

MFT EXPERIENCE CATEGORIES
SUMMARY OF HOURS PERMITTED/REQUIRED
For Hours Gained on or After January 1, 2010
and before January 1, 2012

Categories	Minimum/Maximum Hours	Changes Effective 01/01/2010
1. Psychotherapy with Individuals	No maximum or minimum	No change
2. Psychotherapy with Couples, Families and Children	<ul style="list-style-type: none"> • 500 hours minimum (no maximum) • Up to 150 hours of conjoint family and couples therapy are double-counted 	NEW: 150 hours double-counted
3. Group Therapy or Counseling	500 hours maximum (no minimum)	No change
4. Telemedicine Counseling	375 hours maximum (no minimum)	WAS: <ul style="list-style-type: none"> • Telephone Counseling - 250 hours maximum • Telemedicine - 125 hours maximum
5. Psychological Testing, Report Writing & Writing Notes	250 hours maximum (no minimum)	NEW: May now be counted pre-degree
6. Individual Supervision	52 weekly hours minimum (no maximum)	No change
7. Group Supervision	No minimum or maximum	No change
8. Workshops and Training*	250 hours maximum (no minimum)	No change
9. Personal Psychotherapy*	<ul style="list-style-type: none"> • 300 hours maximum (no minimum) • Up to 100 hours are triple-counted 	No change
10. Direct Supervisor Contact Professional Enrichment Activities Client Centered Advocacy <i>Personal Psychotherapy*</i> <i>Workshops & Training*</i>	1,250 hours combined maximum (no minimum)	WAS: Direct Supervisor Contact & Professional Enrichment Activities combined maximum of 1,000 hrs. NEW: Client centered advocacy can be counted

*Categories 8 and 9 also have a combined maximum related to Category 10