

## Changes to MFT Supervision/Experience Requirements For Hours Gained on or After January 1, 2010

	Current Law	NEW Law	Notes	Why Was This Change Made?
<b>Client Centered Advocacy (CCA)</b>  OLD: None NEW: 4980.03 (h) and 4980.43 (a)(7)(C)*	None. CCA hours cannot be counted toward licensure.	<b>Trainees and interns may gain up to 1,250 hours (see Notes) of CCA which includes, but is not limited to, researching, identifying, and accessing resources, or other activities, related to obtaining or providing services and supports for clients or groups of clients receiving psychotherapy or counseling services (Section 4980.43(h)*).</b>	Most applicants will have far fewer than 1,250 hours of CCA since the 1,250 hours also includes direct supervisor contact, professional enrichment activities, workshops and training, and personal psychotherapy.	Performing CCA is an important part of practice in public settings and helps the practitioner provide recovery oriented care. This type of experience is already credited to applicants for licensure as a licensed clinical social worker (LCSW).
<b>Documents Verifying Employment of Interns</b>  OLD: None NEW: 4980.43 (b)(1)(2)*	None. Documents verifying employment of MFT Interns are not required.	<b>Applicants for MFT examination eligibility must submit W-2 tax forms for each setting in which experience was gained as an intern for each year. If volunteering, a letter from the “employer” will instead be required.</b>	Photocopies are acceptable. Also, a pay stub is acceptable in lieu of a W-2 for the current year.	Current law prohibits MFT interns and trainees from working as independent contractors but BBS has no way to verify that this is not occurring. This is not required for trainees since the relationship with the employer is mediated by the schools.
<b>Group Supervision</b>  OLD: 4980.43 (c)(3)* NEW: 4980.43 (c)(3)(5)*	Permits interns and trainees to obtain group supervision, which must consist of two hours per week.	<b>Permits weekly group supervision to be provided as follows:</b> <ul style="list-style-type: none"> <li>• Two one-hour segments</li> <li>• One two-hour session</li> </ul> <b>All group supervision must be provided during the same week as the experience claimed.</b>	Interns and trainees must have two full hours of group supervision (or one full hour of individual) for hours to be credited.	To provide clarity on this issue for staff, supervisors, and supervisees.
<b>Supervision by Videoconferencing</b>  OLD: None NEW: 4980.43 (c)(6)*	None. Supervision cannot be performed through the use of videoconferencing.	<b><u>Interns</u> working in a government entity, school, college or university or an institution both nonprofit and charitable may obtain all supervision via videoconferencing.</b>	Videoconferencing has not been defined other than it must be two-way and occur in real time. Not allowed for trainees.	This change is intended to increase the availability of supervision especially in rural areas, and also for those practicing in a specialty area who may not have access to a supervisor who is an expert in that area.

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<b>Supervision Requirements for Interns</b>  OLD: 4980.43 (c)(2)* NEW: 4980.43 (c)(2)(4)*	Interns must receive an average of one “unit” of supervision ( <i>one hour of individual or two hours of group</i> ) for every 10 hours of psychotherapy or counseling performed per week per setting.	<ul style="list-style-type: none"> <li>• <b>Interns may no longer average their supervision hours.</b></li> <li>• <b>Interns must receive one unit of supervision per week in each work setting where experience is gained.</b></li> <li>• <b>Interns must receive one additional unit of supervision during any week where more than 10 hours of client contact occurs in each setting.</b></li> </ul>	Supervision ratios and averages for trainees are NOT affected.	A typical MFT candidate must receive over 400 hours of supervision to be eligible for licensing. However, a typical LCSW candidate must receive around 150 hours of supervision. This disparity makes little sense given the overlapping scopes of practice and the limited availability of supervision.  This change also helps those who supervise both ASWs and MFT interns by making the weekly supervision requirements more similar.
<b>Telemedicine &amp; Telephone Counseling</b>  OLD: 4980.43 (a)(10)(12)* NEW: 4980.43 (a)(11)*	Not more than 125 hours providing psychotherapy via telemedicine  Not more than 250 hours of experience providing telephone counseling	<b>These categories are now combined into one “telemedicine” category, permitting a total of 375 hours providing psychotherapy, crisis counseling or other counseling services via telemedicine. Telemedicine is defined as using interactive (real time or near real time) audio, video, or data communications.</b>	The complete definition of telemedicine is provided in Business and Professions Code Section 2290.5. Telemedicine includes services provided over the telephone.	This change was intended to simplify the experience requirements by combining two similar categories into one.
<b>Trainee Hours</b>  OLD: 4980.43 (a)(9)* NEW: Same	Trainees cannot gain hours administering and evaluating psychological tests, or writing clinical reports, progress notes or process notes.	<b>Trainees may gain hours in any category, within the required minimums and maximums.</b>	Effective August 1, 2012, trainees will be required to gain an additional 75 practicum hours providing face-to-face counseling or client centered advocacy.	Current requirements relating to supervised experience are complex. This will simplify the hours that trainees can earn toward licensure.
<b>Treatment of Couples and Families Incentive</b>  OLD: 4980.43 (a)(11)* NEW: 4980.43 (a)(10)*	A minimum of 500 hours treating couples, families and children.	<b>Provides an incentive for interns and trainees to gain hours providing “conjoint treatment of couples and families” by allowing the first 150 hours of such work to be double-counted (150 hours counts as 300). The 500 hours requirement has not otherwise changed.</b>		Previously, applicants may have gained all 500 hours treating children exclusively and not have gained any experience providing therapy to couples or families.