

**NEW OPTION FOR SUPERVISED EXPERIENCE CATEGORIES**  
**AVAILABLE JANUARY 1, 2016**  
**FOR LMFT AND LPCC APPLICANTS**

A new streamlined option for the categories of supervised experience that can be claimed will be available effective January 1, 2016\* for LMFT and LPCC applicants.

Hours gained after January 1, 2010 can now qualify under either Option 1 (new streamlined categories) or Option 2 (pre-existing categories), as described below. Applicants must fully qualify under Option 1 OR Option 2. There is no “mixing and matching” between the two categories.

Individuals who wish to qualify under Option 2 must submit an *Application for Licensure and Examination* postmarked no later than December 31, 2020. Otherwise the applicant must qualify under Option 1.

\*Per Senate Bill 620, Chapter 262, Statutes of 2015

**LMFT OPTION 1 (new streamlined categories)**

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Under the new option, the supervised work experience categories break down into just two overall types:

- *Direct counseling experience (minimum 1,750 hours)*
  - A minimum of 500 of the above hours must be gained diagnosing and treating couples, families and children.
- *Non-clinical experience (maximum 1,250 hours)*
  - May consist of direct supervisor contact, administering and evaluating psychological tests, writing clinical reports, writing progress or process notes, client centered advocacy, and workshops, seminars, training sessions, or conferences

**LMFT OPTION 2 (pre-existing multiple categories)**

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- a. Individual Psychotherapy (*No minimum or maximum hours required*)
- b. Couples, Families, and Children (*Minimum 500 hours - up to 150 hours may be double-counted*)
- c. Group Therapy or Counseling (*Maximum 500 hours*)
- d. Telehealth Counseling (*Maximum 375 hours*)
- e. Workshops, seminars, training sessions, or conferences directly related to marriage, family, and child counseling (*Maximum 250 hours*)
- f. Personal Psychotherapy Received (*Maximum 100 hours, triple counted*)

	<b>2010 &amp; 2011</b>	<b>2012 &amp; Later</b>
g. Administering and evaluating psychological tests of counselees, writing clinical reports and progress or process notes	<i>Max 250 hours</i>	<i>Max 500 hours combined</i>
h. Client-Centered Advocacy	<i>Max 1,250 hours</i>	
i. Direct Supervisor Contact	<i>Combined Max 1,250 hours</i>	<i>Max 1,000 hours</i>

### **LPCC OPTION 1\* (new streamlined categories)**

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Under the new option, the supervised work experience categories break down into just two overall types:

- *Direct counseling experience (Minimum 1,750 hours)*
  - Must include minimum of 150 hours of clinical experience in a hospital or community mental health setting
- *Non-clinical experience (Maximum 1,250 hours)*
  - May consist of direct supervisor contact, administering and evaluating psychological tests, writing clinical reports, writing progress or process notes, client centered advocacy, and workshops, seminars, training sessions, or conferences

### **LPCC OPTION 2\* (pre-existing multiple categories)**

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- a. Direct Counseling with Individuals, Groups, Couples or Families (*Minimum 1,750 hours*)
- b. Group Therapy or Counseling (*Maximum 500 hours*)
- c. Telehealth Counseling (*Maximum 375 hours*)
- d. Maximum 1,250 hours that include all of the following:
  - Workshops, seminars, training sessions, or conferences directly related to professional clinical counseling (*Maximum 250 hours*)
  - Administering and evaluating psychological tests of counselees, writing clinical reports and progress or process notes (*Maximum 250 hours*)
  - Client-Centered Advocacy
  - Direct Supervisor Contact

### **\*NOTE FOR BOTH LPCC OPTIONS**

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A minimum of 500 hours of supervised experience working directly with couples, families, or children is required if the applicant wishes to assess or treat couples or families after being issued a LPCC license.