## Board of Behavioral Sciences Order of Adoption

The Board of Behavioral Sciences of the Department of Consumer Affairs hereby amends and adopts regulations in Division 18 of Title 16 of the California Code of Regulations, as follows:

#### **AMEND § 1820 - EXPERIENCE**

- (a) In order for experience to qualify under Section 4999.50(a)(2) of the Code, it must have been gained in accordance with Sections 4999.44 through 4999.47 of the Code and the regulations contained in this article.
- (b) The term "supervision", as used in this article, includes ensuring that the extent, kind, and quality of counseling performed is consistent with the education, training, and experience of the person being supervised; reviewing client/patient records, monitoring and evaluating assessment, diagnosis, and treatment decisions of the intern; monitoring and evaluating the ability of the intern to provide services at the site(s) where he or she will be practicing and to the particular clientele being served; and ensuring compliance with laws and regulations governing the practice of professional clinical counseling. Supervision shall include that amount of direct observation, or review of audio or video tapes of counseling, as deemed appropriate by the supervisor.
- (c) The term "clinical setting," as used in this article means any setting that meets all the following requirements:
- (1) Lawfully and regularly provides mental health counseling or psychotherapy; and,
- (2) Provides oversight to ensure that the intern's work at the setting meets the experience and supervision requirements set forth in Chapter 16 (Commencing with Section 4999.10) of Division 2 of the Business and Professions Code and is within the scope of practice of the profession as specified therein.
- (d) The term "community mental health setting," as used in Section 4999.46 of the Code, means a clinical setting that meets all of the following requirements:
- (1) Lawfully and regularly provides mental health counseling or psychotherapy;
- (2) Clients routinely receive psychopharmacological interventions in conjunction with psychotherapy, counseling, or other psycho-social interventions;
- (3) Clients receive coordinated care that includes the collaboration of mental health providers; and.
- (4) Is not a private practice owned by a licensed professional clinical counselor, <u>licensed</u> marriage and family therapist, a licensed psychologist, a licensed clinical social worker, a licensed physician or surgeon, a professional corporation of any of these licensed professions or a corporation of unlicensed individuals.
- (e) Supervision shall be credited only upon the following conditions:
- (1) During each week in which experience is claimed and for each work setting in which experience is gained, an applicant or intern shall have at least one (1) hour of one-on-one, individual, face-to-face supervisor contact or two (2) hours of face-to-face supervisor contact in a group of not more than eight (8) persons receiving supervision. No more than five (5) hours of supervision, whether individual or group, shall be credited during any single week.
- (2) The applicant or intern shall have received at least one (1) hour of one-on-one, individual, face-to-face supervisor contact per week for a minimum of fifty-two (52) weeks.
- (3) In a setting which is not a private practice, the authorized supervisor may be employed by the applicant's employer on either a paid or a voluntary basis. If such employment is on a

voluntary basis, a written agreement must be executed between the supervisor and the organization, prior to commencement of supervision, in which the supervisor agrees to ensure that the extent, kind, and quality of counseling performed by the intern is consistent with the intern's training, education, and experience, and is appropriate in extent, kind, and quality. The agreement shall contain an acknowledgment by the employer that the employer: (A) Is aware of the licensing requirements that must be met by the intern and agrees not to interfere with the supervisor's legal and ethical obligations to ensure compliance with those requirements; and

- (B) Agrees to provide the supervisor access to clinical records of the clients counseled by the intern.
- (4) The applicant or intern maintains a record of all hours of experience gained toward licensure on the "Weekly Summary of Experience Hours for Professional Clinical Counselor Interns" (form No. 1800 37A-645 New 3/10 Revised 02/15), hereby incorporated by reference. The record of hours must be signed by the supervisor on a weekly basis. An intern shall retain all "Weekly Summary of Experience Hours for Professional Clinical Counselor Interns" until such time as the applicant is licensed by the board. The board shall have the right to require an applicant to submit all or such portions of the "Weekly Summary of Experience Hours for Professional Clinical Counselor Interns" as it deems necessary to verify hours of experience.
- (f) When an intern employed in private practice is supervised by someone other than the employer, the supervisor must be employed by and practice at the same site(s) as the intern's employer.

NOTE: Authority cited: Section 4990.20, 4999.48 and 4999.50, Business and Professions Code. Reference: Sections 4999.44, 4999.45, 4999.46, 4999.47 Business and Professions Code.

# AMEND §1820.5 EXPERIENCE WORKING DIRECTLY WITH COUPLES, <u>OR</u> FAMILIES, OR CHILDREN EXEMPTIONS FOR WORKING WITH COUPLES OR FAMILIES

- (a) Professional clinical counselor interns and clinical counselor trainees shall be exempt from Section 4999.20 (a)(3) of the Code if the intern or trainee meets both of the following requirements:
- (1) Is\_gaining supervised experience to comply with 4999.20(a)(3)(B), sections 4999.32(c)(3)(I), or 4999.33(c)(3)(K) of the Code; and,
- (2) The supervised experience is gained under the direct supervision of a marriage and family therapist or a licensed professional clinical counselor who meets all requirements specified in Section 4999.20 (a)(3) of the Code.
- (b) A licensed professional clinical counselor shall be exempt from Section 4999.20 (a)(3) of the Code if the licensee meets all of the following requirements:
- (1) Is gaining supervised experience to comply with Section 4999.20(a)(3)(B) of the Code;
- (2) The supervised experience is gained under the direct supervision of a marriage and family therapist or a licensee who meets all requirements specified in Section 4999.20 (a)(3) of the Code.
- (3) The licensed professional clinical counselor gaining the hours of supervised work experience to comply with Section 4999.20(a)(3) of the Code meets both of the following requirements:
- (A) Has completed, beyond the minimum training and education, six semester units or nine quarter units specifically focused on the theory and application of marriage and family therapy or a named specialization or emphasis area on the qualifying degree in marriage and family therapy; marriage, family, and child counseling; or couple and family therapy.
- (B) Completes a minimum of six hours of continuing education specific to marriage and family therapy, completed in each renewal cycle.

- (a) Clinical counselor trainees, as defined in Section 4999.12, shall be exempt from Section 4999.20 (a)(3) of the Code if the trainee is gaining supervised practicum experience to comply with sections 4999.32(c)(3)(I), or 4999.33(c)(3)(K) of the Code.
- (b) Trainees may not count supervised experience with couples or families toward the requirements of section 4999.20(a)(3) of the Code.
- (c) Professional clinical counselor interns and licensees shall be exempt from the scope of practice restrictions set forth in section 4999.20(a)(3) of the Code if the intern or licensee meets all of the following requirements:
- (1) Is gaining supervised experience to comply with Section 4999.20(a)(3)(B) or 4999.46(b)(2) of the Code.
- (2) The supervised experience is gained under the direct supervision of a licensee who meets the definition of an "approved supervisor" as described in Section 4999.12(h) of the Code. If the supervisor is a licensed professional clinical counselor, he or she must also meet all requirements specified in Section 4999.20(a)(3) of the Code. A supervisor who is a licensed clinical social worker, licensed psychologist, or licensed physician who is board certified in psychiatry, shall have sufficient education and experience in treating couples and families to competently practice couples and family therapy in California.
- (d) Collateral consultation may be provided to a family of an individual who is being treated by an LPCC or intern who does not meet the requirements of section 4999.20(a)(3) of the Code, and who is not working under supervision toward meeting the requirements of section 4999.20(a)(3) of the Code. Collateral contact with the family may include, but is not limited to, treatment planning, recommending resources, monitoring progress, or termination and aftercare planning.

NOTE: Authority cited: Sections 4990.20 and 4999.20, Business and Professions Code. Reference: Sections 4990.20, 4999.32, and 4999.33 Business and Professions Code.

### ADD §1820.7 - CONFIRMATION OF QUALIFICATIONS TO TREAT COUPLES OR FAMILIES

- (a) Effective January 1, 2017, a licensed professional clinical counselor shall obtain written confirmation from the board that he or she meets the requirements specified in 4999.20(a)(3) to treat couples and families, and shall provide a copy of this written confirmation to the clients prior to commencement of couple or family treatment.
- (b) Effective January 1, 2017, a licensed professional clinical counselor shall obtain written confirmation from the board that he or she meets the requirements specified in 4999.20(a)(3) to treat couples and families, and shall provide a copy of this written confirmation to the supervisees listed below prior to commencement of supervision:
- (1) A marriage and family therapist intern or trainee.
- (2) A licensed professional clinical counselor or professional clinical counselor intern gaining supervised experience to comply with section 4999.20(a)(3).
- (c) The board shall accept any of the following as documentation of the supervised experience required by section 4999.20(a)(3)(B) of the Code to treat couples and families:

- (1) Hours of experience verified by a qualified supervisor.
- (2) Hours of experience and supervisor's license information verified by the employer if the former supervisor is no longer available.
- (3) The board may consider other documentation deemed equivalent by the board on a caseby-case basis.

NOTE: Authority cited: Section 4990.20 Business and Professions Code. Reference: Sections 4990.20, 4999.32, and 4999.33 Business and Professions Code.

#### **AMEND § 1822 - SUPERVISORY PLAN**

- (a) All licensed mental health professionals acceptable to the board as defined in Section 4999.12 of the Code who assume responsibility for providing supervision <u>under section 4999.46 of the Code</u> shall develop a supervisory plan that describes the goals and objectives of supervision and shall complete and sign under penalty of perjury the "Supervisory Plan", (form no. 1800 37A-521, Rev. 3/10), hereby incorporated by reference.
- (b) This supervisory plan shall be completed by each supervisor providing supervision and the original signed plan shall be submitted by the professional clinical counselor intern to the board upon application for examination eligibility.

Note: Authority cited: Section 4990.20 and 4999.48 Business and Professions Code. Reference: Sections 4999.12, 4999.34, 4999.36, 4999.44 through 4999.48 and 4999.54 Business and Professions Code.

Dated:	Signed:	_
	Kim Madsen	
	Executive Officer	



(Please type or print clearly in ink)

#### Board of Behavioral Sciences

1625 North Market Blvd., Suite S200, Sacramento, CA 95834 Telephone: (916) 574-7830 TTY: (800) 326-2297 www.bbs.ca.gov



#### WEEKLY SUMMARY OF EXPERIENCE HOURS FOR PROFESSIONAL CLINICAL COUNSELOR INTERNS FOR HOURS GAINED ON OR AFTER JANUARY 1, 2014

This form shall be completed pursuant to title 16, California Code of Regulations (CCR) section 1820(e). Use a separate log for each supervised work setting. Keep a separate weekly summary form for hours gained prior to your Intern registration number being issued.

Name of PCC Intern: Last		First						Middle		BBS File No (if known)				
Name of Supervisor:  Name of Work Setting:														
Address of Work Setting: Number and Street							City, State, Zip							
							Is this setting a hospital or community mental health setting that meets the requirements of Title 16, CCR Section 1820(d)?  Yes No NOTE: A minimum of 150 hours of clinical experience in this type of setting is required.							
Note: Child counseling can be logged in any appropriate category as specified by your supervisor														
YEAR: WI	EEK OF:													Total Hours
<ol> <li>Individual Psychotherapy (performed by you) <u>Direct</u> Counseling of individuals (including children), groups couples, or families* (min. 1,750 hours)</li> </ol>	<u>.</u>													
a. Of the types of clients in category #1, how many h were gained treating couples, families, or children'														
<u>b.</u> Of the hours in category #1, how many were Grou Therapy or Counseling? (max. 500)	р													
c. Of the hours in category #1, how many were Telep Telehealth Counseling? (max. 250 375)	ohone													
2. Administering & evaluating psych. tests, writing clinic reports, writing progress or process notes (max. 250)														
3. Workshops, seminars, training sessions, or conferendirectly related to professional clinical counseling (ma 250)***	ces ax.													
4. Client Centered Advocacy (CCA)***														
5. Supervision, Individual Face-to-Face***														
6. Supervision, Group***														
Total Pe	r Week:													
*If seeing couples or families, your supervisor m meet qualifications listed in 16 CCR section 182						Sign	ature	of :	Supe	rviso	r			
**This line is for the purpose of tracking experied toward meeting the scope of practice requirements. Business and Professions Code (BPC) section 4999.20(a)(3)(B)		olgriature of Supervisor	Signature of Supervisor	Signature of Supervisor	Signature of Supervisor	Signature of Supervisor	Signature of Supervisor	Signature of Supervisor	Signature of Supervisor					
***When combined, these categories shall not e 1,250 hours of experience (BPC section 4999.46														



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#### SUPERVISORY PLAN

Title 16, California Code of Regulations (CCR) Sections 1870.1 and 1822 require all associate clinical social workers and professional clinical counselor interns and licensed mental health professionals acceptable to the Board as defined in Business and Professions Code Section 4996.23(a), 4999.12(h), and CCR Section 1874, who assume responsibility for providing supervision to those working toward a license as a Clinical Social Worker or Professional Clinical Counselor to complete and sign the following supervisory plan. The original signed plan shall be submitted by the registrant to the board upon application for examination eligibility.

REGISTR	ANT: (Please type or print clear	ly in ink.)								
Legal name	e: Last	First				Middle	Registration Number			
Address:		Numb	er and St	reet						
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	D SUPERVISOR: (Please type o		I	le s .						
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City						State	Zip Code			
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	e Practice	lity								
a. Governmental Entity  e. Social Rehabilitation Facility/Con								님		
b. Nonprofit and Charitable Corporation  G. Pediatric Day Health and Respite Care								님		
						d Alcoholism or Drug Abuse Recovery or Treatment Facility Inity Mental Health Facility				
Briefly desc	cribe the goals and objectives:				· · · · · · · · · · · · · · · · · · ·	, , , , , , , , , , , , , , , , , , ,				
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I certify that I understand the responsibilities regarding clinical supervision, including the supervisor's responsibility to perform ongoing assessments of the supervisee, and I declare under penalty of perjury under the laws of the State of										
California that the information submitted on this form is true and correct.										
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Supervisor's Signature						Date signed				
Registrant's Signature						Date signed				

The original of this form must be submitted to the board upon application for examination eligibility.