGHT ONTO CA-273/CA-299 E/MARKET STREET. TURN LEFT ONTO CA-299-E. MERGE ONTO 1-5 S VIA EXIT 2A TOWARDS RED BLUFF/SACRAMENTO. TAKE THE CYPRESS AVE EXIT (677). TURN LEFT ONTO E. CYPRESS AVE. TURN RIGHT ONTO CHURN CREEK RD.

#### RIVERSIDE

7888 MISSION GROVE PARKWAY S., SUITE 130  
RIVERSIDE, CA 92508  
(951) 789-0358

FROM THE CA-91W TOWARD RIVERSIDE/BEACH CITIES, TAKE THE CENTRAL AVENUE EXIT TOWARD MAGNOLIA CENTER. TURN LEFT ONTO CENTRAL AVE. CENTRAL AVE BECOMES ALESSANDRO BLVD. VEER TO THE RIGHT, THEN STAY STRAIGHT TO GO ONTO TRAUTWEIN RD (YOU WILL PASS COMMUNICATIONS CENTER DR). TURN LEFT ONTO MISSION GROVE PKY W.

FROM THE HIGH DESERT/SAN BERNARDINO AREA 215 S, WHERE THE 60 FWY, 91 FWY AND THE 215 FWY SPLIT, TAKE 215S (SIGNS FOR THE 60 EAST INDIO). TAKE EXIT 27C FOR ALESSANDRO BLVD, TURN RIGHT ONTO E ALESSANDRO BLVD, TURN LEFT ONTO MISSION GROVE PKWY S.

#### SACRAMENTO

9719 LINCOLN VILLAGE DR.  
BUILDING 100, SUITE 100  
SACRAMENTO, CA 95827  
(916) 363-6455

FROM SAN FRANCISCO/VALLEJO ON I-80 E, TAKE US-50 E TOWARD SACRAMENTO/SOUTH LAKE TAHOE. TAKE BRADSHAW ROAD, EXIT 13, TURN RIGHT ONTO BRADSHAW ROAD. TURN IMMEDIATE LEFT ONTO LINCOLN VILLAGE DR.

#### SAN DIEGO

5440 MOREHOUSE DRIVE, SUITE 2300  
SAN DIEGO, CA 92121  
(858) 550-5940

FROM 1-805 S, TAKE THE SORRENTO VALLEY RD/MIRA MESA BLVD EXIT. TURN LEFT ONTO MIRA MESA BLVD, TURN LEFT ONTO SCRANTON ROAD. TURN RIGHT ONTO MOREHOUSE DRIVE.

FROM 1-805 N TOWARD LOS ANGELES, TAKE THE MIRA MESA BLVD/VISTA SORRENTO PKWY EXIT. TURN RIGHT ONTO MIRA MESA BLVD. TURN LEFT ONTO SCRANTON RD. TURN RIGHT ONTO MOREHOUSE DR.

ADDITIONAL PARKING CAN BE FOUND (on top of the AT&T building) BY CONTINUING ON MOREHOUSE PAST OUR BUILDING AND TURNING LEFT AT THE NEXT DRIVEWAY UP THE HILL

#### SAN FRANCISCO

150 EXECUTIVE PARK BLVD., STE 1100  
SAN FRANCISCO, CA 94134  
(415) 330-9700

I-80 W BECOMES US-101 S. TAKE EXIT 429 A TOWARD MONSTER PARK/TUNNEL AVE. TAKE THE RAMP TOWARD 3COM PARK. TURN RIGHT ONTO ALANNA RD. TURN LEFT ONTO EXECUTIVE PARK BLVD.

#### SANTA ROSA

160 WIKIUP DRIVE, SUITE 105  
SANTA ROSA, CA 95403  
(707) 544-6723

FROM US-101 N, TAKE MARK WEST SPRINGS/RIVER ROAD EXIT. TURN RIGHT ON MARK WEST SPRINGS. TURN LEFT AT OLD REDWOOD HIGHWAY. TURN RIGHT ON WIKIUP DRIVE. FIRST DRIVEWAY ON RIGHT.

FROM US-101 S, TAKE MARK WEST SPRINGS/RIVER ROAD EXIT. TURN LEFT ON MARK WEST SPRINGS. TURN LEFT AT OLD REDWOOD HIGHWAY. TURN RIGHT ON WIKIUP DRIVE. FIRST DRIVEWAY ON RIGHT.

#### SANTA CLARA

2936 SCOTT BLVD  
SANTA CLARA, CA 95054  
(408) 844-0008

FROM US-101 N, TAKE THE SAN TOMAS EXPWY/MONTAGUE EXPWY EXIT- EXIT 392. TAKE THE SAN TOMAS EXPWY RAMP. MERGE ONTO SAN TOMAS EXPY/CR-G4. TURN LEFT ONTO SCOTT BLVD.

FROM I-880 S TOWARD SAN JOSE, TAKE THE MONTAGUE EXPWY EXIT (7). TAKE THE MONTAGUE EXPWY WEST RAMP. MERGE ONTO MONTAGUE EXPY/CR-G4 E. TURN LEFT ONTO E TRIMBLE RD. E TRIMBLE RD BECOMES DE LA CRUZ BLVD. TURN SLIGHT RIGHT ONTO CENTRAL EXPY/CR-G6 W. TURN SLIGHT RIGHT ONTO SCOTT BLVD.

#### VENTURA

4245 MARKET ST, SUITE 208  
VENTURA, CA 93003  
(805) 650-5220

FROM US-101N, TAKE THE TELEPHONE ROAD EXIT 65. TURN LEFT ONTO TELEPHONE ROAD. TURN RIGHT ONTO MARKET STREET.

#### VISALIA

3400 W MINERAL KING AVE, SUITE D  
VISALIA, CA 93291  
(559) 627-6700

FROM CA-99N, MERGE ONTO CA-198E VIA EXIT 96 TOWARD VISALIA/SEQUOIA NAT'L PARK. TAKE THE EXIT TOWARD DEMAREE STREET. MERGE ONTO W NOBLE AVENUE. TURN LEFT ONTO S COUNTY CENTER DRIVE. TAKE THE 1<sup>ST</sup> LEFT ONTO W MINERAL KING AVENUE.

#### WALNUT CREEK

175 LENNON LANE, SUITE 203  
WALNUT CREEK, CA 94598  
(925) 906-9165

FROM I-5N, KEEP LEFT TO TAKE I-580W TOWARD TRACY/SAN FRANCISCO. MERGE ONTO I-680N VIA EXIT 44B TOWARD SACRAMENTO/WALNUT CREEK/CONCORD. TAKE THE YGNACIO VALLEY ROAD EXIT AND TURN RIGHT. TURN LEFT ONTO LENNON LANE.

## OUT-OF-STATE EXAMINATION SITE LOCATIONS

The following out-of state sites will also offer this examination.

#### ALBUQUERQUE

2301 YALE BLVD, SE  
BUILDING C, SUITE 4  
ALBUQUERQUE, NM 87106

FROM INTERSTATE 25, TAKE THE GIBSON BLVD EXIT AND TRAVEL EAST ON GIBSON BLVD UNTIL YOU REACH YALE BLVD SOUTHEAST. TURN RIGHT ON YALE BLVD S.E. (HEADING SOUTH), JUST PAST RENARD PLACE AND THEN TURN RIGHT INTO THE COMMERCE CENTER. THE SITE IS ACROSS THE STREET FROM THE WAFFLE HOUSE AND COMFORT INN.

#### ATLANTA

CIRCLE 75 OFFICE PARK  
1000 CIRCLE 75 PARKWAY, SUITE 720  
ATLANTA, GA 30339

FROM I-285 BYPASS N, TAKE EXIT- EXIT 51B- TOWARD CHATTANOOGA/GREENVILLE. MERGE ONTO I-285 N / GA-407 N. TAKE THE COBB PKWY / US-41 EXIT- EXIT 19- TOWARD DOBBINS ARB. TURN LEFT ONTO COBB PKWY SE / US-41 N / GA-3 N. TURN SLIGHT RIGHT ONTO CIRCLE 75 PKWY SE.

#### BOSTON

INNER TECH PARK, 56 ROLAND ST., SUITE 211  
BOSTON, MA 02129

FROM NORTH: TAKE I-93 SOUTH. EXIT 28 - BOSTON/SULLIVAN SQ./CHARLESTOWN. MERGE INTO MYSTIC AVE. TAKE I-93S RAMP TO



*BOSTON/SULLIVAN SQ./CHARLESTOWN (TAKE RAMP DO NOT GET ON HIGHWAY). MAKE SLIGHT LEFT TURN ON TO MAFFA WAY. MAKE SLIGHT RIGHT TURN ON TO CAMBRIDGE STREET. AT FIRST TRAFFIC LIGHT, MAKE LEFT ON TO CARTER STREET - THERE IS A SIGN FOR INNER TECH PARK. RIGHT ON TO ROLAND STREET. END AT 56 ROLAND STREET (BUILDING ON LEFT, PARKING LOT ON RIGHT). ENTER THROUGH NORTH LOBBY*

#### **CHARLOTTE**

**TYVOLA EXECUTIVE PARK 1**  
5701 WESTPARK DR, #202  
CHARLOTTE, NC 28217

*FROM I-77S TOWARDS COLUMBIA, EXIT TYVOLA ROAD (EXIT #5). TURN LEFT AT TYVOLA ROAD. MAKE A RIGHT AT WESTPARK DR.  
FROM I-77N, EXIT TYVOLA ROAD (EXIT #5). BEAR RIGHT AT TYVOLA ROAD. TURN RIGHT AT WESTPARK DR.*

#### **CHERRY HILL**

950 N. KINGS HWY, SUITE 301  
CHERRY HILL, NJ 08034

*FROM THE NEW JERSEY TPKE S, TAKE EXIT #4/PHILADELPHIA/CAMDEN ONTO RT-73 N TOWARD CAMDEN/PHILADELPHIA. TAKE RAMP ONTO I-295 S TOWARD DEL MEM BR. TAKE EXIT #34B/CHERRY HILL/CAMDEN ONTO MARLTON PIKE(RT-70 W). TURN RIGHT ON KINGS HWY N (RT-41). NOTE BUILDING 950 IS BEHIND BUILDINGS #900 AND #1030.*

#### **CHICAGO**

332 S. MICHIGAN AVENUE  
SUITE 410  
CHICAGO, IL 60604

*TAKE US-41S WHICH BECOMES I-94E. TAKE THE W JACKSON BLVD EXIT (51F). TURN LEFT ON W JACKSON BLVD. TURN RIGHT ON S MICHIGAN AVE.*

#### **CRANBERRY TOWNSHIP**

**CRANBERRY CORPORATE BUSINESS CENTER**  
213 EXECUTIVE DR., SUITE 150  
CRANBERRY TOWNSHIP, PA 16066

*FROM I-79 EXIT CRANBERRY-MARS ROUTE 228, GO WEST. CROSS OVER ROUTE 19 ONTO FREEDOM ROAD. GO THREE TRAFFIC LIGHTS THEN TURN RIGHT ONTO EXECUTIVE DRIVE. BUILDING IS DIRECTLY ACROSS FROM HAMPTON INN.*

#### **DALLAS**

300 N COIT, SUITE 172  
RICHARDSON, TX 75080

*FROM 75 SOUTH, TAKE THE BELT LINE ROAD EXIT AND TURN RIGHT ON BELT LINE ROAD. STAY ON BELT LINE ROAD UNTIL YOU REACH COIT. TURN RIGHT ONTO N COIT. THE BUILDING IS ON THE RIGHT HAND SIDE. IF YOU ARE COMING IN FROM LBJ (1635) AND GOING NORTH ON 75, YOU WILL TURN LEFT ONTO BELT LINE AND TURN RIGHT ONTO COIT.*

#### **HOUSTON (NORTHWEST)**

9800 NORTHWEST FREEWAY  
SUITE 200  
HOUSTON, TX 77092

*FROM HWY 290 DRIVING SOUTHEAST, MERGE ONTO LOOP 610 NORTH. EXIT AT T.C.JESTER AND THEN U-TURN UNDER LOOP 610. STAY ON THE FEEDER ROAD, SHERATON HOTEL IS ON THE RIGHT AS THE ROAD CURVES RIGHT. TURN INTO THE PARKING LOT IMMEDIATELY AFTER THE SHERATON HOTEL AND BEFORE THE OFFICE BUILDING. CENTER IS ON THE 2ND FLOOR.*

#### **LAS VEGAS**

3210 E TROPICANA AVENUE  
LAS VEGAS, NEVADA 89121

*FROM I-15 - EXIT EAST ON TROPICANA, TRAVEL APPROXIMATELY 4 MILES, TURN LEFT ON MOJAVE, TURN RIGHT INTO THE PARKING LOT.  
FROM I-95 - EXIT WEST ON TROPICANA, TRAVEL APPROXIMATELY 1 MILE, TURN RIGHT ON MOJAVE, TURN RIGHT INTO THE PARKING LOT.*

#### **MILFORD**

500 BIC DRIVE  
SUITE 101  
MILFORD, CT 06461

*FROM HIGHWAY I-95 EXIT 35. GO TOWARD BIC DRIVE. GO .5 MILES TO 500 BIC DRIVE WHICH IS AT GATE 1 OF THE FORMER BIC COMPLEX. GO TO THE REAR OF THE LOT AND PARK. WALK DOWN THE HILL IN FRONT OF THE BUILDING AND ENTER THE FRONT DOOR. SIGNS WILL DIRECT YOU TO SUITE 101 (PSI).*

#### **NASHVILLE**

THE OAKS  
1100 KERMIT, SUITE 103  
NASHVILLE, TN 37217

*FROM I-40 EAST, TAKE EXIT ONTO I-24 (EXIT 213-A). TAKE MURFREESBORO ROAD AT THE FIRST EXIT (EXIT 52). STAY IN THE RIGHT LANE ON THE RAMP, AS THE EXIT APPEARS WHILE YOU ARE STILL IN THE CURVE. ON MURFREESBORO, STAY IN THE LEFT LANE. TURN LEFT ONTO KERMIT ST WHEN THERE IS A MCDONALD'S ON YOUR RIGHT. PSI IS IN THE FIRST BUILDING ON YOUR LEFT.  
FROM I-40 WEST, TAKE EXIT ONTO BRILEY PARKWAY, TURN LEFT ONTO BRILEY. EXIT ONTO MURFREESBORO RD. STAY IN THE RIGHT LANE. TURN RIGHT ONTO KERMIT ST BETWEEN A FIRESTONE STORE AND SILVERADO DANCE HALL. TURN RIGHT ONTO KERMIT ST. PSI IS IN THE FIRST BUILDING ON YOUR LEFT.*

#### **NORTH OREM (PROVO)**

581 WEST 1600 NORTH, SUITE C  
NORTH OREM, UT 84057

*FROM US-89, TURN RIGHT ONTO W CENTER ST/UT-114. MERGE ONTO I-15 N VIA THE RAMP ON THE LEFT TOWARD SALT LAKE. TAKE THE 1600 NORTH EXIT 273. TURN EAST ONTO WEST 1600 NORTH. GO ONE MILE EAST.*

#### **NORTH SALT LAKE CITY**

25 NORTH 400 WEST, SUITE 7  
NORTH SALT LAKE CITY, UT 84054

*(THE CITY OF NORTH SALT LAKE NOT SALT LAKE CITY PROPER. THE PSI TEST SITE IS IN DAVIS COUNTY JUST NORTH OF THE FLYING J REFINERY.)*

*FROM SALT LAKE CITY AND THE SOUTH.  
MERGE ON TO I-15N. TAKE EXIT 312 AND MERGE ON TO US89 NORTH FOR ABOUT 1.8 MILES. TURN LEFT ONTO E CENTER ST AND GO WEST FOR ABOUT .6 MILES. TURN RIGHT ON TO 400 W.  
FROM THE NORTH  
MERGE ONTO I-15 S SALT LAKE. TAKE THE CENTER ST., EXIT 314. TURN RIGHT ONTO W CENTER ST. TURN RIGHT ONTO 400 W.  
FROM I-80 EAST MERGE TO I-215 NORTH. TAKE THE REDWOOD RD/UT-68 EXIT 28 AND TURN RIGHT ONTO CENTER STREET.*

#### **PHOENIX**

5727 N 7<sup>TH</sup> ST.  
SUITE 301

PHOENIX, AZ 85014

*FROM I-17 SOUTH EXIT TO BETHANY HOME ROAD. GO LEFT (EAST) ON BETHANY HOME. TURN RIGHT (SOUTH) ON 7TH STREET. THE PSI SITE IS ON THE EAST SIDE OF THE STREET JUST BEFORE MISSOURI. IT IS A 4 STORY GLASS BUILDING.*

#### **QUEENS**

THE SHOPS AT ATLAS PARK  
71-19 80TH STREET, SUITE 8307  
GLENDALE (QUEENS), NY 11385

*FROM I-678 S, TAKE THE J ROBINSON PKWY EXIT- EXIT 7. TAKE THE FOREST PARK DR EXIT- EXIT 4- TOWARD MYRTLE AVE / WOODHAVEN BLVD. TAKE THE RAMP TOWARD MYRTLE AVE / WOODHAVEN BLVD. TURN SLIGHT RIGHT ONTO FOREST PARK DR. TURN RIGHT ONTO MYRTLE AVE. TURN LEFT ONTO 80TH ST. GO TO 2ND LIGHT PAST MYRTLE AVE OVER SMALL OVERPASS MAKE A RIGHT INTO ATLAS PARK. MAKE A RIGHT AT STOP SIGN TO GET INTO PARKING LOT. ONCE PARKED, GO TO TOP FLOOR OF PARKING LOT, TURN RIGHT AND WALK*



UNTIL YOU SEE "MARKET PLAZA". TAKE ELEVATOR TO THE 3RD FLOOR. OFFICES ARE LOCATED IN THE RED BRICK BUILDING.

#### RICHMOND

MOOREFIELD VI BUILDING  
620 MOOREFIELD PARK DRIVE  
SUITE 205  
RICHMOND, VA 23236  
FROM I-64E, TAKE THE PARHAM RD EXIT AND TURN RIGHT. N PARHAM RD/VA-73 S BECOMES VA-150 S/CHIPPENHAM PKWY. MERGE ONTO VA-76 S/POWHITE PKWY. MERGE ONTO MIDLOTHIAN TURNPIKE WEST. TURN LEFT ON MOOREFIELD PARK DR.

#### SOUTHFIELD (DETROIT AREA) EXAMINATION CENTER CROSSROADS BUILDING

16250 NORTHLAND DRIVE, SUITE 361  
SOUTHFIELD, MI 48075  
FROM I-75 NORTH AND SOUTH, EXIT WEST 8 MILE RD. CROSS THE LODGE FWY (HWY 10). TURN RIGHT ON NORTHLAND DRIVE. NORTHLAND DRIVE IS NEXT TO THE NORTHLAND SHOPPING CENTER. FROM SOUTHFIELD FWY NORTH AND SOUTH, EXIT EAST 8 MILE RD. GO EAST ON 8 MILE TO NORTHLAND DRIVE. NORTHLAND DRIVE IS NEXT TO THE NORTHLAND SHOPPING CENTER

#### WEST DES MOINES

1001 OFFICE PARK ROAD, SUITE 315  
WEST DES MOINES, IA 50265  
FROM I-235, EXIT 8TH ST/73<sup>RD</sup> ST AND PROCEED SOUTH. TURN RIGHT ON OFFICE PARK ROAD. TURN RIGHT INTO THE DRIVEWAY.

#### WEST HARTFORD

45 SOUTH MAIN STREET, SUITE 209  
WEST HARTFORD, CT 06107  
FROM I-84, EXIT 41, S. MAIN ST. AND PROCEED NORTH APPROXIMATELY 2 MILES. 45 SOUTH MAIN WILL APPEAR ON THE LEFT, DIRECTLY ACROSS THE STREET FROM THE TOWN HALL, BEFORE YOU CROSS FARMINGTON AVENUE. THE ATTENDANT WILL PARK YOUR CAR AT NO CHARGE. TAKE THE ELEVATOR TO THE SECOND FLOOR TO SUITE 209.

#### WILSONVILLE

25195 SW PARKWAY, SUITE 105  
WILSONVILLE, OR 97070  
GOING SOUTH: OFF I5, TAKE EXIT 286 (ELLINGENS/BOONES FERRY RD). TURN LEFT AND CROSS BACK OVER THE FREEWAY. TURN LEFT AT 2ND SIGNAL LIGHT (PARKWAY AVE.) TURN INTO PARKWAY PLAZA PARKING LOT (ACROSS THE STREET FROM SHRINER'S). WE ARE LOCATED IN THE MAIN ENTRANCE FIRST DOOR ON THE RIGHT.

#### WOODBURY

6053 HUDSON RD, SUITE 210  
WOODBURY, MN 55125  
FROM I-94 GO SOUTH ON CENTURY TO THE FIRST LEFT (WHICH IS THE FRONTAGE ROAD ENTRANCE TO THE COUNTRY INN). ENTER THE OFFICE COMPLEX THROUGH THE SINCLAIR GAS STATION AND ALONG BACK OF THE INN. 6053 IS THE BUILDING DIRECTLY AHEAD. THE ENTRANCE ON THAT (WEST) SIDE IS ACTUALLY ON THE 2ND FLOOR. SUITE 210 IS DOWN THE CORRIDOR TO THE RIGHT. PLEASE USE THE WEST ENTRANCE ON SATURDAYS.

## SPECIAL ACCOMMODATIONS AVAILABLE

Do not call PSI to schedule your examination until you have received written notification from BBS regarding your request for accommodations.

All examination sites are physically accessible to individuals with disabilities. Scheduling services are also available via our Telecommunications Device for the Deaf (TDD) by calling 800.735.2929.

The Board and PSI recognize their responsibilities under the Federal Americans with Disabilities Act and the California Fair Employment and Housing Act by providing testing accommodations or auxiliary aids or services for candidates who substantiate the need due to a physical or mental disability or qualified medical condition.

Accommodations will not be provided at the examination site unless prior approval by the BBS has been granted. Reasonable, appropriate, and effective accommodations may be requested by submitting a "Request for Accommodation" package. This package is available by contacting the Board or online at <http://www.bbs.ca.gov/pdf/forms/specaccom.pdf>.

Requests for accommodation must be received a minimum of 60 days prior to the desired test date to allow for processing. Accommodations that fundamentally alter the measurement of the skills or knowledge the examinations are intended to test will not be granted.

## REPORTING TO THE EXAMINATION SITE

On the day of the examination, you must arrive at least 30 minutes prior to your scheduled appointment time. This allows time for check-in and identification verification and provides time to familiarize yourself with the examination process. If you arrive late, you may not be admitted to the examination site and you may forfeit your examination registration fee. Even though candidates will be thumb printed, you are still required to comply with any identification requirements established by the appropriate regulatory entity.

### REQUIRED IDENTIFICATION AT EXAMINATION SITE

You must provide one of the following valid forms of government-issued identification before you may examine:

- A photographic Driver's License (any state)
- State identification card (any state)
- U.S. military identification
- Valid U.S. Passport Card
- Valid passport - any country (valid foreign passport with valid record of arrival/departure - Form I-94 or processed for I-551 stamped in a valid foreign passport)

*All photographs must be recognizable as the person to whom the identification card was issued. The name on the application must match the photographic I.D. card. If you have recently changed your name with the BBS, you may want to contact PSI to verify that they have the correct same name on file.*

If you cannot provide the required identification, you must call (877) 392-6422 at least 3 weeks prior to your scheduled appointment to arrange a way to meet this security requirement. *Failure to provide all of the required identification at the time of the examination without*



*notifying PSI is considered a missed appointment, and you will not be able to take the examination.*

### CALIFORNIA LAW SECURITY PROCEDURES

Section 123 of the California Business and Professions Code states: It is a misdemeanor for any person to engage in any conduct which subverts or attempts to subvert any licensing examination or the administration of an examination, including, but not limited to:

- Conduct which violates the security of the examination materials;
- Removing from the examination room any examination materials without authorization;
- The unauthorized reproduction by any means of any portion of the actual licensing examination;
- Aiding by any means the unauthorized reproduction of any portion of the licensing examination;
- Paying or using professional or paid examination-takers for the purpose of reconstructing any portion of the licensing examination;
- Obtaining examination questions or other examination material, except by specific authorization either before, during, or after an examination; or
- Selling, distributing, buying, receiving, or having unauthorized possession of any portion of a future, current, or previously administered licensing examination.
- Communicating with any other examinee during the administration of a licensing examination.
- Copying answers from another examinee or permitting one's answers to be copied by another examinee.
- Having in one's possession during the administration of the licensing examination any books, equipment, notes, written or printed materials, or data of any kind, other than the examination materials distributed, or otherwise authorized to be in one's possession during the examination.
- Impersonating any examinee or having an impersonator take the licensing examination on one's behalf.

Nothing in this section shall preclude prosecution under authority provided for in any other provision of law. In addition to any other penalties, a person found guilty of violating this section, shall be liable for the actual damages sustained by the agency administering the examination not to exceed ten thousand dollars (\$10,000) and the costs of litigation.

### IMPORTANT INFORMATION ABOUT TAKING AN EXAMINATION

1. All candidates will have their thumbprint taken during examination check-in and re-entry into the testing room after an approved absence. If a candidate passes the examination, the thumbprint record will be destroyed. If a candidate abandons his or her application for licensure, as determined by the appropriate regulatory authority, the thumbprint will also be destroyed. If a candidate is unsuccessful, the thumbprint record will be retained by PSI to ensure proper identification on any subsequent examination attempts. If the thumbprint doesn't match upon exit and re-entry, the candidate shall be disqualified from the examination, his or her test results invalidated, and the appropriate regulatory entity will be notified of the occurrence. The taking of the thumbprint is an additional

measure to enhance examination security. The Department's Office of Examination Resources shall ensure that the appropriate safeguards for the storage and destruction of the thumbprint records are in place.

2. The temperature in the testing room is maintained at a moderate level. Candidates are advised to layer clothing. Acceptable layered clothing includes lightweight shirts, sweaters, and pullovers without pockets or hoods. These items must be worn upon check-in, while you wait to enter the testing room, and during your initial seating for the examination.
3. There are timing mechanisms available at the test site and on the computer console to help candidates keep track of time during the test administration. Watches or other timekeeping devices are not permitted in the examination rooms.
4. Only one candidate will be allowed to take a restroom break at a time. Candidates are required to sign out when you leave the room and when you return. If a candidate's restroom break takes longer than 5 (five) minutes, a proctor will check on the candidate and will notify the applicable regulatory entity of the occurrence, which will take appropriate action.
5. The following items are not permitted in the examination rooms:
  - Cellular telephones, personal digital assistants (PDAs), recording devices, cameras, pagers, purses, notebooks, notebook computers, reference or readings material, music players, radios, electronic games, calculators, or briefcases.
  - Personal items including watches, backpacks, wallets, pens, pencils, or other writing devices, food, drinks (unless prior approval is obtained by your regulatory entity) and good-luck items.
  - Hats, baseball caps, or visors (with the exception of religious apparel), coats, shawls, hooded clothing, heavy jackets or overcoats.

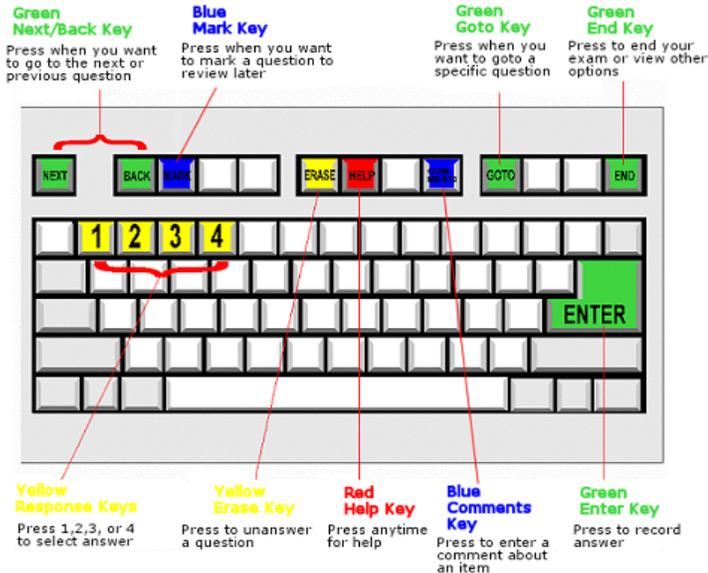
During the check-in process, all candidates will be asked if they possess any of the prohibited items and all candidates will be asked to empty their pockets. If prohibited items are found during check-in, candidates shall return these items to their vehicle or other place of safekeeping. Neither PSI, nor the Department of Consumer Affairs, shall be responsible for the items. Any candidate possessing the prohibited items in the examination room shall have his or her test results invalidated, and PSI shall notify the appropriate regulatory entity of the occurrence.

6. Copying or communicating examination content is a violation of PSI security policy and existing law. Either one shall result in the disqualification or invalidation of examination results, the denial of your license, and may subject the candidate to criminal prosecution.



## TAKING THE EXAMINATION BY COMPUTER

Taking the PSI examination by computer is simple. You do not need any computer experience or typing skills. You will use fewer keys than you use on a touch-tone telephone. All response keys are colored and have prominent characters. An illustration of the special keyboard is shown here.



### IDENTIFICATION SCREEN

You will be directed to a semiprivate testing station to take the examination. When you are seated at the testing station, you will be prompted to confirm your name, identification number, and the examination for which you are registered.

### TUTORIAL

Before you start your examination, an introductory tutorial to the computer and keyboard is provided on the computer screen. The time you spend on this tutorial, up to 15 minutes, DOES NOT count as part of your examination time. Sample questions are included as part of the tutorial so that you may practice using the keys, answering questions, and reviewing your answers.

One question appears on the screen at a time. During the examination, minutes remaining will be displayed at the top of the screen and updated as you record your answers.

### EXAMINATION QUESTION EXAMPLE

During the examination, you should press 1, 2, 3, or 4 to select your answer. You should then press "ENTER" to record your answer and move on to the next question. A sample question display follows:



### EXAMINATION RESULTS

At the end of your test, a pass or fail result will be shown on the screen and you will receive a printed score report. Numerical (raw) scores are provided to candidates who fail, but are not provided to candidates who pass. Your test results are confidential and are released only to you and your state licensing agency. To protect your privacy and to maintain the confidentiality of test results, score information is not given over the telephone.

### FAILING SCORE REPORTS

The score report will indicate the candidate's overall score and result, including the total number of items answered correctly. An asterisk will be provided in each section in which a candidate is deficient. This is intended to guide candidates in areas requiring additional preparation for re-testing.

### ABANDONMENT OF APPLICATION/INELIGIBILITY

**FIRST TIME EXAMINEES:** In accordance with Title 16, California Code of Regulations Section 1806 (d) An application shall be deemed abandoned if the applicant fails to sit for examination within one year after being notified of eligibility. To re-open an abandoned application the candidate must submit a new application, fee and all required documentation, as well as meet all current requirements in effect at the time the new application is submitted if that candidate wishes to pursue licensure.

**RE-EXAMINATION APPLICANTS:** California Business and Professions Code Section 4984.72 states, "An applicant who fails the clinical examination may within one year from the notification date of that failure, retake the examination as regularly scheduled without further application upon payment of the fee for the examination. Thereafter, the applicant shall not be eligible for further examination until he or she files a

new application, meets all requirements in effect on the date of application, and pays all required fees.”

Persons failing to appear for re-examination, once having been scheduled, shall forfeit any re-examination fees paid.

## AFTER PASSING THE EXAMINATION

Candidates are eligible to apply for licensure after passing the California Clinical examination.

To apply, candidates must submit a Request for Initial License Issuance and the required fee to the BBS. Request for Initial License Issuance forms are provided with candidate result notices, are also available by contacting the BBS, and online at [www.bbs.ca.gov](http://www.bbs.ca.gov).

When your license number is issued it will be available on the BBS' Web site. Your license certificate will be mailed within 30 working days of issuance.

### INSTRUCTIONS FOR DETERMINING AMOUNT OF INITIAL LICENSE FEE

The amount of the initial license fee will be prorated and established according to the month of issuance (month fee received by the BBS) and expiration date of the license (candidate's birth month).

Please refer to the Fee Chart to determine the amount you should submit with your Request for MFT Initial License Issuance.

Example 1: If your birth month is March and the BBS received your Request for Initial License Issuance in April, the fee amount that should be submitted with your request is \$130.00. Your license would be valid for approximately 24 months.

Example 2: If your birth month is April and the BBS received your Request for Initial License Issuance in April, the fee amount that should be submitted with your request is \$70.00. Your license would be valid for approximately 13 months.

Your application shall be deemed abandoned if you fail to pay the initial license fee within one year after notification by the BBS of successful completion of the examination requirements.

## STUDY MATERIAL AND COURSES

The LMFT Written Clinical examination outline contained in this handbook is the official standard for the material that will be covered on the examination. It is important for candidates to study the *Examination Items* section of this handbook and the examination outline. Should the examination outline or format change, ample notice will be provided and updates posted on the Board's Web site at [www.bbs.ca.gov](http://www.bbs.ca.gov).

Candidates are encouraged to trust in and use their clinical education, experience, and judgment as a basis for responding to examination items. Examination preparation courses are not necessary for success in the examination, and are not a substitute for education and experience.

Should you decide to use examination preparation course materials or workshops, we strongly encourage you to become an informed consumer prior to purchase and to consider the impact that incorrect information could have on your examination performance.

The BBS does not supply examination preparation providers with confidential examination material. Additionally, it is unlawful for candidates to provide information regarding examination content to anyone.

## OCCUPATIONAL ANALYSIS

The development of an examination program begins with an occupational analysis, which is a study of the profession designed to identify the tasks and knowledge required for independent practice. The results of the occupational analysis form the basis for the licensing examination and establish a link between the content of examination and the competencies required for independent practice. The Department of Consumer Affairs' Examination Validation Policy requires an occupational analysis be performed every three to seven years. The most recent occupational analysis for the LMFT profession was conducted in 2012.

The occupational analysis began by conducting interviews with LMFTs to gather information regarding the tasks associated with competent, independent practice in the profession and the knowledge required to perform those tasks. Multiple panels were then conducted with licensed practitioners who reviewed and refine the information obtained, and the finalized information was incorporated into a questionnaire. The questionnaire was administered to licensed practitioners throughout California who were asked to provide ratings regarding the relative importance of and/or the frequency with which each task and knowledge were associated with their practice. The results of the questionnaire were then reviewed by additional panels of LMFTs to verify the critical tasks and knowledge required for competent, independent practice.

The results of the occupational analysis established the content and weighting of the LMFT Written Clinical Examination outline. The examination outline consists of six content areas:

1. Clinical Evaluation
2. Crisis Management
3. Treatment Planning
4. Treatment
5. Ethics
6. Law

Each of these content areas is divided into sections (see examination outline). It is important that candidates prepare for the examination by studying the examination plan.

## EXAMINATION DEVELOPMENT

The LMFT Written Clinical Examination is developed and maintained by the Office of Professional Examination Services (OPES), a division of the Department of Consumer Affairs. OPES staff are test validation and development specialists who

are trained to develop and analyze occupational licensing examinations.

The development process involves LMFT practitioners who serve as subject matter experts (SMEs). SMEs are trained by OPES staff in established examination development processes and measurement methodologies. The cooperative efforts among these members of the LMFT profession, OPES, and the BBS are necessary to achieve both the measurement and content standards for examination construction.

## ESTABLISHING THE PASSING STANDARDS

The LMFT Written Clinical Examination measures the competencies required for independent practice. It is designed to measure those competencies at a level that SMEs agree is the minimum acceptable level for performance in the profession.

To establish pass/fail standards for each version of the Written Clinical Examination, a criterion-referenced methodology is used. The intent of this methodology is to differentiate between a qualified and unqualified candidate. The passing score is based on minimum competence criterion that are defined in terms of the actual behaviors that qualified practitioners would perform if they possessed the knowledge necessary to practice in a competent manner.

Using a criterion-referenced methodology to determine the passing standard, a panel of SMEs considers various factors that contribute to minimum acceptable competence for practice, such as prerequisite qualifications (e.g., education, training, and experience); the difficulty of the issues addressed in each multiple-choice item; and public health and safety issues. By adopting a criterion-referenced passing score, the Board applies the same minimum competence standards to all candidates.

Because each version of the examination varies in difficulty, an important advantage of the criterion-referenced methodology is that the passing score can be modified to reflect subtle differences in difficulty from one examination to another, providing safeguards to both the candidate and the consumer.

A new examination version is implemented a minimum of four times per year to maintain examination security and the integrity of the licensing process.

## EXAMINATION ITEMS

The LMFT Written Clinical Examination is comprised of 150 multiple-choice items and up to 20 pretest items. Pre-testing items allows performance data to be gathered and evaluated before the items are scored on an examination. These pre-test ("experimental") items will be distributed throughout the examination and WILL NOT be counted for or against the examination score. Pretest items WILL NOT be identified to candidates.

All of the scoreable items in the Written Clinical Examination have been written and reviewed by licensed practitioners who

served as SMEs. Items are based on the practice-related task and knowledge statements contained in the examination outline and are supported by reference materials. Statistical analyses have been performed on scoreable items to ensure measurement standards are met.

Items included on the Written Clinical Examination are directly related to clinical practice situations. Therefore, supervised clinical experience increases the likelihood of success on the examination. The types of clients and the overall presentation of the clinical situations and issues in the scenarios are consistent with mainstream practice for entry-level practitioners.

There is only one correct answer for each item. The 'incorrect' answers are typically common errors and misconceptions, true but not relevant statements, or incorrect statements. There are no 'trick' questions in the examination.

Candidates will have 4 hours to complete the examination.

### THEORETICAL FRAMEWORK

Candidates should have an entry-level understanding of the primary theoretical orientations used in the field of marriage and family therapy (e.g., Cognitive-Behavioral, Humanistic-Existential, Postmodern, Psychodynamic, Systems).

Candidates will be required to evaluate the information presented in the clinical examination and select the best treatment plan and goals presented (for example) based on the theoretical orientation provided in the question.

If the question is specific to a theoretical orientation, the clinical examination will have enough context for a qualified candidate to answer it correctly. That is, the degree of difficulty will be reasonable, allowing measurement of minimally acceptable competence criteria (i.e., entry level).

### Clinical Evaluation:

1. A 25-year-old client initiates therapy with complaints of chronic depression and lack of motivation. The client currently lives with his grandparents, does not have any money, and is attempting to finish graduate school. He discloses that his parents had a traumatic divorce several years ago and he fears he will become like his father, who had an emotional breakdown and abused his mother. The client currently has a girlfriend who lives in another state, and he says he feels alone without her. Which of the following actions should the therapist take to assess this client?
  - A. Gather family history, explore client's strengths, identify coping mechanisms
  - B. Gather family history, determine somatic symptoms, identify familial coping patterns
  - C. Explore substance use, determine somatic symptoms, identify coping mechanisms
  - D. Explore substance use, explore client's strengths, identify familial coping patterns

### Crisis Management:

2. A 36-year-old client initiates therapy and reports that the previous night she went on a date with a man she had met online. After dinner he raped her and then dropped her off at home as if nothing happened. She tells the therapist that she spent the night in the emergency room, and is afraid to go home because her assaulter knows where she lives. Which of the following actions should the therapist initially take in this crisis situation?
- A. Re-establish the client's feelings of control to reduce her sense of victimization
  - B. Evaluate the client's support systems to identify a safe place for the client to stay
  - C. Develop the client's trauma narrative of the event to desensitize emotional impact
  - D. Encourage the client to file a police report to protect other women from the perpetrator

### Treatment Planning:

3. A 7-year-old client is brought to therapy by his mother, who states that the client has been moody and defiant at home and has been fighting with other children at school. She states that the client's change in behavior began four months ago, following a foreclosure of the house that the family had lived in for several years. She further states that the client's father did not move with them to the new apartment, and that despite the fact that he works constantly, they still face eviction so she is refusing to let him see the client. Which of the following goals should be included in the treatment plan for this case?
- A. Decrease fighting at school and defiance at home  
Re-establish appropriate relationships between family members  
Refer the mother for financial assistance
  - B. Decrease fighting at school and defiance at home  
Re-establish appropriate relationships between family members  
Refer the mother for anger management
  - C. Enhance impulse-control and attention span  
Explore the marital relationship  
Refer the mother for financial assistance
  - D. Enhance impulse-control and attention span  
Explore the marital relationship  
Refer the mother for anger management

### Treatment:

4. A 19-year-old college student is referred to therapy by her physician for symptoms of panic. Her physician declined to prescribe medication until the client has initiated therapy. The client, however, believes that only medication will control her symptoms and that therapy is a "waste of time." Which of the following interventions would a cognitive-behavioral therapist use to address the client's participation in therapy?
- A. Interpret the client's distorted cognitions and identify their connection to her current symptoms of panic

- B. Explore the client's disappointment with her physician and validate her automatic thoughts as a logical consequence
- C. Examine the client's assumptions regarding treatment and collaborate with her to promote a shift in personal conclusions
- D. Role-play with the client to increase her assertiveness and encourage her to communicate her concerns directly with her physician

### Ethics:

5. A therapist is currently involved in a contentious divorce and perceives his spouse as aggressive and unreasonable. The therapist begins meeting weekly with a colleague for consultation to prevent his feelings from impacting therapy with his clients. Three weeks later, a client who has been in ongoing therapy for symptoms of depression begins describing relationship difficulties that are similar to what the therapist is experiencing. Which of the following actions should the therapist take to manage the ethical issues involved in this case?
- A. Provide continued treatment to the client and discuss the case with the colleague to monitor own feelings
  - B. Utilize limited self-disclosure and reassure the client of the therapist's understanding to enhance therapeutic empathy
  - C. Explain the potential for bias on the part of the therapist and refer the client to an alternate therapist to provide ongoing treatment
  - D. Contain the therapist's own feelings and focus discussions on the client's depression to maintain consistency with established treatment goals

### Law:

6. A 47-year-old client is referred for therapy by his pastor for complaints of problems in his marriage. The client wants to work on issues that involve only him, but mentions that he was in therapy with his wife several months ago. He wants to obtain the records from the previous therapist, but does not want his wife to know he has sought treatment alone. Which of the following actions should the therapist take in this situation?
- A. Have the client sign a release to obtain treatment records that pertain to him
  - B. Contact the previous therapist to request summary records of the client's therapy
  - C. Inform the client that the couple must each sign a release for previous treatment records (Key)
  - D. Reassure the client that the records are not necessary because the treatment focus has changed

Answers: 1-A; 2-B; 3-B; 4-C; 5-A; 6-C

# MFT CALIFORNIA CLINICAL EXAMINATION PLAN

## MFT California Clinical Examination Outline

CONTENT AREA	SECTION	WEIGHT	ITEMS
I. Clinical Evaluation		20%	30
	IA. Clinical Assessment	11%	17
	IB. Referral Services	2%	3
	IC. Diagnosis	7%	10
II. Crisis Management		12%	18
	IIA. Crisis Assessment	6%	9
	IIB. Crisis Management	6%	9
III. Treatment Planning		20%	30
	IIIA. Therapeutic Goals	2%	3
	IIIB. Treatment Plan Development	8%	12
	IIIC. Theoretical Orientation	10%	15
IV. Treatment		20%	30
	IVA. Therapeutic Intervention	8%	12
	IVB. Theoretical Orientation	7%	10
	IVC. Adjunctive Services	2%	3
	IVD. Termination	3%	5
V. Ethics		16%	24
	VA. Consent/Confidentiality	4%	6
	VB. Therapeutic Boundaries	4%	6
	VC. Competency	3%	4
	VD. Therapeutic Relationship	5%	8
VI. Law		12%	18
	VIA. Confidentiality/Privilege/Exceptions	7%	11
	VIB. Professional Conduct	5%	7

The exact number of items devoted to each content area or section may vary slightly from one examination version to another in accordance with the clinical features and key factors associated with the scenario presented. In addition, the items may apply to more than one content area. All multiple-choice items are equally weighted.

The following pages contain detailed information regarding examination content. The content areas, sections, and associated task and knowledge statements are provided. It is important for candidates to use this section as a study guide because each item on the LMFT Written Clinical is directly linked to this examination outline. Candidates are encouraged to use this section to consider their strengths and weaknesses in each area in preparing and studying for the examination.

I. Clinical Evaluation (20%) - This area assesses the candidate's ability to identify presenting problems and collect information to assess clinical issues and formulate a diagnostic impression.

<i>Section</i>	<i>Job Task</i>	<i>Associated Knowledge</i>
IA. Clinical Assessment (11%)	T1. Identify presenting problems by exploring client's initial concerns to determine purpose for seeking therapy.	K1. Knowledge of clinical interviewing techniques. K2. Knowledge of active listening techniques. K3. Knowledge of procedures used to gather intake information. K4. Knowledge of methods used to evaluate verbal and nonverbal cues.
	T2. Identify precipitating events related to client's presenting problems to determine impact on current level of functioning.	K3. Knowledge of procedures used to gather intake information. K55. Knowledge of the impact of psychosocial stressors on presenting problems and current functioning.
	T3. Identify unit of treatment (e.g., individual, couple, family) to determine the plan for therapy.	K5. Knowledge of factors influencing the choice of unit of treatment (e.g., individual couple, family).
	T4. Identify the family/couple's pattern(s) of interaction.	K18. Knowledge of the stages of the family life cycle. K19. Knowledge of the impact of disruption (e.g., divorce, loss) in the family life cycle. K20. Knowledge of patterns of interactions within couples. K21. Knowledge of patterns of interactions within families. K36. Knowledge of methods of collecting family history. K37. Knowledge of methods used to assess the impact of family history on family relationships.
	T5. Assess client's motivation for therapy by discussing client's expectations of therapeutic outcome.	K6. Knowledge of the role of client motivation in therapeutic outcome. K7. Knowledge of interventions used to facilitate engagement of involuntary clients in the therapeutic process. K33. Knowledge of methods used to gather information about client's values and beliefs.
	T6. Identify client's strengths to incorporate into the treatment plan.	K30. Knowledge of methods used to identify client's strengths. K31. Knowledge of link between client's strengths and coping skills.
	T7. Explore client's previous therapy experience(s) to determine impact on current therapeutic process.	K8. Knowledge of the effects of previous therapy on current therapeutic process. K12. Knowledge of cultural beliefs about therapy and mental health.
	T8. Assess for past/present addiction to determine how to proceed with treatment.	K13. Knowledge of the impact of addiction on physical, behavioral, affective, and cognitive functioning. K15. Knowledge of the effects of addiction on psychosocial functioning and family relationships. K62. Knowledge of assessment methods used to diagnose addiction.

I. Clinical Evaluation (20%) - This area assesses the candidate's ability to identify presenting problems and collect information to assess clinical issues and formulate a diagnostic impression.

<i>Section</i>	<i>Job Task</i>	<i>Associated Knowledge</i>
IA. Clinical Assessment, Cont. (11%)	T13. Explore impact of human diversity factors on client's presenting problems and treatment.	K10. Knowledge of the effects of human diversity factors on client's functioning. K11. Knowledge of the effects of level of acculturation on client's functioning. K12. Knowledge of cultural beliefs about therapy and mental health. K33. Knowledge of methods used to gather information about client's values and beliefs. K35. Knowledge of the implications of human diversity factors on client relationships. K39. Knowledge of the impact of diversity on family structure and values. K52. Knowledge of the impact of spirituality on the presenting problems and treatment.
	T15. Assess primary caregiver's willingness and ability to support dependent adult/minor client's treatment.	K43. Knowledge of methods used to identify the primary caregiver's level of involvement in therapy. K44. Knowledge of methods used to identify levels of influence of significant others on client's treatment. K45. Knowledge of methods used to identify support systems within social networks.
	T16. Assess influence of client's significant others to determine impact on treatment.	K36. Knowledge of methods of collecting family history. K37. Knowledge of methods used to assess the impact of family history on family relationships. K38. Knowledge of the effects of family structure and dynamics on the development of identity. K39. Knowledge of the impact of the cultural context on family structure and values. K44. Knowledge of methods used to identify levels of influence of significant others on client's treatment. K45. Knowledge of methods used to identify support systems within social networks.
	T17. Explore impact of the economic, educational, political, social, and work environment on client's presenting problems and treatment.	K45. Knowledge of methods used to identify support systems within social networks. K50. Knowledge of the impact of economic stressors on presenting problems and treatment. K51. Knowledge of the impact of sociopolitical climate on the therapeutic process. K55. Knowledge of the impact of psychosocial stressors on presenting problems and current functioning.
IB. Referral Services (2%)	T9. Evaluate client's medical history and current complaints to determine need for medical referral.	K24. Knowledge of the effects of physical condition on psychosocial functioning. K60. Knowledge of the impact of medication on physical and psychological functioning. K25. Knowledge of the relationship between medical conditions and psychosocial functioning. K26. Knowledge of factors or symptoms that indicate need for a medical evaluation.

I. Clinical Evaluation (20%) - This area assesses the candidate's ability to identify presenting problems and collect information to assess clinical issues and formulate a diagnostic impression.

<i>Section</i>	<i>Job Task</i>	<i>Associated Knowledge</i>
IB. Referral Services, Cont. (2%)	T10. Evaluate client's thought processes and behaviors that indicate a need for psychiatric referral.	K27. Knowledge of elements of a mental status examination. K29. Knowledge of application of mental status examinations. K32. Knowledge of psychological features or behaviors that indicate need for a psychiatric evaluation. K34. Knowledge of affective, behavioral, and cognitive factors that indicate the need for supplemental testing.
	T11. Evaluate client's affective, behavioral, and cognitive functioning that indicate a need for referral for testing.	K17. Knowledge of behavioral and psychological indicators of developmental disorders. K29. Knowledge of application of mental status examinations. K34. Knowledge of affective, behavioral, and cognitive factors that indicate need for supplemental testing.
	T12. Explore client's need for community resource referrals based on presenting problems and treatment.	K9. Knowledge of the effects of socioeconomic status on client's functioning. K46. Knowledge of community resources available to clients. K47. Knowledge of assessment methods used to identify client's need for community resources.
IC. Diagnosis (7%)	T18. Gather information from client about physical/psychosocial history to formulate a diagnostic impression.	K22. Knowledge of the stages of child/adolescent development. K23. Knowledge of the stages of adult development. K24. Knowledge of the effects of physical condition on psychosocial functioning. K25. Knowledge of the relationship between medical conditions and psychosocial functioning. K40. Knowledge of the impact of dynamics between the client and the work environment on presenting problem. K41. Knowledge of the impact of dynamics between the client and educational settings on presenting problem. K53. Knowledge of Diagnostic and Statistical Manual criteria used to identify diagnoses. K55. Knowledge of the impact of psychosocial stressors on presenting problems and current functioning. K61. Knowledge of criteria used to identify differential diagnoses.
	T19. Gather information from collateral sources about client to formulate a diagnostic impression.	K42. Knowledge of procedures used to gather information from professionals and other involved parties. K53. Knowledge of Diagnostic and Statistical Manual criteria used to identify diagnoses.
	T20. Administer standardized assessment instruments (e.g., depression/anxiety inventories, Mental Status Exam) to obtain diagnostic information.	K27. Knowledge of elements of a mental status examination. K28. Knowledge of methods used to administer a mental status examination. K29. Knowledge of the application of mental status examinations. K57. Knowledge of purposes of standardized assessment instruments. K58. Knowledge of methods of administration of standardized assessment instruments.

I. Clinical Evaluation (20%) - This area assesses the candidate's ability to identify presenting problems and collect information to assess clinical issues and formulate a diagnostic impression.		
<i>Section</i>	<i>Job Task</i>	<i>Associated Knowledge</i>
IC. Diagnosis, Cont. (7%)	T21. Formulate a diagnosis based on assessment information to use as a basis for treatment planning.	K53. Knowledge of Diagnostic and Statistical Manual criteria used to identify diagnoses. K54. Knowledge of procedures used to integrate assessment information with diagnostic categories. K55. Knowledge of the impact of psychosocial stressors on presenting problems and current functioning. K56. Knowledge of the influence of onset, frequency, intensity, and duration of symptoms to formulate a diagnosis. K61. Knowledge of criteria used to identify differential diagnoses.
	T22. Assess impact of addiction on client to develop a diagnostic impression.	K14. Knowledge of criteria used for differentiating addiction. K62. Knowledge of assessment methods used to diagnose addiction. K61. Knowledge of criteria used to identify differential diagnoses.
	T23. Assess impact of medication or physical condition to develop a diagnostic impression.	K25. Knowledge of the relationship between medical conditions and psychosocial functioning. K60. Knowledge of the impact of medication on physical and psychological functioning.

II. Crisis Management (12%) - This area assesses the candidate's ability to identify, evaluate, and manage crisis situations.		
<i>Section</i>	<i>Job Task</i>	<i>Associated Knowledge</i>
IIA. Crisis Assessment (6%)	T24. Assess severity of client's crisis to determine what immediate interventions are needed.	K63. Knowledge of methods used to identify crisis situations. K71. Knowledge of methods used to evaluate severity of client's symptoms. K83. Knowledge of the impact of previous trauma on current functioning. K85. Knowledge of the effects of current trauma on client's functioning.
	T25. Assess severity of client's addiction on the crisis to determine level of impairment.	K99. Knowledge of the indicators of being under the influence. K100. Knowledge of methods used to evaluate severity of client's addiction.
	T26. Evaluate client's potential for self-destructive and self-injurious behavior to determine level of intervention.	K63. Knowledge of methods used to identify crisis situations. K70. Knowledge of methods used to assess client's strengths and coping skills. K81. Knowledge of physical and psychological indicators of self-destructive and/or self-injurious behavior. K82. Knowledge of risk factors that indicate potential for self-destructive behavior.

II. Crisis Management (12%) – This area assesses the candidate’s ability to identify, evaluate, and manage crisis situations.

<i>Section</i>	<i>Job Task</i>	<i>Associated Knowledge</i>
	T27. Assess for suicide potential by evaluating client’s lethality to determine level of intervention.	K65. Knowledge of risk factors that indicate potential for suicide within age, gender, and cultural groups. K66. Knowledge of physical and psychological indicators of suicidality. K67. Knowledge of the effects of precipitating events on suicide potential. K81. Knowledge of physical and psychological indicators of self-destructive and/or self-injurious behavior. K82. Knowledge of risk factors that indicate potential for self-destructive behavior.
	T28. Evaluate severity of crisis situation by assessing the level of impairment to client’s life.	K63. Knowledge of methods used to identify crisis situations. K64. Knowledge of crisis management protocols. K84. Knowledge of the impact of psychosocial stressors on client’s functioning. K87. Knowledge of methods used to determine whether a client is gravely disabled.
	T29. Identify indicators of abuse/neglect by exploring client’s situation to determine level of intervention.	K72. Knowledge of criteria used to determine situations that constitute high risk for abuse. K73. Knowledge of indicators of abuse. K77. Knowledge of indicators of neglect. K78. Knowledge of indicators of endangerment. K92. Knowledge of strategies used to address safety in situations of abuse.
	T30. Assess for domestic violence to determine level of intervention.	K63. Knowledge of methods used to identify crisis situations. K72. Knowledge of criteria used to determine situations that constitute high risk for abuse. K78. Knowledge of indicators of endangerment. K79. Knowledge of indicators of domestic violence. K92. Knowledge of strategies used to address safety in situations of abuse.
	T31. Evaluate level of danger client presents to others to determine need for immediate intervention.	K64. Knowledge of crisis management protocols. K80. Knowledge of risk factors that indicate client’s potential for causing harm to others. K90. Knowledge of strategies used to deal with dangerous clients.
	T32. Explore client’s trauma history to determine impact on current crisis.	K83. Knowledge of the impact of previous trauma on current functioning. K84. Knowledge of the impact of psychosocial stressors on client’s functioning. K85. Knowledge of the effects of current trauma on client’s functioning.
	T33. Explore the impact of human diversity factors on client’s current crisis.	K97. Knowledge of the effects of human diversity factors on crises. K98. Knowledge of the effects of acculturation factors on crises.
IIB. Crisis Management (6%)	T35. Develop an intervention strategy to reduce potential for harm with/for client who has indicated thoughts of causing danger to self.	K86. Knowledge of strategies used to manage psychosocial stressors. K88. Knowledge of strategies used to reduce incidence of self-destructive/self-injurious behavior. K89. Knowledge of methods used to manage suicidality.
	T36. Develop an intervention strategy to reduce potential for harm with/for client who has indicated thoughts of causing danger to others.	K90. Knowledge of strategies used to deal with dangerous clients. K91. Knowledge of strategies used for anger management. K93. Knowledge of strategies used to manage situations dangerous to therapist. K95. Knowledge of referral sources used to manage crises.

II. Crisis Management (12%) – This area assesses the candidate’s ability to identify, evaluate, and manage crisis situations.

<i>Section</i>	<i>Job Task</i>	<i>Associated Knowledge</i>
	T37. Develop an intervention strategy with/for a client in a potentially abusive situation to provide for safety of client and family members.	K92. Knowledge of strategies used to address safety in situations of abuse. K96. Knowledge of methods used to coordinate collateral services to manage crisis. K149. Knowledge of intervention methods used for treating abuse within families. K150. Knowledge of intervention methods used for treating the impact of violence.
	T60. Develop strategies to address the impact of crisis issues/psychosocial stressors on client’s treatment.	K149. Knowledge of intervention methods used for treating abuse within families. K150. Knowledge of intervention methods used for treating the impact of violence. K151. Knowledge of interventions used for treating the impact of psychosocial stressors. K152. Knowledge of interventions used for treating the impact of trauma.
	T38. Provide referrals of viable resources to augment management of client’s crisis.	K94. Knowledge of support systems used to manage crises. K95. Knowledge of referral sources used to manage crises. K96. Knowledge of methods used to coordinate collateral services to manage crisis.
	T39. Collaborate with involved parties to augment management of client’s crisis.	K89. Knowledge of methods used to manage suicidality. K94. Knowledge of support systems used to manage crises. K95. Knowledge of referral sources used to manage crises. K96. Knowledge of methods used to coordinate collateral services to manage crisis.

III. Treatment Planning (20%) – This area assesses the candidate’s ability to develop a comprehensive treatment plan and prioritize treatment goals based on assessment, diagnoses, and theoretical model.

<i>Section</i>	<i>Job Task</i>	<i>Associated Knowledge</i>
IIIA. Therapeutic Goals (2%)	T40. Establish collaborative treatment goals by integrating therapist and client perspectives about the presenting problems.	K101. Knowledge of strategies used to integrate client and therapist’s understanding of the goals into treatment planning. K109. Knowledge of third party specifications (e.g., managed care, court-mandated, EAP) that impact treatment planning.
	T41. Prioritize treatment goals to develop course of treatment.	K102. Knowledge of factors that influence the frequency of therapy sessions. K103. Knowledge of strategies used to prioritize treatment goals. K104. Knowledge of methods used to formulate short-and long-term treatment goals.
	T57. Identify methods to monitor client’s progress toward treatment goals and outcomes.	K105. Knowledge of criteria used to monitor therapeutic effectiveness. K106. Knowledge of procedures to measure therapeutic outcomes.
IIIB. Treatment Plan Development (8%)	T42. Formulate a treatment plan incorporating client’s diversity to provide therapy sensitive to client’s values, beliefs, and social environment.	K107. Knowledge of methods used to formulate a treatment plan within diverse populations. K108. Knowledge of theoretical modalities used to formulate a treatment plan. K111. Knowledge of adjunctive services within community/culture used to augment therapy.
	T52. Determine need for referral for adjunctive services to augment client’s treatment.	K110. Knowledge of methods used to identify need for adjunctive services. K111. Knowledge of adjunctive services within community/culture used to augment therapy.

III. Treatment Planning (20%) - This area assesses the candidate's ability to develop a comprehensive treatment plan and prioritize treatment goals based on assessment, diagnoses, and theoretical model.

<i>Section</i>	<i>Job Task</i>	<i>Associated Knowledge</i>
Treatment Plan Development, Cont. (8%)	T53. Integrate community resources into treatment plan to support client's therapeutic goals.	K111.Knowledge of adjunctive services within community used to augment therapy. K112.Knowledge of methods used to integrate available community resources into treatment planning. K127.Knowledge of strategies to develop professional and community contacts to facilitate treatment.
	T54. Integrate information obtained from medical/mental health providers to formulate treatment plan.	K113.Knowledge of methods used to integrate information obtained from medical/mental health providers into treatment planning.
	T55. Integrate information obtained from involved parties to formulate a treatment plan.	K112.Knowledge of methods used to integrate available community resources into treatment planning. K114.Knowledge of methods used to integrate information obtained from collateral sources into treatment planning.
	T48. Formulate a treatment plan within a group therapy setting to provide a framework for client's therapy.	K122.Knowledge of the assumptions, concepts, and methodology associated with group therapy.
	T49. Formulate a treatment plan within a child/adolescent therapy context to provide a framework for client's therapy.	K123.Knowledge of the assumptions, concepts, and methodology associated with child/adolescent therapy.
	T50. Formulate a treatment plan with an evidence-based context to provide a framework for client's therapy.	K125.Knowledge of the assumptions, concepts, and methodology associated with evidence-based approaches.
	T51. Formulate a treatment plan with consideration of third party provisions (e.g., managed care, court mandated, EAP) to meet client's needs.	K109.Knowledge of third party specifications (e.g., managed care, court-mandated, EAP) that impact treatment planning.
	T56. Coordinate a treatment plan by collaborating with a multidisciplinary team.	K113.Knowledge of methods used to integrate information obtained from medical/mental health providers into treatment planning. K114.Knowledge of methods used to integrate information obtained from collateral sources into treatment planning. K115.Knowledge of factors associated with the use of a multidisciplinary team approach to treatment. K116.Knowledge of the impact of combining treatment modalities in treating problems or disorders.
IIIC. Theoretical Orientation (10%)	T43. Formulate a treatment plan within a cognitive-behavioral (e.g., REBT, CT) orientation to provide a framework for client's therapy.	K117.Knowledge of the assumptions, concepts, and methodology associated with a cognitive-behavioral approach.
	T44. Formulate a treatment plan within a humanistic/existential (e.g., gestalt, client-centered, experiential) orientation to provide a framework for client's therapy.	K118.Knowledge of the assumptions, concepts, and methodology associated with a humanistic-existential approach.
	T45. Formulate a treatment plan within a postmodern (e.g., narrative, solution-focused) orientation to provide a framework for client's therapy.	K119.Knowledge of the assumptions, concepts, and methodology associated with a postmodern approach.

III. Treatment Planning (20%) - This area assesses the candidate's ability to develop a comprehensive treatment plan and prioritize treatment goals based on assessment, diagnoses, and theoretical model.

<i>Section</i>	<i>Job Task</i>	<i>Associated Knowledge</i>
	T46. Formulate a treatment plan within a psychodynamic (e.g., attachment, depth psychology, object relations, self-psychology) orientation to provide a framework for client's therapy.	K120. Knowledge of the assumptions, concepts, and methodology associated with a psychodynamic approach.
	T47. Formulate a treatment plan within a systems (e.g., structural, strategic, multigenerational, communications) orientation to provide a framework for client's therapy.	K121. Knowledge of the assumptions, concepts, and methodology associated with a systems approach.

IV. Treatment (20%) - This area assesses the candidate's ability to implement, evaluate, and modify clinical interventions consistent with the treatment plan and theoretical orientation, including treatment outcomes and diversity factors.

<i>Section</i>	<i>Job Task</i>	<i>Associated Knowledge</i>
IVA. Therapeutic Intervention (8%)	T58. Maintain a therapeutic relationship with client to facilitate treatment.	K128. Knowledge of the components needed to maintain the therapeutic relationship. K129. Knowledge of strategies used to maintain a therapeutic relationship. K130. Knowledge of the impact of value differences between therapist and client on the therapeutic process. K201. Knowledge of strategies to promote client's autonomy within the therapeutic relationship.
	T59. Provide psychoeducation as it relates to client's treatment needs.	K167. Knowledge of use of psychoeducation as it relates to client's treatment needs.
	T64. Implement interventions consistent with child/adolescent therapy theories to facilitate client's treatment.	K144. Knowledge of the use of interventions associated with child/adolescent therapy. K145. Knowledge of the role of the therapist in child/adolescent therapy approach.
	T67. Implement interventions consistent with developmental stages to facilitate client's treatment.	K153. Knowledge of the use of interventions associated with developmental stages. K154. Knowledge of methods used to assist client to adjust to cognitive, emotional, physical, and spiritual changes associated with the life cycle. K155. Knowledge of methods used to address variations in the family life cycle process. K159. Knowledge of methods to address end of life issues. K160. Knowledge of methods used to address elder issues.
	T68. Implement interventions sensitive to client's diversity to enhance treatment outcomes.	K130. Knowledge of the impact of value differences between therapist and client on the therapeutic process. K156. Knowledge of approaches used to address diversity issues. K157. Knowledge of approaches used to address acculturation issues.
	T70. Implement interventions consistent with addiction models to facilitate client's treatment.	K148. Knowledge of intervention methods used for treating addiction.
	T71. Implement interventions consistent with group therapy theories to facilitate client's treatment.	K142. Knowledge of the use of interventions associated with group therapy. K143. Knowledge of the role of therapist from a group therapy approach.

IV. Treatment (20%) - This area assesses the candidate's ability to implement, evaluate, and modify clinical interventions consistent with the treatment plan and theoretical orientation, including treatment outcomes and diversity factors.

<i>Section</i>	<i>Job Task</i>	<i>Associated Knowledge</i>
	T72. Implement interventions consistent with evidence-based outcomes to measure therapeutic effectiveness.	K168. Knowledge of methods used to measure therapeutic outcomes.
	T73. Evaluate therapeutic effectiveness by monitoring client's progress to determine need for treatment plan revision.	K131. Knowledge of strategies used to monitor treatment progress. K168. Knowledge of methods used to measure therapeutic outcomes.
	T118. Develop strategies to address the impact of issues/psychosocial stressors in treatment.	K151. Knowledge of interventions used for treating the impact of psychosocial stressors. K152. Knowledge of interventions used for treating psychosocial stressors.
IVB. Theoretical Orientation Interventions (7%)	T61. Implement interventions consistent with cognitive-behavioral theories (e.g., REBT, CT) to facilitate client's treatment.	K132. Knowledge of the role of therapist from a cognitive-behavioral approach. K133. Knowledge of the use of interventions associated with cognitive-behavioral theories.
	T62. Implement interventions consistent with humanistic-existential theories (e.g., gestalt, client-centered, experiential) to facilitate client's treatment.	K134. Knowledge of the role of therapist from a humanistic-existential approach. K135. Knowledge of the use of interventions associated with humanistic-existential theories.
	T63. Implement interventions consistent with postmodern theories (e.g., narrative, solution-focused) to facilitate client's treatment.	K136. Knowledge of the role of therapist from a postmodern approach. K137. Knowledge of the use of interventions associated with postmodern theories.
	T65. Implement interventions consistent with psychodynamic theories (e.g., attachment, depth, object relations, self-psychology) to facilitate client's treatment.	K138. Knowledge of the role of therapist from a psychodynamic approach. K139. Knowledge of the use of interventions associated with psychodynamic theories.
	T66. Implement interventions consistent with systems theories (e.g., structural, strategic, multigenerational, communications) to facilitate client's treatment.	K140. Knowledge of the role of therapist from a systems approach. K141. Knowledge of the use of interventions associated with systems theories.
IVC. Adjunctive Services (2%)	T74. Implement referral for adjunctive services to augment client's treatment.	K169. Knowledge of referrals for adjunctive services.
	T75. Provide client with case management services (e.g., linkage to resources, monitor progress, advocate to reduce barriers to treatment) to enhance treatment results.	K170. Knowledge of the components of case management.
	T76. Advocate on behalf of the client for community resources to improve client's level of functioning.	K169. Knowledge of referrals for adjunctive services. K171. Knowledge of the principles of the Mental Health Services Act as related to the practice of therapy. K172. Knowledge of the application of the Mental Health Services Act principles as related to client treatment. K173. Knowledge of when consultation with other professionals is necessary to manage client's treatment.

IV. Treatment (20%) - This area assesses the candidate's ability to implement, evaluate, and modify clinical interventions consistent with the treatment plan and theoretical orientation, including treatment outcomes and diversity factors.

<i>Section</i>	<i>Job Task</i>	<i>Associated Knowledge</i>
IVD. Termination (3%)	T77. Determine client's readiness for termination by evaluating whether treatment goals have been met.	K161. Knowledge of changes in functioning that indicate readiness to terminate therapy. K162. Knowledge of issues related to the process of termination. K164. Knowledge of interventions used to initiate termination.
	T78. Develop a termination plan by assessing client's needs within framework of third-party specifications (e.g., managed care, court-mandated, EAP).	K165. Knowledge of the impact of third-party specifications (e.g., managed care, court-mandated, EAP) on termination.
	T79. Develop a termination plan with client to maintain therapeutic gains after treatment has ended.	K164. Knowledge of interventions used to initiate termination. K166. Knowledge of methods used to maintain therapeutic gains. K169. Knowledge of referrals for adjunctive services.
	T80. Integrate community resources to provide ongoing support to client following termination of treatment.	K162. Knowledge of issues related to the process of termination. K166. Knowledge of methods used to maintain therapeutic gains.

V. Ethics (16%) - This area assesses the candidate's ability to identify, apply, and manage ethical standards and principles in clinical practice.

<i>Section</i>	<i>Job Task</i>	<i>Associated Knowledge</i>
VA. Informed Consent/Confidentiality (4%)	T81. Address client's expectations about therapy to promote understanding of the therapeutic process.	K174. Knowledge of ethical standards used to address expectations of the therapeutic process.
	T82. Evaluate client's ability to benefit from therapy to determine appropriateness of treatment.	K175. Knowledge of methods and ethical standards used to evaluate the client's ability to benefit from therapy.
	T83. Discuss management of fees and office policies to promote client's understanding of the treatment process.	K176. Knowledge of methods used to explain management of fees and office policies.
	T84. Inform client of parameters of confidentiality to facilitate client's understanding of therapist's responsibility.	K177. Knowledge of methods used to explain parameters of confidentiality. K178. Knowledge of methods used to explain mandated reporting. K180. Knowledge of confidentiality issues in therapy. K195. Knowledge of confidentiality issues related to couple/family therapy. K196. Knowledge of confidentiality issues related to group therapy. K202. Knowledge of the potential impact of the dissemination of client information through electronic media.
	T85. Inform parent/legal guardian and minor client about confidentiality issues and exceptions.	K179. Knowledge of minor client's right to confidentiality. K180. Knowledge of confidentiality issues in therapy.
	T88. Manage the impact of legal mandates (e.g., mandated reporting) on the therapeutic process.	K210. Knowledge of processes used to manage impact of mandated reporting.
	T94. Manage confidentiality issues to maintain integrity of the therapeutic relationship.	K179. Knowledge of minor client's right to confidentiality. K180. Knowledge of confidentiality issues in therapy. K181. Knowledge of strategies used to manage therapeutic relationship.

V. Ethics (16%) - This area assesses the candidate's ability to identify, apply, and manage ethical standards and principles in clinical practice.

<i>Section</i>	<i>Job Task</i>	<i>Associated Knowledge</i>
VB. Therapeutic Boundaries (4%)	T89. Assess for client's concurrent therapeutic relationships with other providers (e.g., counselors, therapists, psychologists, physicians) to evaluate impact on treatment.	K182.Knowledge of effects of concurrent therapeutic relationships on treatment.
	T95. Manage countertransference reaction to maintain integrity of the therapeutic relationship.	K181.Knowledge of strategies used to manage therapeutic relationship. K186.Knowledge of the impact of transference on countertransference dynamics. K192.Knowledge of strategies necessary to maintain therapeutic boundaries.
	T96. Manage potential dual relationships to avoid loss of therapist objectivity or exploitation of client.	K189.Knowledge of business, personal, professional, and social relationships that create a conflict of interest within the therapeutic relationship. K192.Knowledge of strategies necessary to maintain therapeutic boundaries.
	T97. Manage overt/covert sexual feelings within the therapeutic relationship to maintain integrity of treatment.	K181.Knowledge of strategies used to manage therapeutic relationship. K190.Knowledge of the implications of sexual feelings/contact within the context of therapy. K191.Knowledge of the impact of physical contact on the therapeutic process.
VC. Competency (3%)	T90. Manage clinical issues outside the therapist's scope of competence to meet client needs.	K184.Knowledge of criteria used to identify limits of therapist's scope of competence. K199.Knowledge of referrals used to provide continuity of treatment if the therapist is unable to continue therapeutic relationship. K200.Knowledge of methods used to facilitate transfer of client for continuity of treatment.
	T91. Determine therapist's scope of competence regarding treatment factors in client diversity.	K184.Knowledge of criteria used to identify limits of therapist's scope of competence. K185.Knowledge of areas of practice requiring specialized training.
	T92. Determine competency to provide professional services to client by assessing therapist's own cognitive, emotional, or physical impairment.	K187.Knowledge of effects of therapist's own cognitive, emotional, or physical impairments on the therapeutic process. K188.Knowledge of strategies used to manage therapist's own cognitive, emotional, or physical impairments on the therapeutic process.
VD. Therapeutic Relationship (5%)	T87. Manage therapist's own potential biases regarding human diversity factors.	K183.Knowledge of diversity factors that may affect the therapeutic relationship. K206.Knowledge of implications of the therapist's potential biases toward clients based on diversity. K207.Knowledge of the impact of diversity on client's functioning. K208.Knowledge of methods to manage therapist's feelings about client's treatment objectives that are outside the therapist's value system, beliefs, and attitudes.
	T86. Manage client's safety by evaluating risk factors.	K204.Knowledge of risk factors that indicate potential harm to self or others. K205.Knowledge of methods used to assess the severity of client's risk factors.
	T93. Manage the impact of ethical responsibilities on the therapeutic relationship.	K181.Knowledge of strategies used to manage therapeutic relationship(s). K193.Knowledge of the impact of ethical responsibilities on the therapeutic relationship.
	T98. Document treatment in client records according to standard of practice to facilitate continuity of care.	K194.Knowledge of standards of practice regarding content of client records.
	T99. Assist client in obtaining further treatment when therapist is unable to continue therapeutic relationship.	K198.Knowledge of ethical considerations for interrupting or terminating therapy. K199.Knowledge of referrals used to provide continuity of treatment if the therapist is unable to continue therapeutic relationship. K200.Knowledge of methods used to facilitate transfer of client for continuity of treatment.

V. Ethics (16%) - This area assesses the candidate's ability to identify, apply, and manage ethical standards and principles in clinical practice.

<i>Section</i>	<i>Job Task</i>	<i>Associated Knowledge</i>
	T100.Manage the termination process to maintain client's safety.	K203.Knowledge of ethical issues related to client abandonment.

VI. Law (12%) - This area assesses the candidate's ability to identify, apply, and manage legal standards and mandates in clinical practice.

<i>Section</i>	<i>Job Task</i>	<i>Associated Knowledge</i>
VI.A. Confidentiality, Privilege, and Exceptions (7%)	T102.Obtain client's written authorization to exchange confidential information.	K211.Knowledge of conditions and requirements for disclosing or obtaining confidential information.
	T104.Maintain limits of client confidentiality as required by law.	K211.Knowledge of conditions and requirements for disclosing or obtaining confidential information. K212.Knowledge of laws pertaining to mandated reporting of suspected or known abuse. K214.Knowledge of exceptions to confidentiality pertaining to mandated reporting requirements. K218.Knowledge of laws pertaining to mandated reporting of client's intent to harm others.
	T105.Initiate evaluation (e.g., involuntary hospitalization) after determining that the client is gravely disabled or a danger to self or others.	K226.Knowledge of legal criteria for initiating involuntary hospitalization.
	T106.Report client's intent to harm others as defined by mandated reporting requirements.	K218.Knowledge of laws pertaining to mandated reporting of client's intent to harm others.
	T107.Report cases of abuse as defined by mandated reporting requirements.	K212.Knowledge of laws pertaining to mandated reporting of suspected or known abuse. K197.Knowledge of the impact of exploitation of the client.
	T108.Comply with legal standards pertaining to treatment of minors.	K222.Knowledge of laws regarding consent to treat a minor. K223.Knowledge of methods used to ascertain who can consent to treat a minor when parental custody is in question. K224.Knowledge of laws pertaining to minor's rights to confidentiality.
	T109.Respond to client's requests for records as mandated by law.	K227.Knowledge of laws regarding client's requests for records.
	T110.Maintain security of client records as mandated by law.	K215.Knowledge of laws regarding security of client records.
	T111.Maintain treatment records as required by law.	K211.Knowledge of conditions and requirements for disclosing or obtaining confidential information. K213.Knowledge of laws regarding documentation of clinical services. K215.Knowledge of laws regarding to security of client records.

VI. Law (12%) – This area assesses the candidate’s ability to identify, apply, and manage legal standards and mandates in clinical practice.

<i>Section</i>	<i>Job Task</i>	<i>Associated Knowledge</i>
	T112.Assert client privilege about requests for confidential information as mandated by law.	K219.Knowledge of laws regarding holder of privilege. K220.Knowledge of laws regarding exceptions to privilege. K221.Knowledge of laws regarding privileged communication. K228.Knowledge of laws regarding therapist’s response to subpoenas. K229.Knowledge of laws regarding therapist’s response to court orders for confidential information.
VIB. Professional Conduct (5%)	T101.Disclose fee structure for professional services to client as mandated by law.	K225.Knowledge of laws pertaining to disclosing fees for professional services.
	T103.Comply with legal standards pertaining to scope of practice to promote client’s safety and welfare.	K217.Knowledge of laws that define scope of practice. K239.Knowledge of methods to maintain scope of practice when participating on a multidisciplinary team.
	T113.Comply with legal standards about sexual contact, conduct, and relations with client.	K216.Knowledge of laws regarding sexual conduct between therapist and client. K231.Knowledge of situations requiring distribution of the State of California, Department of Consumer Affairs’ pamphlet entitled, Professional Therapy Never Includes Sex.
	T114.Comply with legal standards regarding advertising when informing the public of therapist’s qualifications and services.	K230.Knowledge of laws regarding advertisement and dissemination of information pertaining to professional qualifications and services.
	T115.Comply with legal standards related to the Health Information Portability and Accountability Act (HIPAA).	K232.Knowledge of the application of HIPAA requirements. K202.Knowledge of the potential impact of the dissemination of client information through electronic media.
	T116.Comply with legal standards related to the practice of telemedicine.	K233.Knowledge of laws related to confidentiality of telemedicine. K234.Knowledge of methods to obtain informed consent prior to engaging in telemedicine. K235.Knowledge of laws related to the practice of telemedicine.
	T117.Comply with legal standards related to intern practice.	K236.Knowledge of disclosure requirements for interns. K237.Knowledge of legal requirements for supervisors of interns. K238.Knowledge of laws regarding payment for services related to interns.

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STATE OF CALIFORNIA  
NOTICE OF ELIGIBILITY

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You are eligible to participate in the MFT California Clinical examination for licensure as a Marriage and Family Therapist. This is the **ONLY** notice of eligibility you will receive from the BBS for this examination. Please retain it for your records. Your address label contains important date information. In the upper left corner of the address label (above your name) is the date your application for this examination was approved; following that is the date by which you must take your examination. **You must take the MFT California Clinical examination by the date specified on the label or you will be required to reapply** (see *Abandonment of Application/Ineligibility* in this handbook).

This handbook provides important information regarding MFT California Clinical examination procedures and content. To schedule your examination, please refer to the instructions in this handbook.

Upon passing the MFT California Clinical examination, you are eligible to apply for licensure! Please see the instructions in this handbook.

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