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# SUPERVISION COMMITTEE MEETING NOTICE February 5, 2016 10:00 a.m.

Phillips Graduate Institute 19900 Plummer Street Chatsworth, CA 91311

While the Board intends to webcast this meeting, it may not be possible to webcast the entire open meeting due to technical difficulties or limitations on resources. If you wish to participate or to have a guaranteed opportunity to observe, please plan to attend at the physical location.

- I. Call to Order and Establishment of Quorum
- II. Introductions\*
- III. Update on Prior Committee Decisions and Remaining list of Topics to Discuss
- IV. Discussion and Possible Recommendation Regarding Proposed Supervision Language Amendments for Licensed Marriage and Family Therapists
- V. Discussion and Possible Recommendation Regarding Actions to be Taken Upon the Death or Unavailability Due to Incapacitation of a Supervisor
- VI. Discussion and Possible Recommendation Regarding Proposed Language for a BBS Approved Supervisor Status
- VII. Discussion and Possible Recommendation Regarding Allowing Smaller Increments of Supervision to be Credited Toward Supervised Experience Hours
- VIII. Discussion and Possible Recommendation Regarding Amount of Supervision for Applicants in the Exam Cycle
- IX. Suggestion for Future Meeting Dates
- X. Suggestions for Future Agenda Items
- XI. Public Comment for Items not on the Agenda



Governor Edmund G. Brown Jr. State of California

Business, Consumer Services and Housing Agency

> Department of Consumer Affairs

#### XII. Adjournment

\*Introductions are voluntary for members of the public

Public Comment on items of discussion will be taken during each item. Time limitations will be determined by the Chairperson. Times and order of items are approximate and subject to change. Action may be taken on any item listed on the Agenda.

This agenda as well as Board meeting minutes can be found on the Board of Behavioral Sciences website at www.bbs.ca.gov.

NOTICE: The meeting is accessible to persons with disabilities. A person who needs a disability-related accommodation or modification in order to participate in the meeting may make a request by contacting Christina Kitamura at (916) 574-7835 or send a written request to Board of Behavioral Sciences, 1625 N. Market Blvd., Suite S-200, Sacramento, CA 95834. Providing your request at least five (5) business days before the meeting will help ensure availability of the requested accommodation.





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To: Supervision Committee Members Date: January 20, 2016

From: Christy Berger Telephone: (916) 574-7817

Regulatory Analyst

Subject: Update on Prior Committee Decisions and Remaining Topics to Discuss

All prior decisions made by the Supervision Committee have been incorporated into the proposed language in agenda item IV. Due to time constraints, we have had to narrow down the subjects remaining to be addressed by the Supervision Committee. Some of the topics that are not strictly supervision-related will be addressed by other committees as indicated on the following page.

#### **Topics Remaining**

- Supervision via videoconferencing
- Methods of monitoring/evaluating the supervisee
- Addressing issues related to supervisee performance (plan for remediation)
- Supervisory Plan form
- Supervisors being reachable while supervisee is providing services
- Supervisor not signing for hours/one-week notice requirement
- Review BBS Unprofessional Conduct code sections pertaining to supervision
- More thorough requirements to become a supervisor for individuals on probation
- Offsite or Contract Supervisors:
  - Do the current requirements pertaining to offsite supervision adequately protect the supervisor, supervisee and client?
  - Should offsite supervision requirements be made consistent between license types, keeping in mind possible differences needed for MFT Trainees since they are still in school?

#### Employment/Employers - To be addressed by Exempt Setting Committee

- Temp agency employers
- Should an intern who is not gaining experience hours be permitted to work as an independent contractor?
- Intern/trainee "mills"
- Supervisors employed by or under administrative supervision of the person he or she is supervising (i.e., cases where the registrant is also the executive director of a nonprofit employing the supervisor)

#### Other Issues - To be addressed by the Policy and Advocacy Committee

- 6-year limit on age of experience hours
- 6-year limit on working in a private practice

#### **Future Meeting Dates**

To be determined





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To: Supervision Committee Members Date: January 14, 2016

From: Rosanne Helms Telephone: (916) 574-7897

Legislative Analyst

Subject: LMFT Statute and Regulations: Proposed Supervision Amendments

**Attachment A** contains a first draft of proposed amendments to LMFT statute and regulations based on the prior discussions and decisions of this Committee. This draft is not intended to be a final product of the work of the Supervision Committee, but rather a starting point. It will need further amendments later, as the Committee is still discussing some topics related to supervision.

The amendments to both statute and regulations are extensive. Some sections have been reorganized by topic so that language is more concise, and so that specific subject areas are easier to find. Significant changes are as follows:

1. <u>Supervisors Licensed for at Least Two Years:</u> The amendments allow a licensee to supervise if he or she has been <u>actively</u> licensed in California <u>or in any other state</u> for at least two of the past five years immediately prior to commencing any supervision.

Sections Affected: BPC §4980.03(g)(1), CCR §1833.1(a)(1)

2. <u>Split BPC Section 4980.43:</u> BPC Section 4980.43 has been divided into smaller sections, with each new section focused on a specific topic of supervision.

Sections Affected: BPC §§4980.43-4980.43.4

**3.** <u>Definition of Supervision:</u> The definition of "supervision" has been revised to include responsibility for, and control of, the quality of services being provided. The amendments also state that consultation or peer discussion is not supervision. These changes are consistent with what is already in LCSW and LPCC law.

A statement about providing regular feedback to the intern or trainee has also been included.

Section Affected: BPC §4980.43.1(b)

4. <u>Direct Supervisor Contact:</u> There have been revisions to the basis for the amount of required direct supervisor contact. Currently, trainees and interns must receive one hour of direct supervisor contact when they perform a specified amount of <u>client contact</u> in each setting.

The amendment changes "client contact" to "face-to-face psychotherapy" as the basis for which the amount of supervision is determined. This is consistent with current LCSW and LPCC law.

Section Affected: BPC §4980.43.2(a)(1), (2)

**5.** <u>Definition of "One Hour of Direct Supervisor Contact"</u>; <u>Triadic Supervision:</u> These revisions provide a specific definition of one hour of direct supervisor contact. Triadic supervision is included in this definition.

Section Affected: BPC §4980.43.2(a)(3)

**6.** <u>Definition of a Week for Supervision Purposes:</u> The law currently requires direct supervisor contact to occur in the same week as the hours claimed. This amendment defines a week as beginning on Sunday and ending on the following Saturday.

Section Affected: BPC §4980.43.2(a)(4)

7. <u>Amount of Individual Supervision:</u> Current regulations specify that one hour per week of supervision for 52 weeks must be individual supervision.

Staff believes this requirement is significant and it is more appropriately stated in statute rather than regulations. The requirement has also been amended to allow this 52 weeks of supervision to either be individual or triadic.

Section Affected: BPC §4980.43.2(a)(5)

**8.** <u>Supervision in a Group:</u> Current law allows group supervision to consist of up to 8 supervisees. An amendment states that the supervisor must ensure that the amount of supervision is appropriate to each supervisee's needs in order to ensure client safety.

Section Affected: BPC §4980.43.2(a)(6)

**9.** <u>Supervision in a Non-Private Practice Setting:</u> Currently, a supervisor in a non-private practice only needs to sign a written agreement with the organization if he or she is a

volunteer. An amendment was made to require a written agreement when the setting is a non-private practice and the supervisor is not employed by the applicant's employer or is a volunteer.

Sections Affected: BPC §4980.43.4(e) and (f), CCR §1833(a)

**10.** <u>Unprofessional Conduct:</u> This section currently states that the following two items are unprofessional conduct:

4982(r) Any conduct in the supervision of any registered intern, associate clinical social worker, or trainee by any licensee that violates this chapter or any rules or regulations adopted by the board.

4982 (u) The violation of any statute or regulation governing the gaining and supervision of experience required by this chapter.

Staff believes these two sections are duplicative, and that subsection 4982(r) is unnecessary. Subsection 4982(u) already gives the Board the authority to take disciplinary action on, or to issue a cite and fine to, a licensee or registrant who violates any of the supervision provisions in statute and regulation. Therefore, this proposal deletes subsection 4982(r).

In addition, unprofessional conduct language related to discipline is inconsistent between LMFT, LCSW, and LPCC law. For consistency, the language in 4982(u) will be amended into the LCSW and LPCC unprofessional conduct provisions as well.

Section Affected: BPC §4982

11. <u>Delete Duplicative and Obsolete Language in Regulations</u>: Many of the provisions in regulation section 1833 are either already in statute, or they became obsolete with the passage of SB 620 (Chapter 262, Statutes of 2015), which streamlined many of the supervised experience hour requirements for licensure. These subsections were deleted. Other subsections were moved to statute, if staff believed that location was more appropriate. The remaining provisions of section 1833 discuss specific forms that supervisors or supervisees are required to complete.

Section Affected: CCR §1833

12. Required Training and Coursework for Supervisors: A section was added to regulations to require supervisors commencing supervision for the first time to complete a 15 hour supervision course covering specified topic areas. This is consistent with a similar requirement already in place for LCSW supervisors. Age limits for the course are specified, and the course can be counted as continuing education if taken from an accepted provider. Any supervisor who has not supervised in 2 of the last 5 years, must re-take the course.

This new section also specifies that supervisors must complete 6 hours of continuing professional development in each renewal period while supervising. This can consist of a

supervision course, or other professional development activities such as teaching, research, or supervision mentoring.

In place of the above requirements, a supervisor may obtain and maintain a supervision certification from a one of four specified entities. The Board also has discretion to accept certification from another entity if it believes its requirements are equivalent or greater. Such a certification exempts the supervisor from the 15 hour coursework and 6 hour professional development requirements, and it allows them to waive the requirement that they must be licensed for two years prior to commencing any supervision.

The proposed language is specifically worded so that it only applies to supervisors who are also Board licensees. Supervisors who are licensed psychologists or psychiatrists would not need to complete the supervision training and coursework.

Section Added: CCR §1834

13. <u>Documentation of Supervisor Qualifications and Audits:</u> A regulation section was added to allow the Board to audit supervisor's records to verify they meet the supervisor qualifications. It requires supervisors to maintain records of completion of the required supervisor qualifications for eight years after the completion of supervision, and to make these records available to the Board for an audit upon request.

The Board would likely audit a supervisor during a continuing education audit or if a complaint was received. The "Responsibility Statement for Supervisors of a Marriage and Family Therapist Trainee or Intern" (revised 3/10, form #1800 37A-523), which supervisors must sign under penalty of perjury, will need to be amended to include the supervisor qualifications as well as instructions for appropriate documentation.

Section Added: CCR §1835

#### **ATTACHMENTS:**

**Attachment A:** Proposed LMFT Supervision Language

Attachment B: Reference Sections - Current Law: BPC §4980.43, 16 CCR §§ 1833,

1833.1, 1833.2

## ATTACHMENT A PROPOSED LMFT SUPERVISION LANGUAGE

#### §4980.03. **DEFINITIONS**

- (a) "Board," as used in this chapter, means the Board of Behavioral Sciences.
- (b) "Intern," as used in this chapter, means an unlicensed person who has earned his or her master's or doctoral degree qualifying him or her for licensure and is registered with the board.
- (c) "Trainee," as used in this chapter, means an unlicensed person who is currently enrolled in a master's or doctoral degree program, as specified in Sections 4980.36 and 4980.37, that is designed to qualify him or her for licensure under this chapter, and who has completed no less than 12 semester units or 18 quarter units of coursework in any qualifying degree program.
- (d) "Applicant," as used in this chapter, means an unlicensed person who has completed a master's or doctoral degree program, as specified in Sections 4980.36 and 4980.37, and whose application for registration as an intern is pending, or an unlicensed person who has completed the requirements for licensure as specified in this chapter, is no longer registered with the board as an intern, and is currently in the examination process.
- (e) "Advertise," as used in this chapter, includes, but is not limited to, any public communication, as defined in subdivision (a) of Section 651, the issuance of any card, sign, or device to any person, or the causing, permitting, or allowing of any sign or marking on, or in, any building or structure, or in any newspaper or magazine or in any directory, or any printed matter whatsoever, with or without any limiting qualification. Signs within religious buildings or notices in church bulletins mailed to a congregation shall not be construed as advertising within the meaning of this chapter.
- (f) "Experience," as used in this chapter, means experience in interpersonal relationships, psychotherapy, marriage and family therapy, direct counseling, and nonclinical practice that satisfies the requirements for licensure as a marriage and family therapist pursuant to Section 4980.40.
- (g) "Supervisor," as used in this chapter, means an individual who meets all of the following requirements:
- (1) Has been <u>actively</u> licensed by a state regulatory agency in California or in any other state for at least two <u>of the past five</u> years as a marriage and family therapist, licensed clinical social worker, licensed professional clinical counselor, licensed psychologist, or licensed physician certified in psychiatry by the American Board of Psychiatry and Neurology-, immediately prior to <u>commencing any supervision</u>.
- (2) If a licensed professional clinical counselor, the individual shall meet the additional training and education requirements specified in paragraph (3) of subdivision (a) of Section 4999.20.
- (3) Has not provided therapeutic services to the trainee or intern.
- (4) Has <u>and maintains</u> a current and <u>validactive</u> <u>California</u> license that is not under suspension or probation.

- (5) Complies with supervision requirements established by this chapter and by board regulations.
- (h) "Client centered advocacy," as used in this chapter, includes, but is not limited to, researching, identifying, and accessing resources, or other activities, related to obtaining or providing services and supports for clients or groups of clients receiving psychotherapy or counseling services.

#### §4980.43. PROFESSIONAL EXPERIENCE; INTERNS OR TRAINEES

- (a) To qualify for licensure as specified in Section 4980.40, each applicant shall complete experience related to the practice of marriage and family therapy under a supervisor who meets the qualifications set forth in Section 4980.03. The experience shall comply with the following:
- (1) A minimum of 3,000 hours of supervised experience completed during a period of at least 104 weeks.
- (2) A maximum of 40 hours in any seven consecutive days.
- (3) A minimum of 1,700 hours obtained after the qualifying master's or doctoral degree was awarded.
- (4) A maximum of 1,300 hours obtained prior to the award date of the qualifying master's or doctoral degree.
- (5) A maximum of 750 hours of counseling and direct supervisor contact prior to the award date of the qualifying master's or doctoral degree.
- (6) No hours of experience may be gained prior to completing either 12 semester units or 18 quarter units of graduate instruction.
- (7) No hours of experience may be gained more than six years prior to the date the application for examination eligibility was filed, except that up to 500 hours of clinical experience gained in the supervised practicum required by subdivision (c) of Section 4980.37 and subparagraph (B) of paragraph (1) of subdivision (d) of Section 4980.36 shall be exempt from this six-year requirement.
- (8) A minimum of 1,750 hours of direct counseling with individuals, groups, couples, or families, that includes not less than 500 total hours of experience in diagnosing and treating couples, families, and children.
- (9) A maximum of 1,250 hours of nonclinical practice, consisting of direct supervisor contact, administering and evaluating psychological tests, writing clinical reports, writing progress or process notes, client centered advocacy, and workshops, seminars, training sessions, or conferences directly related to marriage and family therapy that have been approved by the applicant's supervisor.
- (10) It is anticipated and encouraged that hours of experience will include working with elders and dependent adults who have physical or mental limitations that restrict their ability to carry out normal activities or protect their rights.

This subdivision shall only apply to hours gained on and after January 1, 2010.

- (b) An individual who submits an application for examination eligibility between January 1, 2016, and December 31, 2020, may alternatively qualify under the experience requirements that were in place on January 1, 2015.
- (c) All applicants, trainees, and registrants shall be at all times under the supervision of a supervisor who shall be responsible for ensuring that the extent, kind, and quality of counseling performed is consistent with the training and experience of the person being supervised, and who shall be responsible to the board for compliance with all laws, rules, and regulations governing the practice of marriage and family therapy. Supervised experience shall be gained by an intern or trainee only as an employee or as a volunteer. The requirements of this chapter regarding gaining hours of experience and supervision are applicable equally to employees and volunteers. Experience shall not be gained by an intern or trainee as an independent contractor.
- (1) If employed, an intern shall provide the board with copies of the corresponding W-2 tax forms for each year of experience claimed upon application for licensure.
- (2) If volunteering, an intern shall provide the board with a letter from his or her employer verifying the intern's employment as a volunteer upon application for licensure.
- (d) Except for experience gained by attending workshops, seminars, training sessions, or conferences as described in paragraph (9) of subdivision (a), supervision shall include at least one hour of direct supervisor contact in each week for which experience is credited in each work setting, as specified:
- (1) A trainee shall receive an average of at least one hour of direct supervisor contact for every five hours of client contact in each setting. No more than six hours of supervision, whether individual or group, shall be credited during any single week.
- (2) An individual supervised after being granted a qualifying degree shall receive at least one additional hour of direct supervisor contact for every week in which more than 10 hours of client contact is gained in each setting. No more than six hours of supervision, whether individual or group, shall be credited during any single week.
- (3) For purposes of this section, "one hour of direct supervisor contact" means one hour per week of face-to-face contact on an individual basis or two hours per week of face-to-face contact in a group.
- (4) Direct supervisor contact shall occur within the same week as the hours claimed.
- (5) Direct supervisor contact provided in a group shall be provided in a group of not more than eight supervisees and in segments lasting no less than one continuous hour.
- (6) Notwithstanding paragraph (3), an intern working in a governmental entity, a school, a college, or a university, or an institution that is both nonprofit and charitable may obtain the required weekly direct supervisor contact via two-way, real-time videoconferencing. The supervisor shall be responsible for ensuring that client confidentiality is upheld.
- (7) All experience gained by a trainee shall be monitored by the supervisor as specified by regulation.

- (8) The six hours of supervision that may be credited during any single week pursuant to paragraphs (1) and (2) shall apply to supervision hours gained on or after January 1, 2009.
- (e) (1) A trainee may be credited with supervised experience completed in any setting that meets all of the following:
- (A) Lawfully and regularly provides mental health counseling or psychotherapy.
- (B) Provides oversight to ensure that the trainee's work at the setting meets the experience and supervision requirements set forth in this chapter and is within the scope of practice for the profession as defined in Section 4980.02.
- (C) Is not a private practice owned by a licensed marriage and family therapist, a licensed professional clinical counselor, a licensed psychologist, a licensed clinical social worker, a licensed physician and surgeon, or a professional corporation of any of those licensed professions.
- (2) Experience may be gained by the trainee solely as part of the position for which the trainee volunteers or is employed.
- (f) (1) An intern may be credited with supervised experience completed in any setting that meets both of the following:
- (A) Lawfully and regularly provides mental health counseling or psychotherapy.
- (B) Provides oversight to ensure that the intern's work at the setting meets the experience and supervision requirements set forth in this chapter and is within the scope of practice for the profession as defined in Section 4980.02.
- (2) An applicant shall not be employed or volunteer in a private practice, as defined in subparagraph (C) of paragraph (1) of subdivision (e), until registered as an intern.
- (3) While an intern may be either a paid employee or a volunteer, employers are encouraged to provide fair remuneration to interns.
- (4) Except for periods of time during a supervisor's vacation or sick leave, an intern who is employed or volunteering in private practice shall be under the direct supervision of a licensee that has satisfied subdivision (g) of Section 4980.03. The supervising licensee shall either be employed by and practice at the same site as the intern's employer, or shall be an owner or shareholder of the private practice. Alternative supervision may be arranged during a supervisor's vacation or sick leave if the supervision meets the requirements of this section.
- (5) Experience may be gained by the intern solely as part of the position for which the intern volunteers or is employed.
- (g) Except as provided in subdivision (h), all persons shall register with the board as an intern to be credited for postdegree hours of supervised experience gained toward licensure.
- (h) Postdegree hours of experience shall be credited toward licensure so long as the applicant applies for the intern registration within 90 days of the granting of the qualifying master's or doctoral degree and is thereafter granted the intern registration by the board. An applicant shall not be employed or volunteer in a private practice until registered as an intern by the board.

- (i) Trainees, interns, and applicants shall not receive any remuneration from patients or clients, and shall only be paid by their employers.
- (j) Trainees, interns, and applicants shall only perform services at the place where their employers regularly conduct business, which may include performing services at other locations, so long as the services are performed under the direction and control of their employer and supervisor, and in compliance with the laws and regulations pertaining to supervision. For purposes of paragraph (3) of subdivision (a) of Section 2290.5, interns and trainees working under licensed supervision, consistent with subdivision (c), may provide services via telehealth within the scope authorized by this chapter and in accordance with any regulations governing the use of telehealth promulgated by the board. Trainees and interns shall have no proprietary interest in their employers' businesses and shall not lease or rent space, pay for furnishings, equipment, or supplies, or in any other way pay for the obligations of their employers.
- (k) Trainees, interns, or applicants who provide volunteered services or other services, and who receive no more than a total, from all work settings, of five hundred dollars (\$500) per month as reimbursement for expenses actually incurred by those trainees, interns, or applicants for services rendered in any lawful work setting other than a private practice shall be considered employees and not independent contractors. The board may audit applicants who receive reimbursement for expenses, and the applicants shall have the burden of demonstrating that the payments received were for reimbursement of expenses actually incurred.
- (I) Each educational institution preparing applicants for licensure pursuant to this chapter shall consider requiring, and shall encourage, its students to undergo individual, marital or conjoint, family, or group counseling or psychotherapy, as appropriate. Each supervisor shall consider, advise, and encourage his or her interns and trainees regarding the advisability of undertaking individual, marital or conjoint, family, or group counseling or psychotherapy, as appropriate. Insofar as it is deemed appropriate and is desired by the applicant, the educational institution and supervisors are encouraged to assist the applicant in locating that counseling or psychotherapy at a reasonable cost.

#### §4980.43.1 SUPERVISION DEFINITION; REGISTRATION AS AN INTERN

- (a) All applicants, trainees, and registrants shall be at all times under the supervision of a supervisor as specified in this chapter and by regulation.
- (b) The term "supervision", as used in this chapter, means responsibility for, and control of, the quality of services being provided. It includes ensuring that the extent, kind, and quality of counseling performed is consistent with the education, training, and experience of the person being supervised; reviewing client/patient records, monitoring and evaluating assessment, diagnosis, and treatment decisions of the intern or trainee and providing regular feedback; monitoring and evaluating the ability of the intern or trainee to provide services at the site(s) where he or she will be practicing and to the particular clientele being served; and ensuring compliance with laws and regulations governing the practice of marriage and family therapy. Supervision shall include that amount of direct observation, or review of audio or video tapes of therapy, as deemed appropriate by the supervisor. Consultation or peer discussion shall not be considered to be supervision.
- (c) Except as provided in subdivision (d), all persons shall register with the board as an intern to be credited for postdegree hours of supervised experience gained toward licensure.

(d) Postdegree hours of experience shall be credited toward licensure so long as the applicant applies for the intern registration within 90 days of the granting of the qualifying master's or doctoral degree and is thereafter granted the intern registration by the board. An applicant shall not be employed or volunteer in a private practice until registered as an intern by the board.

#### §4980.43.2 DIRECT SUPERVISOR CONTACT

- (a) Except for experience gained by attending workshops, seminars, training sessions, or conferences as described in paragraph (9) of subdivision (a) of section 4980.43, supervision shall include at least one hour of direct supervisor contact in each week for which experience is credited in each work setting, as specified:
- (1) A trainee shall receive an average of at least one hour of direct supervisor contact for every five hours of client contact face-to-face psychotherapy that is performed in each setting. No more than six hours of supervision, whether individual or group, shall be credited during any single week.
- (2) An individual supervised after being granted a qualifying degree shall receive at least one additional hour of direct supervisor contact for every week in which more than 10 hours of client contactface-to-face psychotherapy is gained performed in each setting. No more than six hours of supervision, whether individual or group, shall be credited during any single week.
- (3) For purposes of this section, "one hour of direct supervisor contact" means any of the following:
  - i. <u>Face-to-face contact between one supervisor and one supervisee for one hour.</u>
  - ii. <u>Face-to-face contact between one supervisor and two supervisees for one hour.</u>
  - iii. Face-to-face contact between one supervisee and no more than eight supervisees for two hours.
- (4) Direct supervisor contact shall occur within the same week as the hours claimed. For purposes of this section, a week begins on Sunday and ends on the following Saturday.
- (5) The applicant shall have received at least one (1) hour per week of face-to-face supervisor contact meeting the criteria of subdivisions (i) or (ii) of paragraph (3), for a minimum of 52 weeks.
- (6) Direct supervisor contact provided in a group shall be provided in a group of not more than eight supervisees and in segments lasting no less than one continuous hour. The supervisor shall ensure that the amount and degree of supervision is appropriate to each supervisee's needs in order to ensure client safety.
- (7) Notwithstanding paragraph (3), an intern working in a governmental entity, a school, a college, or a university, or an institution that is both nonprofit and charitable may obtain the required weekly direct supervisor contact via two-way, real-time videoconferencing. The supervisor shall be responsible for ensuring that client confidentiality is upheld.
- (8) All experience gained by a trainee shall be monitored by the supervisor as specified by this chapter and by regulation.

(9) The six hours of supervision that may be credited during any single week pursuant to paragraphs (1) and (2) shall apply to supervision hours gained on or after January 1, 2009.

### §4980.43.3 SUPERVISION: ACCEPTABLE SETTINGS; ACCEPTABLE SUPERVISION PRACTICES

- (a) Supervised experience shall be gained by an intern or trainee only as an employee or as a volunteer. The requirements of this chapter regarding gaining hours of experience and supervision are applicable equally to employees and volunteers. Experience shall not be gained by an intern or trainee as an independent contractor.
- (1) If employed, an intern shall provide the board with copies of the corresponding W-2 tax forms for each year of experience claimed upon application for licensure.
- (2) If volunteering, an intern shall provide the board with a letter from his or her employer verifying the intern's employment as a volunteer upon application for licensure.
- (b) (1) A trainee shall not perform services in a private practice. A trainee may be credited with supervised experience completed in any setting that meets all of the following:
- (A) Lawfully and regularly provides mental health counseling or psychotherapy.
- (B) Provides oversight to ensure that the trainee's work at the setting meets the experience and supervision requirements set forth in this chapter and is within the scope of practice for the profession as defined in Section 4980.02.
- (C) Is not a private practice owned by a licensed marriage and family therapist, a licensed professional clinical counselor, a licensed psychologist, a licensed clinical social worker, a licensed physician and surgeon, or a professional corporation of any of those licensed professions.
- (2) Experience may be gained by the trainee solely as part of the position for which the trainee volunteers or is employed.
- (c) (1) An intern may be credited with supervised experience completed in any setting that meets both of the following:
- (A) Lawfully and regularly provides mental health counseling or psychotherapy.
- (B) Provides oversight to ensure that the intern's work at the setting meets the experience and supervision requirements set forth in this chapter and is within the scope of practice for the profession as defined in Section 4980.02.
- (2) An applicant shall not be employed or volunteer in a private practice, as defined in subparagraph (C) of paragraph (1) of subdivision (b), until registered as an intern.
- (3) While an intern may be either a paid employee or a volunteer, employers are encouraged to provide fair remuneration to interns.
- (4) Experience may be gained by the intern solely as part of the position for which the intern volunteers or is employed.
- (d) Any experience obtained under the supervision of a spouse, relative, or domestic partner

shall not be credited toward the required hours of supervised experience. Any experience obtained under the supervision of a supervisor with whom the applicant has had or currently has a personal or business relationship which undermines the authority or effectiveness of the supervisor shall not be credited toward the required hours of supervised experience.

- (e) Trainees, interns, and applicants shall not receive any remuneration from patients or clients, and shall only be paid by their employers.
- (f) Trainees and interns shall have no proprietary interest in their employers' businesses and shall not lease or rent space, pay for furnishings, equipment, or supplies, or in any other way pay for the obligations of their employers.
- (g) Trainees, interns, or applicants who provide volunteered services or other services, and who receive no more than a total, from all work settings, of five hundred dollars (\$500) per month as reimbursement for expenses actually incurred by those trainees, interns, or applicants for services rendered in any lawful work setting other than a private practice shall be considered employees and not independent contractors. The board may audit applicants who receive reimbursement for expenses, and the applicants shall have the burden of demonstrating that the payments received were for reimbursement of expenses actually incurred.
- (h) For purposes of paragraph (3) of subdivision (a) of Section 2290.5, interns and trainees working under licensed supervision, consistent with this chapter, may provide services via telehealth within the scope authorized by this chapter and in accordance with any regulations governing the use of telehealth promulgated by the board.
- (i) Each educational institution preparing applicants for licensure pursuant to this chapter shall consider requiring, and shall encourage, its students to undergo individual, marital or conjoint, family, or group counseling or psychotherapy, as appropriate. Each supervisor shall consider, advise, and encourage his or her interns and trainees regarding the advisability of undertaking individual, marital or conjoint, family, or group counseling or psychotherapy, as appropriate. Insofar as it is deemed appropriate and is desired by the applicant, the educational institution and supervisors are encouraged to assist the applicant in locating that counseling or psychotherapy at a reasonable cost.

## §4980.45. EMPLOYMENT OR SUPERVISION OF REGISTRANTS; MAXIMUM NUMBER OF REGISTRANTS 4980.43.4 SUPERVISION AND EMPLOYMENT SETTINGS

- (a) Trainees, interns, and applicants shall only perform services at the place where their employers regularly conduct business, which may include performing services at other locations, so long as the services are performed under the direction and control of their employer and their supervisor, and in compliance with the lawsstatutes and regulations pertaining to supervision.
- (b) Except for periods of time during a supervisor's vacation or sick leave, an intern who is employed or volunteering in private practice shall be under the direct supervision of a licensee that has satisfied subdivision (g) of Section 4980.03. The supervising licensee shall supervisor who is either be employed by and practices at the same site as the intern's employer, or shall be an owner or shareholder of the private practice.

(a)(c) A licensed professional in private practice who has satisfied the requirements of subdivision (g) of Section 4980.03 may supervise or employ, at any one time, no more than a total of three individuals registered as a marriage and family therapist intern, clinical counselor intern, or associate clinical social worker in that private practice.

(b)(d) A marriage and family therapy corporation may employ, at any one time, no more than a total of three individuals registered as a marriage and family therapist intern, clinical counselor intern, or associate clinical social worker for each employee or shareholder who has satisfied the requirements of subdivision (g) of Section 4980.03. In no event shall any marriage and family therapy corporation employ, at any one time, more than a total of 15 individuals registered as a marriage and family therapist intern, clinical counselor intern, or associate clinical social worker. In no event shall any supervisor supervise, at any one time, more than a total of three individuals registered as either a marriage and family therapist intern, clinical counselor intern, or associate clinical social worker. Persons who supervise individuals registered as either a marriage and family therapist intern, clinical counselor intern, or associate clinical social worker shall be employed full time by the marriage and family therapy corporation and shall be actively engaged in performing professional services at and for the marriage and family therapy corporation. Employment and supervision within a marriage and family therapy corporation shall be subject to all laws and regulations governing experience and supervision gained in a private practice setting.

(e) In a private practice setting, the intern's supervisor must be an owner or shareholder of the private practice or be employed by the private practice. Additionally, the supervisor must practice at the same site as the applicant.

(f) In a setting which is not a private practice, a written agreement, as specified in regulation, must be executed between the applicant's supervisor and employer when the supervisor is not employed by the applicant's employer or is a volunteer.

(g) In any setting that is not a private practice, a supervisor shall evaluate the site(s) where a trainee or intern will be gaining hours of experience toward licensure and shall determine that: (1) the site(s) provides experience which is within the scope of practice of a marriage and family therapist; and (2) the experience is in compliance with the requirements set forth in section 1833 and section 4980.43 of the Code. this chapter and in regulation.

(h) Alternative supervision for an intern or trainee may be arranged during a supervisor's vacation or sick leave if the supervision meets the requirements set forth in this chapter and in regulation.

#### §4982. UNPROFESSIONAL CONDUCT

The board may deny a license or registration or may suspend or revoke the license or registration of a licensee or registrant if he or she has been guilty of unprofessional conduct. Unprofessional conduct includes, but is not limited to, the following:

(a) The conviction of a crime substantially related to the qualifications, functions, or duties of a licensee or registrant under this chapter. The record of conviction shall be conclusive evidence only of the fact that the conviction occurred. The board may inquire into the circumstances surrounding the commission of the crime in order to fix the degree of discipline or to determine if the conviction is substantially related to the qualifications, functions, or duties of a licensee or registrant under this chapter. A plea or verdict of guilty or a conviction following a plea of nolo contendere made to a charge substantially related to the qualifications, functions, or duties of a

licensee or registrant under this chapter shall be deemed to be a conviction within the meaning of this section. The board may order any license or registration suspended or revoked, or may decline to issue a license or registration when the time for appeal has elapsed, or the judgment of conviction has been affirmed on appeal, or, when an order granting probation is made suspending the imposition of sentence, irrespective of a subsequent order under Section 1203.4 of the Penal Code allowing the person to withdraw a plea of guilty and enter a plea of not guilty, or setting aside the verdict of guilty, or dismissing the accusation, information, or indictment.

- (b) Securing a license or registration by fraud, deceit, or misrepresentation on any application for licensure or registration submitted to the board, whether engaged in by an applicant for a license or registration, or by a licensee in support of any application for licensure or registration.
- (c) Administering to himself or herself any controlled substance or using of any of the dangerous drugs specified in Section 4022, or of any alcoholic beverage to the extent, or in a manner, as to be dangerous or injurious to the person applying for a registration or license or holding a registration or license under this chapter, or to any other person, or to the public, or, to the extent that the use impairs the ability of the person applying for or holding a registration or license to conduct with safety to the public the practice authorized by the registration or license. The board shall deny an application for a registration or license or revoke the license or registration of any person, other than one who is licensed as a physician and surgeon, who uses or offers to use drugs in the course of performing marriage and family therapy services.
- (d) Gross negligence or incompetence in the performance of marriage and family therapy.
- (e) Violating, attempting to violate, or conspiring to violate any of the provisions of this chapter or any regulation adopted by the board.
- (f) Misrepresentation as to the type or status of a license or registration held by the person, or otherwise misrepresenting or permitting misrepresentation of his or her education, professional qualifications, or professional affiliations to any person or entity.
- (g) Impersonation of another by any licensee, registrant, or applicant for a license or registration, or, in the case of a licensee, allowing any other person to use his or her license or registration.
- (h) Aiding or abetting, or employing, directly or indirectly, any unlicensed or unregistered person to engage in conduct for which a license or registration is required under this chapter.
- (i) Intentionally or recklessly causing physical or emotional harm to any client.
- (j) The commission of any dishonest, corrupt, or fraudulent act substantially related to the qualifications, functions, or duties of a licensee or registrant.
- (k) Engaging in sexual relations with a client, or a former client within two years following termination of therapy, soliciting sexual relations with a client, or committing an act of sexual abuse, or sexual misconduct with a client, or committing an act punishable as a sexually related crime, if that act or solicitation is substantially related to the qualifications, functions, or duties of a marriage and family therapist.
- (I) Performing, or holding oneself out as being able to perform, or offering to perform, or permitting any trainee or registered intern under supervision to perform, any professional services beyond the scope of the license authorized by this chapter.

- (m) Failure to maintain confidentiality, except as otherwise required or permitted by law, of all information that has been received from a client in confidence during the course of treatment and all information about the client that is obtained from tests or other means.
- (n) Prior to the commencement of treatment, failing to disclose to the client or prospective client the fee to be charged for the professional services, or the basis upon which that fee will be computed.
- (o) Paying, accepting, or soliciting any consideration, compensation, or remuneration, whether monetary or otherwise, for the referral of professional clients. All consideration, compensation, or remuneration shall be in relation to professional counseling services actually provided by the licensee. Nothing in this subdivision shall prevent collaboration among two or more licensees in a case or cases. However, no fee shall be charged for that collaboration, except when disclosure of the fee has been made in compliance with subdivision (n).
- (p) Advertising in a manner that is false, fraudulent, misleading, or deceptive, as defined in Section 651.
- (q) Reproduction or description in public, or in any publication subject to general public distribution, of any psychological test or other assessment device, the value of which depends in whole or in part on the naivete of the subject, in ways that might invalidate the test or device.
- (r) Any conduct in the supervision of any registered intern, associate clinical social worker, or trainee by any licensee that violates this chapter or any rules or regulations adopted by the board.
- (sr) Performing or holding oneself out as being able to perform professional services beyond the scope of one's competence, as established by one's education, training, or experience. This subdivision shall not be construed to expand the scope of the license authorized by this chapter.
- (ts) Permitting a trainee or registered intern under one's supervision or control to perform, or permitting the trainee or registered intern to hold himself or herself out as competent to perform, professional services beyond the trainee's or registered intern's level of education, training, or experience.
- (ut) The violation of any statute or regulation governing the gaining and supervision of experience required by this chapter.
- (yu) Failure to keep records consistent with sound clinical judgment, the standards of the profession, and the nature of the services being rendered.
- (wv) Failure to comply with the child abuse reporting requirements of Section 11166 of the Penal Code.
- (<u>xw</u>) Failure to comply with the elder and dependent adult abuse reporting requirements of Section 15630 of the Welfare and Institutions Code.
- (yx) Willful violation of Chapter 1 (commencing with Section 123100) of Part 1 of Division 106 of the Health and Safety Code.

- (zy) Failure to comply with Section 2290.5.
- (aaz) (1) Engaging in an act described in Section 261, 286, 288a, or 289 of the Penal Code with a minor or an act described in Section 288 or 288.5 of the Penal Code regardless of whether the act occurred prior to or after the time the registration or license was issued by the board. An act described in this subdivision occurring prior to

the effective date of this subdivision shall constitute unprofessional conduct and shall subject the licensee to refusal, suspension, or revocation of a license under this section.

- (2) The Legislature hereby finds and declares that protection of the public, and in particular minors, from sexual misconduct by a licensee is a compelling governmental interest, and that the ability to suspend or revoke a license for sexual conduct with a minor occurring prior to the effective date of this section is equally important to protecting the public as is the ability to refuse a license for sexual conduct with a minor occurring prior to the effective date of this section.
- (ab) Engaging in any conduct that subverts or attempts to subvert any licensing examination or the administration of an examination as described in Section 123.

#### §1833. EXPERIENCESUPERVISION: REQUIRED DOCUMENTATION

- (a) In order for experience to qualify under Section 4980.40 of the Code, it must meet the following criteria:
- (1) It, it must have been gained in accordance with Sections 4980.42 through 4980.45 of the Code and the regulations contained in this article.
- (2) Experience shall not be credited for more than forty (40) hours in any week.
- (3) No more than five hundred (500) hours of experience will be credited for providing group therapy or group counseling.
- (4) For any person who enrolls in a qualifying degree program on or after January 1, 1990, not less than five hundred (500) total hours of experience shall have been gained in diagnosing and treating couples, families, and children.
- (b) The term "supervision", as used in this article, includes ensuring that the extent, kind, and quality of counseling performed is consistent with the education, training, and experience of the person—being—supervised; reviewing—client/patient—records, monitoring—and—evaluating assessment, diagnosis, and treatment decisions of the intern or trainee; monitoring—and evaluating the ability of the intern or trainee to provide services at the site(s) where he or she will be practicing and to the particular clientele being served; and ensuring compliance with laws and regulations governing the practice of marriage and family therapy. Supervision shall include that amount of direct observation, or review of audio or video tapes of therapy, as deemed appropriate by the supervisor. Supervision shall be credited only upon the following conditions:
- (1) During each week in which experience is claimed and for each work setting in which experience is gained, an applicant shall have at least one (1) hour of one-on-one, individual, face-to-face supervisor contact or two (2) hours of face-to-face supervisor contact in a group of not more than eight (8) persons receiving supervision. No more than five (5) hours of

supervision, whether individual or group, shall be credited during any single week.

- (2) The applicant shall have received at least one (1) hour of one-on-one, individual, face-to-face supervisor contact per week for a minimum of fifty-two (52) weeks.
- (3) Any experience obtained under the supervision of a spouse, relative, or domestic partner shall not be credited toward the required hours of supervised experience. Any experience obtained under the supervision of a supervisor with whom the applicant has had or currently has a personal or business relationship which undermines the authority or effectiveness of the supervisor shall not be credited toward the required hours of supervised experience.
- (4)-(a) Pursuant to Section 4980.43.4 of the Business and Professions Code, Inin a setting which is not a private practice, the authorized supervisor may be employed by the applicant's employer on either a paid or a voluntary basis. If such employment is on a voluntary basis, a written agreement must be executed between the applicant's supervisor and the organizationemployer when the supervisor is not employed by the applicant's employer or is a volunteer. The written agreement must be executed prior to commencement of supervision, in which the supervisor agrees and must contain an agreement by the supervisor to ensure that the extent, kind, and quality of counseling performed by the intern or trainee is consistent with the intern or trainee's training, education, and experience, and is appropriate in extent, kind, and quality. The agreement shall contain an acknowledgment by the employer that the employer:
- (A) Is aware of the licensing requirements that must be met by the intern or trainee and agrees not to interfere with the supervisor's legal and ethical obligations to ensure compliance with those requirements; and
- (B) Agrees to provide the supervisor access to clinical records of the clients counseled by the intern or trainee.
- (c) Professional enrichment activities may be credited toward the experience requirement as specified in this article and by Section 4980.43 of the Code.
- (1) No more than two hundred fifty (250) hours of verified attendance, with the approval of the applicant's supervisor, at workshops, seminars, training sessions, or conferences directly related to marriage and family therapy will be credited.
- (2) No more than one hundred (100) hours of psychotherapy, which will be triple counted, received as specified in Section 4980.43 of the Code, will be credited.
- (d) Experience gained by interns and trainees shall be subject to the following conditions, as applicable:
- (1) When an intern employed in private practice is supervised by someone other than the employer, the supervisor must be employed by and practice at the same site(s) as the intern's employer.
- (2) A trainee shall not perform services in a private practice.
- (3) Interns and trainees may only perform services as employees or volunteers and not as independent contractors.

(b) Prior to the commencement of any counseling or supervision, the supervisor shall sign under penalty of perjury the "Responsibility Statement for Supervisors of a Marriage and Family Therapist Trainee or Intern", as specified in section 1833.1.

(e)(c) Effective January 1, 1991, trainees and interns shall maintain a log of all hours of experience gained toward licensure. The log, form #1800 37A-524 (REV 1/11) and form #1800 37A-524a (REV 1/11) shall be signed by the supervisor on a weekly basis. An applicant shall retain all logs until such time as the applicant is licensed by the board. The board shall have the right to require an applicant to submit all or such portions of the log as it deems necessary to verify hours of experience.

NOTE: Authority cited: Section 4980.35 and 4980.60, Business and Professions Code. Reference: Sections 4980.35, 4980.40, and 4980.42 through 4980.45, Business and Professions Code.

#### §1833.1. REQUIREMENTS FOR SUPERVISORS

Any person supervising a trainee or an intern (hereinafter "supervisor") within California shall comply with the requirements below.

- (a) Prior to the commencement of any counseling or supervision, the supervisor shall sign under penalty of perjury the "Responsibility Statement for Supervisors of a Marriage and Family Therapist Trainee or Intern" (revised 3/10, form #1800 37A-523), hereby incorporated by reference, requiring that:
- (1) The supervisor possesses and maintains a current valid and active California license as either a marriage and family therapist, licensed clinical social worker, licensed professional clinical counselor, licensed psychologist, or physician who is certified in psychiatry as specified in Section 4980.03 (g) of the Code and has been so licensed in California or in any other state for at least two of the past five years immediately prior to commencing any supervision.
  - (A) Provides supervision only to trainees at an academic institution that offers a qualifying degree program as specified in Section 4980.40 (a) of the Code; and
  - (B) Has been licensed in California as specified in Section 4980.03 (g) of the Code, and in any other state, for a total of at least two years prior to commencing any supervision.
- (2) A supervisor who is not licensed as a marriage and family therapist, shall have sufficient experience, training, and education in marriage and family therapy to competently practice marriage and family therapy in California.
- (3) The supervisor shall be competent in the areas of clinical practice and techniques being supervised, and shall keep The supervisor keeps himself or herself informed of developments in marriage and family therapy and in California law governing the practice of marriage and family therapy.
- (4) The supervisor has and maintains a current <u>and active</u> <u>California</u> license in good standing and will immediately notify the trainee or intern of any disciplinary action, including revocation or suspension, even if stayed, probation terms, inactive license status, or any lapse in licensure that affects the supervisor's ability or right to supervise.

- (5) The supervisor has practiced psychotherapy or provided direct supervision of trainees, interns, associate clinical social workers, or professional clinical counselor interns who perform psychotherapy for at least two (2) years within the five (5) year period immediately preceding any supervision.
- (6) The supervisor has had sufficient experience, training, and education in the area of clinical supervision to competently supervise trainees or interns. Persons licensed by the board who provide supervision shall complete the minimum supervision training or coursework specified in Section 1834.
  - (A) Persons licensed by the board who provide supervision shall complete a minimum of six (6) hours of supervision training or coursework in each renewal period while providing supervision. This training or coursework may apply towards the continuing education requirements set forth in Sections 4980.54, 4996.22, and 4999.76 of the Code.
  - (B) Persons licensed by the board who provide supervision and who have not met requirements of subsection (A), shall complete a minimum of six (6) hours of supervision training or coursework within sixty (60) days of commencement of supervision.
- (7) The supervisor knows and understands the laws and regulations pertaining to both the supervision of trainees and interns and the experience required for licensure as a marriage and family therapist.
- (8) The supervisor shall ensure that the extent, kind, and quality of counseling performed is consistent with the education, training, and experience of the trainee or intern.
- (9) The supervisor shall monitor and evaluate the extent, kind, and quality of counseling performed by the trainee or intern by direct observation, review of audio or video tapes of therapy, review of progress and process notes and other treatment records, or by any other means deemed appropriate by the supervisor.
- (10) The supervisor shall address with the trainee or intern the manner in which emergencies will be handled.
- (b) Each supervisor shall provide the trainee or intern with the original signed "Responsibility Statement for Supervisors of a Marriage and Family Therapist Intern or Trainee" (revised 3/10, form #1800 37A-523) prior to the commencement of any counseling or supervision. Trainees and interns shall provide the board with the signed "Responsibility Statement for Supervisors of a Marriage and Family Therapist Intern or Trainee" (revised 3/10, form #1800 37A-523) from each supervisor upon application for licensure.
- (c) A supervisor shall give at least one (1) week's prior written notice to a trainee or intern of the supervisor's intent not to sign for any further hours of experience for such person. A supervisor who has not provided such notice shall sign for hours of experience obtained in good faith where such supervisor actually provided the required supervision.
- (d) The supervisor shall obtain from each trainee or intern for whom supervision will be provided, the name, address, and telephone number of the trainee's or intern's most recent supervisor and employer.

(e) In any setting that is not a private practice, a supervisor shall evaluate the site(s) where a trainee or intern will be gaining hours of experience toward licensure and shall determine that: (1) the site(s) provides experience which is within the scope of practice of a marriage and family therapist; and (2) the experience is in compliance with the requirements set forth in section 1833 and section 4980.43 of the Code.

(f) Upon written request of the board, the supervisor shall provide to the board any documentation which verifies the supervisor's compliance with the requirements set forth in this section.

(g) The board shall not deny hours of experience gained towards licensure by any supervisee due to failure of his or her supervisor to complete the training or coursework requirements in subsection (a) (6) (A).

NOTE: Authority cited: Sections 4980.40, 4980.60, and 4990.20 Business and Professions Code. Reference: Sections 4980.03,4980.35, 4980.42 through 4980.45, 4980.48, 4980.54 ,4996.22, and 4999.76, Business and Professions Code.

#### §1833.2. SUPERVISION OF EXPERIENCE GAINED OUTSIDE OF CALIFORNIA

Experience gained outside of California on or after January 1, 1991 must have been supervised in accordance with the following criteria:

At the time of supervision, the supervisor was licensed or certified by the state in which the supervision occurred and possessed a current and active license which was not under suspension or probation. The supervisor was licensed or certified by that state, for at least two (2) years prior to acting as supervisor, as either a psychologist, clinical social worker, physician certified in psychiatry as specified in Section 4980.40(f) of the code, professional clinical counselor, or a marriage and family therapist or similarly titled marriage and family practitioner.

In a state which does not license or certify marriage and family therapists or similarly titled marriage and family practitioners, experience may be obtained under the supervision of a person who at the time of supervision held a clinical membership in the American Association of Marriage and Family Therapists for at least two years and who maintained such membership throughout the period of supervision.

Note: Authority cited: Sections 4980.35, 4980.40(f) and 4980.60, Business and Professions Code. Reference: Sections 4980.35, 4980.40(f), 4980.42-4980.45 and 4980.90, Business and Professions Code.

#### §1834. SUPERVISOR TRAINING AND COURSEWORK

<u>Persons licensed by the board who provide supervision shall complete, at a minimum, supervision training or coursework as follows:</u>

(a) <u>Beginning January 1, 2019, supervisors who commence supervision for the first time shall obtain fifteen (15) contact hours in supervision training or coursework obtained</u>

from a government agency or from a continuing education provider specified as acceptable by the Board in regulation. If taken from a continuing education provider specified as acceptable by the Board in regulation, training may apply towards the approved continuing education requirements set forth in Sections 4980.54, 4996.22, and 4999.76 of the Code.

- 1) The content of such training shall include, but not be limited to:
- (A) Competencies necessary for new supervisors;
- (B) Goal setting and evaluation;
- (C) The supervisor-supervisee relationship;
- (D) Legal and ethical issues related to supervision;
- (E) Knowledge of cultural variables, including, but not limited to, gender, social class, and religious beliefs;
- (F) Knowledge of contextual variables, such as treatment modality, work settings, and use of technology;
- (G) <u>Supervision theories and literature</u>;
- (H) Documentation; and
- (I) California law and ethics.
- 2) If taken from a continuing education provider, this course shall have been taken within 2 years prior to commencing supervision, or within 60 days after commencing supervision. If taken at a master's level from an accredited or approved postsecondary institution that meets the requirements set forth in sections 4980.54, 4989.34, 4996.22, or 4999.76 of the code, this course shall have been taken within 4 years prior to commencing supervision, or completed within 60 days after commencing supervision.
- (b) Any supervisor who has not supervised for at least two (2) years within the five (5) year period immediately preceding any supervision shall re-take the 15 hour supervision training.
- (c) <u>Supervisors shall complete a minimum of six (6) hours of continuing professional development in supervision in each renewal period while providing supervision. This shall consist of one or more of the following activities:</u>
  - 1) Training or coursework directly covering the topic of supervision, obtained from a government agency or from a continuing education provider specified as acceptable by the board in regulation. If taken from a continuing education provider specified as acceptable by the board in regulation, it may apply towards the continuing education requirements set forth in Sections 4980.54, 4996.22, and 4999.76 of the Code;
  - 2) Teaching a supervision course as specified in subparagraph (1).
  - 3) <u>Authoring research pertaining to supervision that has been published professionally.</u>
  - 4) Receiving mentoring of supervision from another board licensee who also

#### qualifies as a supervisor.

- 5) Documented attendance at supervisor peer discussion groups.
- (d) In lieu of subparagraphs (a), (b), and (c), the Board shall accept a valid and active approved supervisor certification from one of the following entities:
  - 1) The American Association for Marriage and Family Therapy (AAMFT)
  - 2) The American Board of Examiners in Clinical Social Work (ABECSW)
  - 3) The California Association of Marriage and Family Therapists (CAMFT)
  - 4) The Center for Credentialing and Education (CCE)

These licensees shall be exempt from paragraph 5 of subdivision (a) of section 1833.1. The board may, in its sole discretion, accept an approved supervisor certification from another entity if the licensee can demonstrate that the certification requirements of that entity meet or exceed those of the above entities.

(e) The board shall not deny hours of experience gained towards licensure by any supervisee due to failure of his or her supervisor to complete the training or coursework requirements in this section.

#### §1835. DOCUMENTATION OF SUPERVISOR QUALIFICATIONS: AUDITS

The board shall have the right to audit the records of any supervisor to verify the completion of the supervisor's qualifications. Supervisors shall maintain records of completion of the required supervisor qualifications for a period of eight years after completion of supervision, and shall make these records available to the board for auditing purposes upon request.

#### **ATTACHMENT B**

### Reference Sections – Current Law: BPC §4980.43, 16 CCR §§ 1833, 1833.1, 1833.2

#### §4980.43. PROFESSIONAL EXPERIENCE; INTERNS OR TRAINEES

- (a) To qualify for licensure as specified in Section 4980.40, each applicant shall complete experience related to the practice of marriage and family therapy under a supervisor who meets the qualifications set forth in Section 4980.03. The experience shall comply with the following:
- (1) A minimum of 3,000 hours of supervised experience completed during a period of at least 104 weeks.
- (2) A maximum of 40 hours in any seven consecutive days.
- (3) A minimum of 1,700 hours obtained after the qualifying master's or doctoral degree was awarded.
- (4) A maximum of 1,300 hours obtained prior to the award date of the qualifying master's or doctoral degree.
- (5) A maximum of 750 hours of counseling and direct supervisor contact prior to the award date of the qualifying master's or doctoral degree.
- (6) No hours of experience may be gained prior to completing either 12 semester units or 18 quarter units of graduate instruction.
- (7) No hours of experience may be gained more than six years prior to the date the application for examination eligibility was filed, except that up to 500 hours of clinical experience gained in the supervised practicum required by subdivision (c) of Section 4980.37 and subparagraph (B) of paragraph (1) of subdivision (d) of Section 4980.36 shall be exempt from this six-year requirement.
- (8) A minimum of 1,750 hours of direct counseling with individuals, groups, couples, or families, that includes not less than 500 total hours of experience in diagnosing and treating couples, families, and children.
- (9) A maximum of 1,250 hours of nonclinical practice, consisting of direct supervisor contact, administering and evaluating psychological tests, writing clinical reports, writing progress or process notes, client centered advocacy, and workshops, seminars, training sessions, or conferences directly related to marriage and family therapy that have been approved by the applicant's supervisor.
- (10) It is anticipated and encouraged that hours of experience will include working with elders and dependent adults who have physical or mental limitations that restrict their ability to carry out normal activities or protect their rights.

This subdivision shall only apply to hours gained on and after January 1, 2010.

- (b) An individual who submits an application for examination eligibility between January 1, 2016, and December 31, 2020, may alternatively qualify under the experience requirements that were in place on January 1, 2015.
- (c) All applicants, trainees, and registrants shall be at all times under the supervision of a supervisor who shall be responsible for ensuring that the extent, kind, and quality of counseling performed is consistent with the training and experience of the person being supervised, and who shall be responsible to the board for compliance with all laws, rules, and regulations governing the practice of marriage and family therapy. Supervised experience shall be gained by an intern or trainee only as an employee or as a volunteer. The requirements of this chapter regarding gaining hours of experience and supervision are applicable equally to employees and volunteers. Experience shall not be gained by an intern or trainee as an independent contractor.
- (1) If employed, an intern shall provide the board with copies of the corresponding W-2 tax forms for each year of experience claimed upon application for licensure.
- (2) If volunteering, an intern shall provide the board with a letter from his or her employer verifying the intern's employment as a volunteer upon application for licensure.
- (d) Except for experience gained by attending workshops, seminars, training sessions, or conferences as described in paragraph (9) of subdivision (a), supervision shall include at least one hour of direct supervisor contact in each week for which experience is credited in each work setting, as specified:
- (1) A trainee shall receive an average of at least one hour of direct supervisor contact for every five hours of client contact in each setting. No more than six hours of supervision, whether individual or group, shall be credited during any single week.
- (2) An individual supervised after being granted a qualifying degree shall receive at least one additional hour of direct supervisor contact for every week in which more than 10 hours of client contact is gained in each setting. No more than six hours of supervision, whether individual or group, shall be credited during any single week.
- (3) For purposes of this section, "one hour of direct supervisor contact" means one hour per week of face-to-face contact on an individual basis or two hours per week of face-to-face contact in a group.
- (4) Direct supervisor contact shall occur within the same week as the hours claimed.
- (5) Direct supervisor contact provided in a group shall be provided in a group of not more than eight supervisees and in segments lasting no less than one continuous hour.
- (6) Notwithstanding paragraph (3), an intern working in a governmental entity, a school, a college, or a university, or an institution that is both nonprofit and charitable may obtain the required weekly direct supervisor contact via two-way, real-time videoconferencing. The supervisor shall be responsible for ensuring that client confidentiality is upheld.
- (7) All experience gained by a trainee shall be monitored by the supervisor as specified by regulation.
- (8) The six hours of supervision that may be credited during any single week pursuant to paragraphs (1) and (2) shall apply to supervision hours gained on or after January 1, 2009.

- (e) (1) A trainee may be credited with supervised experience completed in any setting that meets all of the following:
- (A) Lawfully and regularly provides mental health counseling or psychotherapy.
- (B) Provides oversight to ensure that the trainee's work at the setting meets the experience and supervision requirements set forth in this chapter and is within the scope of practice for the profession as defined in Section 4980.02.
- (C) Is not a private practice owned by a licensed marriage and family therapist, a licensed professional clinical counselor, a licensed psychologist, a licensed clinical social worker, a licensed physician and surgeon, or a professional corporation of any of those licensed professions.
- (2) Experience may be gained by the trainee solely as part of the position for which the trainee volunteers or is employed.
- (f) (1) An intern may be credited with supervised experience completed in any setting that meets both of the following:
- (A) Lawfully and regularly provides mental health counseling or psychotherapy.
- (B) Provides oversight to ensure that the intern's work at the setting meets the experience and supervision requirements set forth in this chapter and is within the scope of practice for the profession as defined in Section 4980.02.
- (2) An applicant shall not be employed or volunteer in a private practice, as defined in subparagraph (C) of paragraph (1) of subdivision (e), until registered as an intern.
- (3) While an intern may be either a paid employee or a volunteer, employers are encouraged to provide fair remuneration to interns.
- (4) Except for periods of time during a supervisor's vacation or sick leave, an intern who is employed or volunteering in private practice shall be under the direct supervision of a licensee that has satisfied subdivision (g) of Section 4980.03. The supervising licensee shall either be employed by and practice at the same site as the intern's employer, or shall be an owner or shareholder of the private practice. Alternative supervision may be arranged during a supervisor's vacation or sick leave if the supervision meets the requirements of this section.
- (5) Experience may be gained by the intern solely as part of the position for which the intern volunteers or is employed.
- (g) Except as provided in subdivision (h), all persons shall register with the board as an intern to be credited for postdegree hours of supervised experience gained toward licensure.
- (h) Postdegree hours of experience shall be credited toward licensure so long as the applicant applies for the intern registration within 90 days of the granting of the qualifying master's or doctoral degree and is thereafter granted the intern registration by the board. An applicant shall not be employed or volunteer in a private practice until registered as an intern by the board.
- (i) Trainees, interns, and applicants shall not receive any remuneration from patients or clients, and shall only be paid by their employers.

- (j) Trainees, interns, and applicants shall only perform services at the place where their employers regularly conduct business, which may include performing services at other locations, so long as the services are performed under the direction and control of their employer and supervisor, and in compliance with the laws and regulations pertaining to supervision. For purposes of paragraph (3) of subdivision (a) of Section 2290.5, interns and trainees working under licensed supervision, consistent with subdivision (c), may provide services via telehealth within the scope authorized by this chapter and in accordance with any regulations governing the use of telehealth promulgated by the board. Trainees and interns shall have no proprietary interest in their employers' businesses and shall not lease or rent space, pay for furnishings, equipment, or supplies, or in any other way pay for the obligations of their employers.
- (k) Trainees, interns, or applicants who provide volunteered services or other services, and who receive no more than a total, from all work settings, of five hundred dollars (\$500) per month as reimbursement for expenses actually incurred by those trainees, interns, or applicants for services rendered in any lawful work setting other than a private practice shall be considered employees and not independent contractors. The board may audit applicants who receive reimbursement for expenses, and the applicants shall have the burden of demonstrating that the payments received were for reimbursement of expenses actually incurred.
- (I) Each educational institution preparing applicants for licensure pursuant to this chapter shall consider requiring, and shall encourage, its students to undergo individual, marital or conjoint, family, or group counseling or psychotherapy, as appropriate. Each supervisor shall consider, advise, and encourage his or her interns and trainees regarding the advisability of undertaking individual, marital or conjoint, family, or group counseling or psychotherapy, as appropriate. Insofar as it is deemed appropriate and is desired by the applicant, the educational institution and supervisors are encouraged to assist the applicant in locating that counseling or psychotherapy at a reasonable cost.

#### §1833. EXPERIENCE

- (a) In order for experience to qualify under Section 4980.40 of the Code, it must meet the following criteria:
- (1) It must have been gained in accordance with Sections 4980.42 through 4980.45 of the Code and the regulations contained in this article.
  - (2) Experience shall not be credited for more than forty (40) hours in any week.
- (3) No more than five hundred (500) hours of experience will be credited for providing group therapy or group counseling.
- (4) For any person who enrolls in a qualifying degree program on or after January 1, 1990, not less than five hundred (500) total hours of experience shall have been gained in diagnosing and treating couples, families, and children.
- (b) The term "supervision", as used in this article, includes ensuring that the extent, kind, and quality of counseling performed is consistent with the education, training, and experience of the person being supervised; reviewing client/patient records, monitoring and evaluating

assessment, diagnosis, and treatment decisions of the intern or trainee; monitoring and evaluating the ability of the intern or trainee to provide services at the site(s) where he or she will be practicing and to the particular clientele being served; and ensuring compliance with laws and regulations governing the practice of marriage and family therapy. Supervision shall include that amount of direct observation, or review of audio or video tapes of therapy, as deemed appropriate by the supervisor. Supervision shall be credited only upon the following conditions:

- (1) During each week in which experience is claimed and for each work setting in which experience is gained, an applicant shall have at least one (1) hour of one-on-one, individual, face-to-face supervisor contact or two (2) hours of face-to-face supervisor contact in a group of not more than eight (8) persons receiving supervision. No more than five (5) hours of supervision, whether individual or group, shall be credited during any single week.
- (2) The applicant shall have received at least one (1) hour of one-on-one, individual, face-to-face supervisor contact per week for a minimum of fifty-two (52) weeks.
- (3) Any experience obtained under the supervision of a spouse, relative, or domestic partner shall not be credited toward the required hours of supervised experience. Any experience obtained under the supervision of a supervisor with whom the applicant has had or currently has a personal or business relationship which undermines the authority or effectiveness of the supervisor shall not be credited toward the required hours of supervised experience.
- (4) In a setting which is not a private practice, the authorized supervisor may be employed by the applicant's employer on either a paid or a voluntary basis. If such employment is on a voluntary basis, a written agreement must be executed between the supervisor and the organization, prior to commencement of supervision, in which the supervisor agrees to ensure that the extent, kind, and quality of counseling performed by the intern or trainee is consistent with the intern or trainee's training, education, and experience, and is appropriate in extent, kind, and quality. The agreement shall contain an acknowledgment by the employer that the employer:
- (A) Is aware of the licensing requirements that must be met by the intern or trainee and agrees not to interfere with the supervisor's legal and ethical obligations to ensure compliance with those requirements; and
- (B) Agrees to provide the supervisor access to clinical records of the clients counseled by the intern or trainee.
- (c) Professional enrichment activities may be credited toward the experience requirement as specified in this article and by Section 4980.43 of the Code.
- (1) No more than two hundred fifty (250) hours of verified attendance, with the approval of the applicant's supervisor, at workshops, seminars, training sessions, or conferences directly related to marriage and family therapy will be credited.
- (2) No more than one hundred (100) hours of psychotherapy, which will be triple counted, received as specified in Section 4980.43 of the Code, will be credited.
- (d) Experience gained by interns and trainees shall be subject to the following conditions, as applicable:

- (1) When an intern employed in private practice is supervised by someone other than the employer, the supervisor must be employed by and practice at the same site(s) as the intern's employer.
  - (2) A trainee shall not perform services in a private practice.
- (3) Interns and trainees may only perform services as employees or volunteers and not as independent contractors.
- (e) Effective January 1, 1991, trainees and interns shall maintain a log of all hours of experience gained toward licensure. The log, form #1800 37A-524 (REV 1/11) and form #1800 37A-524a (REV 1/11) shall be signed by the supervisor on a weekly basis. An applicant shall retain all logs until such time as the applicant is licensed by the board. The board shall have the right to require an applicant to submit all or such portions of the log as it deems necessary to verify hours of experience.

NOTE: Authority cited: Section 4980.35 and 4980.60, Business and Professions Code. Reference: Sections 4980.35, 4980.40, and 4980.42 through 4980.45, Business and Professions Code.

#### §1833.1. REQUIREMENTS FOR SUPERVISORS

Any person supervising a trainee or an intern (hereinafter "supervisor") within California shall comply with the requirements below.

- (a) Prior to the commencement of any counseling or supervision, the supervisor shall sign under penalty of perjury the "Responsibility Statement for Supervisors of a Marriage and Family Therapist Trainee or Intern" (revised 3/10, form #1800 37A-523), hereby incorporated by reference, requiring that:
- (1) The supervisor possesses and maintains a current valid California license as either a marriage and family therapist, licensed clinical social worker, licensed professional clinical counselor, licensed psychologist, or physician who is certified in psychiatry as specified in Section 4980.03 (g) of the Code and has been so licensed in California for at least two years prior to commencing any supervision; or
  - (A) Provides supervision only to trainees at an academic institution that offers a qualifying degree program as specified in Section 4980.40 (a) of the Code; and
  - (B) Has been licensed in California as specified in Section 4980.03 (g) of the Code, and in any other state, for a total of at least two years prior to commencing any supervision.
- (2) A supervisor who is not licensed as a marriage and family therapist, shall have sufficient experience, training, and education in marriage and family therapy to competently practice marriage and family therapy in California.
- (3) The supervisor keeps himself or herself informed of developments in marriage and family therapy and in California law governing the practice of marriage and family therapy.
  - (4) The supervisor has and maintains a current license in good standing and will immediately

notify the trainee or intern of any disciplinary action, including revocation or suspension, even if stayed, probation terms, inactive license status, or any lapse in licensure that affects the supervisor's ability or right to supervise.

- (5) The supervisor has practiced psychotherapy or provided direct supervision of trainees, interns, associate clinical social workers, or professional clinical counselor interns who perform psychotherapy for at least two (2) years within the five (5) year period immediately preceding any supervision.
- (6) The supervisor has had sufficient experience, training, and education in the area of clinical supervision to competently supervise trainees or interns.
  - (A) Persons licensed by the board who provide supervision shall complete a minimum of six (6) hours of supervision training or coursework in each renewal period while providing supervision. This training or coursework may apply towards the continuing education requirements set forth in Sections 4980.54, 4996.22, and 4999.76 of the Code.
  - (B) Persons licensed by the board who provide supervision and who have not met requirements of subsection (A), shall complete a minimum of six (6) hours of supervision training or coursework within sixty (60) days of commencement of supervision.
- (7) The supervisor knows and understands the laws and regulations pertaining to both the supervision of trainees and interns and the experience required for licensure as a marriage and family therapist.
- (8) The supervisor shall ensure that the extent, kind, and quality of counseling performed is consistent with the education, training, and experience of the trainee or intern.
- (9) The supervisor shall monitor and evaluate the extent, kind, and quality of counseling performed by the trainee or intern by direct observation, review of audio or video tapes of therapy, review of progress and process notes and other treatment records, or by any other means deemed appropriate by the supervisor.
- (10) The supervisor shall address with the trainee or intern the manner in which emergencies will be handled.
- (b) Each supervisor shall provide the trainee or intern with the original signed "Responsibility Statement for Supervisors of a Marriage and Family Therapist Intern or Trainee" (revised 3/10, form #1800 37A-523) prior to the commencement of any counseling or supervision. Trainees and interns shall provide the board with the signed "Responsibility Statement for Supervisors of a Marriage and Family Therapist Intern or Trainee" (revised 3/10, form #1800 37A-523) from each supervisor upon application for licensure.
- (c) A supervisor shall give at least one (1) week's prior written notice to a trainee or intern of the supervisor's intent not to sign for any further hours of experience for such person. A supervisor who has not provided such notice shall sign for hours of experience obtained in good faith where such supervisor actually provided the required supervision.
- (d) The supervisor shall obtain from each trainee or intern for whom supervision will be provided, the name, address, and telephone number of the trainee's or intern's most recent

supervisor and employer.

- (e) In any setting that is not a private practice, a supervisor shall evaluate the site(s) where a trainee or intern will be gaining hours of experience toward licensure and shall determine that: (1) the site(s) provides experience which is within the scope of practice of a marriage and family therapist; and (2) the experience is in compliance with the requirements set forth in section 1833 and section 4980.43 of the Code.
- (f) Upon written request of the board, the supervisor shall provide to the board any documentation which verifies the supervisor's compliance with the requirements set forth in this section.
- (g) The board shall not deny hours of experience gained towards licensure by any supervisee due to failure of his or her supervisor to complete the training or coursework requirements in subsection (a) (6) (A).

NOTE: Authority cited: Sections 4980.40, 4980.60, and 4990.20 Business and Professions Code. Reference: Sections 4980.03,4980.35, 4980.42 through 4980.45, 4980.48, 4980.54 ,4996.22, and 4999.76, Business and Professions Code.

#### §1833.2. SUPERVISION OF EXPERIENCE GAINED OUTSIDE OF CALIFORNIA

Experience gained outside of California on or after January 1, 1991 must have been supervised in accordance with the following criteria:

At the time of supervision, the supervisor was licensed or certified by the state in which the supervision occurred and possessed a current license which was not under suspension or probation. The supervisor was licensed or certified by that state, for at least two (2) years prior to acting as supervisor, as either a psychologist, clinical social worker, physician certified in psychiatry as specified in Section 4980.40(f) of the code, professional clinical counselor, or a marriage and family therapist or similarly titled marriage and family practitioner.

In a state which does not license or certify marriage and family therapists or similarly titled marriage and family practitioners, experience may be obtained under the supervision of a person who at the time of supervision held a clinical membership in the American Association of Marriage and Family Therapists for at least two years and who maintained such membership throughout the period of supervision.

Note: Authority cited: Sections 4980.35, 4980.40(f) and 4980.60, Business and Professions Code. Reference: Sections 4980.35, 4980.40(f), 4980.42-4980.45 and 4980.90, Business and Professions Code.





1625 North Market Blvd., Suite S-200 Sacramento, CA 95834 (916) 574-7830, (916) 574-8625 Fax www.bbs.ca.gov

**To:** Supervision Committee Members **Date:** January 6, 2016

From: Rosanne Helms Telephone: (916) 574-7897

Legislative Analyst

**Subject:** Death of a Supervisor

Occasionally, an applicant who is in the process of gaining supervised experience hours, or who has completed all supervised experience hours and is preparing to apply for examination eligibility, learns that one of his or her supervisors is now deceased. This is problematic for the applicant if the required signatures were not obtained from the supervisor prior to his or her passing.

#### **Requirements for Proof of Supervision**

Each of the Board's license types requires various forms to be completed upon application for licensure, as proof of supervision. For LMFT applicants, the required forms are as follows:

- A "Supervisor Responsibility Statement." (This must be signed by the supervisor and given to the applicant prior to the commencement of any counseling or supervision.)
- A "Weekly Summary of Hours of Experience." (This must be signed weekly by the supervisor. The applicant does not submit this to the Board upon application, but he or she must hold onto it and provide it to the Board upon request.)
- An "Experience Verification" form. (An applicant must submit one of these forms to the Board, upon application for exam eligibility, for each supervisor and each employment setting under which hours were gained. The supervisor is supposed to sign this form at the completion of supervision.)

#### **Requirements for Proof of Supervision**

Currently, in cases where an applicant's supervisor dies before all paperwork is complete, board staff reviews documentation on a case by case basis in order to determine if it can accept the experience hours. The Board recommends the applicant submit all of the following:

- The previously signed, original Supervisor Responsibility Statement
- The previously signed, original weekly logs
- Documentation by the employer verifying employment of the supervisor and supervisee
- The letter of agreement for supervision if the supervisor was not employed by the employer.

However, there is nothing specifically in law or regulation outlining acceptable methods of verifying supervision, in lieu of a supervisor's signature, should the supervisor pass away.

#### Recommendation

The committee should discuss if it wishes to develop regulations to clarify procedures for documenting supervised experience in cases where a supervisor is deceased.

Possible language could include the following:

The Board, in its sole discretion, may accept documentation of supervised experience that has not been signed by the supervisor, if the supervisor is deceased. Documentation that the applicant may provide to the Board for consideration includes, but is not limited to, the following:

- Evidence satisfactory to the Board that the supervisor is deceased;
- All supervision documentation which had previously been signed by the supervisor;
- Documentation from the employer verifying the employment of the supervisor; or, if the supervisor was not employed by the organization, the written supervision agreement executed between the supervisor and the organization;

#### **ATTACHMENTS:**

**Attachment A:** Responsibility Statement for Supervisors of a Marriage and Family Therapist Trainee or Intern (Form)

**Attachment B:** Marriage and Family Therapist Weekly Summary of Hours of Experience (For hours gained on or after January 1, 2010) (Form)

**Attachment C:** Marriage and Family Therapist Experience Verification (For hours gained on or after January 1, 2010) (Form)



#### **Board of Behavioral Sciences**

1625 North Market Blvd., Suite S200, Sacramento, CA 95834 Telephone: (916) 574-7830 TTY: (800) 326-2297



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# RESPONSIBILITY STATEMENT FOR SUPERVISORS OF A MARRIAGE AND FAMILY THERAPIST TRAINEE OR INTERN

Title 16, California Code of Regulations (16 CCR) Section 1833.1 requires any qualified licensed mental health professional who assumes responsibility for providing supervision to those working toward a Marriage and Family Therapist license to complete and sign, under penalty of perjury, the following statement prior to the commencement of any counseling or supervision.

Name of MFT Trainee/Intern:	Last	First	Middle				
Name of Qualified Supervisor:		Qualified Supervisor's Daytime Telephone Number:					
As the supervisor:							
1) I am licensed in California and have be Business and Professions Code (BPC) § 4999		rior to commencing this supervisior	n. (16 CCR § 1833.1(a)(1) and				
A.The license I hold is:							
Marriage and Family Therapist							
Licensed Clinical Social Worker		License #	Issue Date				
		License #	Issue Date				
Licensed Professional Clinical Counselor		License #	Issue Date				
*Psychologist		Little roe #	issue Date				
		License #	Issue Date				
*Physician certified in psychiatry by the An	nerican Board of Psychiatry and						
Neurology		License #	Issue Date				

- \*\*B. I have had sufficient experience, training, and education in marriage and family therapy to competently practice marriage and family therapy in California. (16 CCR § 1833.1(a)(2))
- I will keep myself informed about developments in marriage and family therapy and in California law governing the practice of marriage and family therapy. (16 CCR § 1833.1(a)(3))
- 2) I have and maintain a current and valid license in good standing and will immediately notify any trainee or intern under my supervision of any disciplinary action taken against my license, including revocation or suspension, even if stayed, probation terms, inactive license status, or any lapse in licensure, that affects my ability or right to supervise. (16 CCR § 1833.1(a)(1), (a)(4))
- 3) I have practiced psychotherapy or provided direct supervision of trainees, interns, associate clinical social workers, or professional clinical counselor interns who perform psychotherapy for at least two (2) years within the five (5) year period immediately preceding this supervision. (16 CCR § 1833.1(a)(5))
- 4) I have had sufficient experience, training, and education in the area of clinical supervision to competently supervise trainees or interns. (16 CCR § 1833.1(a)(6))
- 5) I have completed six (6) hours of supervision training or coursework within the renewal period immediately preceding this supervision, and must complete such coursework in each renewal period while supervising. If I have not completed such training or coursework, I will complete a minimum of six (6) hours of supervision training or coursework within sixty (60) days of the commencement of this supervision, and in each renewal period while providing supervision. (16 CCR § 1833.1(a)(6)(A)&(B))
- I know and understand the laws and regulations pertaining to both the supervision of trainees and interns and the experience required for 6) licensure as a marriage and family therapist. (16 CCR § 1833.1(a)(7))
- I shall ensure that the extent, kind, and quality of counseling performed is consistent with the education, training, and experience of the trainee or intern. (16 CCR § 1833.1(a)(8))

- 8) I shall monitor and evaluate the extent, kind, and quality of counseling performed by the trainee or intern by direct observation, review of audio or video tapes of therapy, review of progress and process notes and other treatment records, or by any other means deemed appropriate. (16 CCR § 1833.1(a)(9))
- 9) I shall address with the trainee or intern the manner in which emergencies will be handled. (16 CCR § 1833.1(a)(10))
- I agree not to provide supervision to a TRAINEE unless the trainee is a volunteer or employed in a setting that meets all of the following: (A) lawfully and regularly provides mental health counseling or psychotherapy; (B) provides oversight to ensure that the trainee's work at the setting meets the experience and supervision requirements and is within the scope of practice for the profession as defined in BPC Section 4980.02; (C) is not a private practice owned by a licensed marriage and family therapist, a licensed psychologist, a licensed clinical social worker, a licensed physician and surgeon, or a professional corporation of any of those licensed professions. (BPC § 4980.43(d)(1))
- 11) I agree not to provide supervision to an INTERN unless the intern is a volunteer or employed in a setting that meets both of the following: (A) lawfully and regularly provides mental health counseling or psychotherapy; (B) provides oversight to ensure that the intern's work at the setting meets the experience and supervision requirements and is within the scope of practice for the profession as defined in BPC Section 4980.02. (BPC § 4980.43(e)(1))
- If I am to provide supervision on a voluntary basis in a setting which is not a private practice, a written agreement will be executed between myself and the organization in which the employer acknowledges that they are aware of the licensing requirements that must be met by the intern or trainee, they agree not to interfere with my legal and ethical obligations to ensure compliance with these requirements, and they agree to provide me with access to clinical records of the clients counseled by the intern or trainee. (16 CCR § 1833(b)(4))
- 13) I shall give at least (1) one week's prior written notice to a trainee or intern of my intent not to sign for any further hours of experience for such person. If I have not provided such notice, I shall sign for hours of experience obtained in good faith where I actually provided the required supervision. (16 CCR § 1833.1(c))
- 14) I shall obtain from each trainee or intern for whom supervision will be provided, the name, address, and telephone number of the trainee's or intern's most recent supervisor and employer. (16 CCR § 1833.1(d))
- In any setting that is not a private practice, I shall evaluate the site(s) where a trainee or intern will be gaining hours of experience toward licensure and shall determine that: (1) the site(s) provides experience which is within the scope of practice of a marriage and family therapist; and (2) the experience is in compliance with the requirements set forth in 16 CCR Section 1833 and Section 4980.43 of the Code. (16 CCR § 1833.1(e))
- Upon written request of the Board, I shall provide to the board any documentation which verifies my compliance with the requirements set forth in 16 CCR Section 1833.1. (16 CCR § 1833.1(f))
- 17) I shall provide the intern or trainee with the original of this signed statement prior to the commencement of any counseling or supervision. (16 CCR § 1833.1(b))

I declare under penalty of perjury under the laws of the State of California that I have read and understand the foregoing and that I meet all criteria stated herein and that the information submitted on this form is true and correct.

Printed Name of Qualified Supervisor	Sign	nature of Qualified Supe	 Date	
Mailing Address: Number and Street	City	State	Zip Code	

The supervisor shall provide the intern or trainee being supervised with the original of this signed statement prior to the commencement of any counseling or supervision.

The trainee or intern shall submit this form to the board upon application for examination eligibility.

<sup>\*</sup> Psychologists and Physicians certified in psychiatry are not required to comply with #5.

<sup>\*\*</sup> Applies only to supervisors NOT licensed as a Marriage and Family Therapist.



#### **Board of Behavioral Sciences**

1625 North Market Blvd., Suite S200, Sacramento, CA 95834 Telephone: (916) 574-7830 TTY: (800) 326-2297 www.bbs.ca.gov



# MARRIAGE AND FAMILY THERAPIST WEEKLY SUMMARY OF HOURS OF EXPERIENCE

### FOR HOURS GAINED ON OR AFTER January 1, 2010

THIS FORM SHALL BE COMPLETED PURSUANT TO TITLE 16, CALIFORNIA CODE OF REGULATIONS SECTION 1833(e). Use a separate log for each supervised work setting and for each status indicated below.

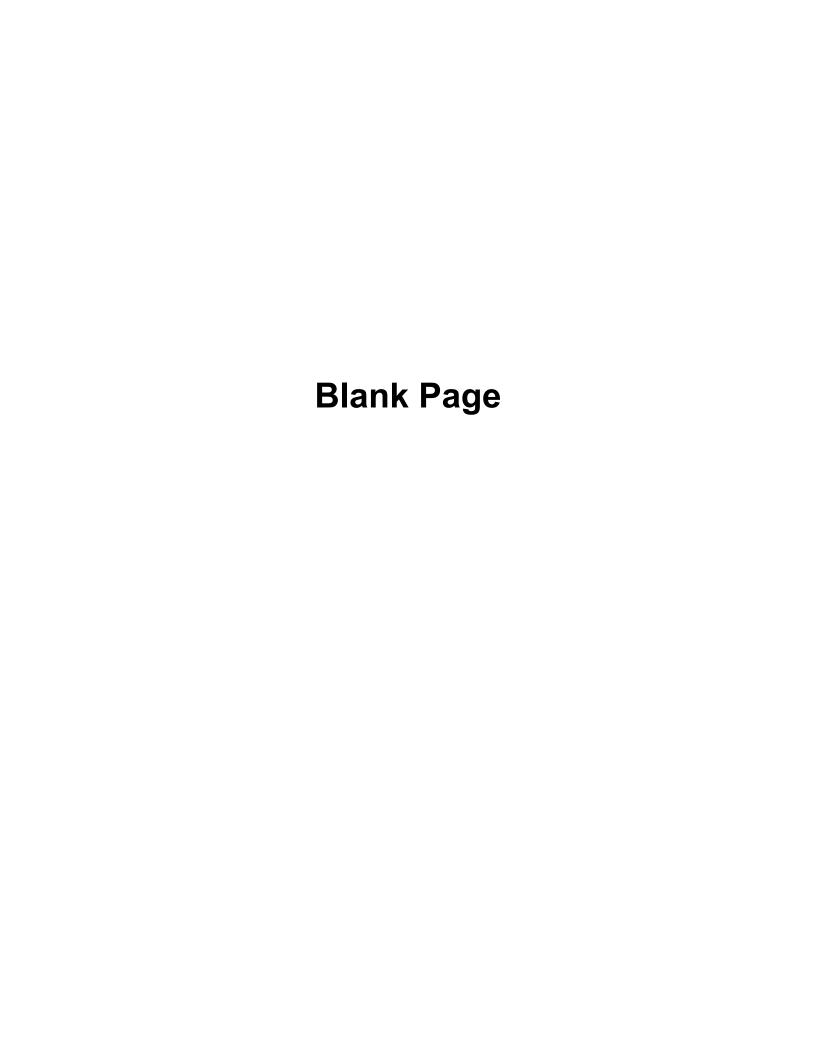
(Please type or print clearly in ink)				,										
Name of MFT Trainee/Intern:  Last  Name of Supervisor:			First					Middle						
				Date enrolled in graduate degree program:				ram:	BBS File No (if known)					
Name of Work Setting: Address of			s of W	Work Setting: Number and Street					City, State, Zip					
Indicate the status of the hours logged Trainee* Trainee in Prace *Supervision via video conferencing i  Note: Child counseling can be logged	ticum* R s not allowed as a train								ш	Intern Re	egistrati			nding for
YEAR:	WEEK OF:	ategory	as spi	ecineu	by you	ii supe	IVISOI							Total Hours
Individual Psychotherapy (performed by y	ou)													Tiouis
Couples, Families, and Children (min. 500	Ohrs.)													
Of the above CFC hours, how many act gained via conjoint couples and family the	tual hours were													
Group Therapy or Counseling (max. 500)														
Telemedicine (max. 375)														
Administering & evaluating psych. tests, writing progress or process notes (max. 2														
Workshops, seminars, training sessions, related to marriage, family, and child cour														
Client Centered Advocacy (CCA)**														
Supervision, Individual Face-to-Face **														
Supervision, Group **														
	Total Per Week													
				Signature of Sup					Supe	ervisor				
		Signature of Supervisor	in the second se	Signature of Supervisor	Signature of Supervisor	Signature of Supervisor	Signature of Supervisor	Signature of Supervisor	Signature of Supervisor	Signature of Supervisor	Signature of Supervisor	Signature of Supervisor	Signature of Supervisor	

37A-524a (Rev. 1/11)

This form may be reproduced

<sup>\*</sup> Please see the FAQ's for instructions on how to report the Conjoint Couples and Families Therapy Incentive hours gained.

<sup>\*\*</sup>These categories when combined with credited Personal Psychotherapy shall not exceed 1250 hours of experience.



#### **Board of Behavioral Sciences**

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# MARRIAGE AND FAMILY THERAPIST **EXPERIENCE VERIFICATION**

# FOR HOURS GAINED ON OR AFTER JANUARY 1, 2010

This form is to be completed by the appearant to the completed by the appearant to the complete by the appearant to the appeara					ant with h	is or her <i>A</i>	pplication for		
Use separate forms for pre-degree		•							
Use separate forms for each super				ting		_			
Make sure that the form is complet		•				-			
<ul> <li>Provide an original signature in ink</li> </ul>	and have th	ie signer ini	tial any o	changes					
APPLICANT NAME:									
Last	Last First			Mide	dle	Intern Number			
SUPERVISOR INFORMATION:				- 1					
Supervisor's Last Name				First		Middle			
Address: Number and Street									
City	State	te Zip Code			Business Phone				
License Type	Lic	ense Numb	Number State			Date First License			
If a Physician, were you certified in Psyc supervision?	_ ` `			Psychiatry and N		_	entire period of		
If a LPCC, did you meet the qualification California law?  N/A  No		-		ring the entire pe		-	as specified in		
APPLICANT'S EMPLOYER INFORM	MATION:								
Name of Applicant's Employer						Busines	s Phone		
Address Number and Street				City		State	Zip Code		
Was this experience gained in a settir psychotherapy?	ng that lawful	lly and regu	larly pro	vides mental he	alth coun	seling or	Yes No		
2. Was this experience gained in a priva	te practice s	etting?					Yes No		
3. Was this experience gained in a settir	ng that provid	ded oversig	ht to ens	sure that the app	licant's w	ork meets	Yes No		

the experience and supervision requirements and is within the scope of practice?

Applica	nt: Last	First		Middle	
EMPL	OYER INFORMATION (continued):	,	,		
	hours gained as an Intern ONLY: Was the	applicant receiving pay for the en	nnlovment?	☐ Yes ☐	No
If YE	ES, attach a copy of the applicant's W-2 sta has not yet been issued for this year, atta unteered, a letter from the employer verifyin	atement for each year experience such a copy of the current paystub.	is claimed. If a	N/A (pre- experien	_ degree
EXPE	RIENCE INFORMATION:				
1. Date	_ To:	m/dd/yyyy			
2. How	many weeks of supervised experience are	being claimed? wee	ks		
3. Show	Logged Hours				
a.	Individual Psychotherapy (No minimum of	r maximum hours required)			
b.	Couples, families, and children (minimum	500 hours**)			
•	Of the hours recorded on line 3.b, how n couples and family therapy?	nany <u>actual hours</u> were gained pro	viding conjoint		
C.					
d.	Telehealth Counseling (maximum 375 ho	urs)			
e.	Workshops, seminars, training sessions, c child counseling*** (maximum 250 hours)		arriage, family, and		
	2010 & 2011	2012 & Later			
f.					
g.	Client-Centered Advocacy				
4. Face	Logge	d Hours			
a.	Individual				
b.	Group (group contained no more than 8 pe	ersons)			
the a	E: Knowingly providing false informat application. The Board may take discipl aud, deceit or misrepresentation.				
Signa	ature of Supervisor:	[	)ate:		

<sup>\*</sup>Do not submit your Weekly Summary forms unless specifically requested by the Board

<sup>\*\*</sup>Up to 150 hours treating couples and families may be double-counted toward the 500 total required

<sup>\*\*\*</sup>These categories when combined with credited Personal Psychotherapy shall not exceed 1,000 hours of experience

<sup>\*\*\*\*</sup>One "unit" of supervision is defined as one hour of individual supervision or two hours of group supervision. Do not provide an average - if your supervision hours differed from week to week, provide a <u>range</u> (for example, 2-3 units per week).





1625 North Market Blvd., Suite S-200 Sacramento, CA 95834 (916) 574-7830, (916) 574-8625 Fax www.bbs.ca.gov

To: Supervision Committee Members Date: January 21, 2016

From: Christy Berger Telephone: (916) 574-7817

Regulatory Analyst

Subject: Allowing Smaller Increments of Supervision to be Credited Toward Supervised

**Experience Hours** 

Current law only permits full supervision sessions, defined as one (1) hour of individual or two (2) hours of group supervision, to be counted toward an applicant's hours of experience. For example, if an individual received 1.5 hours of individual supervision during a week, only one (1) of those hours can be counted. If an individual received three (3) hours of group supervision, only two (2) of those hours can be counted.

Since supervisor contact is such a critical component of the experience required for licensure, applicants should be encouraged to take advantage of additional supervision time, especially in group supervision with up to eight (8) supervisees. Allowing applicants to count smaller increments could motivate supervisors to offer, and applicants to take advantage of additional time in supervision sessions.

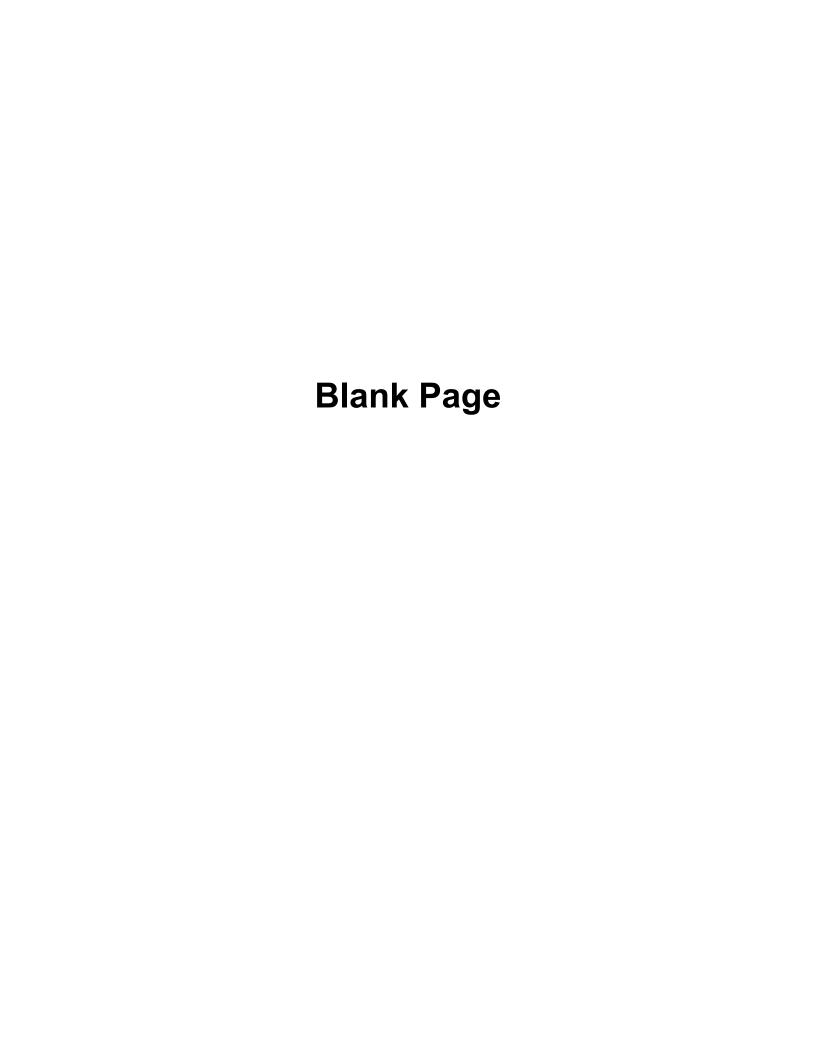
#### Other states

Staff briefly surveyed several other states and found the following:

- Oregon accepts ½-hour increments
- New York (LPCC only) and Illinois allow averaging of supervision hours over a onemonth period (so would capture smaller increments)
- Texas allows averaging, but only allows 10 total hours of supervision to count per month

### Recommendation

Allow additional half-hour increments of time spent in weekly supervision to be counted toward experience requirements.







1625 North Market Blvd., Suite S-200 Sacramento, CA 95834 (916) 574-7830, (916) 574-8625 Fax www.bbs.ca.gov

To: Committee Members Date: January 14, 2016

From: Rosanne Helms Telephone: (916) 574-7897

Legislative Analyst

**Subject: Amount of Direct Supervisor Contact Required for Applicants Finished** 

**Gaining Experience Hours** 

# **Background**

LMFT and LPCC licensing law requires all applicants to be under supervision at all times (Business and Professions Code (BPC) §§4980.43(c), 4999.46(e)). It sets specific requirements for how much direct supervisor contact an intern and trainee who are gaining experience hours must have. However, the law is unclear about how much direct supervisor contact an LMFT and LPCC applicant who is finished gaining experience hours must obtain. Such an applicant is no longer gaining experience hours to count toward licensure, but is still working while waiting to take or pass the clinical exam, or has passed the exams but is working while waiting for the license to be issued.

LCSW licensing law has a provision that specifies that associates and <u>applicants for examination</u> must receive <u>at least</u> one hour of supervision per week for each <u>setting</u> he or she is working in (BPC §4996.23(o)). This does not mean more hours may not be required, for example, if an associate performed over 10 hours of face-to-face psychotherapy in a setting, he or she would still be required to obtain an additional hour of supervision <u>in order for the experience hours to count</u> (BPC §4996.23(d)(3)).

#### **Discussion**

The Committee may want to consider whether or not it wishes to specifically define how much direct supervisor contact an MFT or PCI intern needs once he or she is finished gaining the experience hours needed to count toward licensure.

#### LMFT Applicants

For LMFT applicants, the law states the following regarding the required amount of direct supervisor contact:

BPC §4980.43(c) All applicants, trainees, and registrants shall be at all times under the supervision of a supervisor who shall be responsible for ensuring that the extent, kind, and quality of counseling performed is consistent with the training and experience of the person being supervised, and who shall be responsible to the board for compliance with all laws, rules, and regulations governing the practice of marriage and family therapy. Supervised experience shall be gained by an intern or trainee only as an employee or as a volunteer. The requirements of this chapter regarding gaining hours of experience and supervision are applicable equally to employees and volunteers. Experience shall not be gained by an intern or trainee as an independent contractor.

**BPC §4980.43(d)** Except for experience gained by attending workshops, seminars, training sessions, or conferences as described in paragraph (9) of subdivision (a), supervision shall include at least one hour of direct supervisor contact in each week for which experience is credited in each work setting, as specified:

- (1) A trainee shall receive an average of at least one hour of direct supervisor contact for every five hours of client contact in each setting. No more than six hours of supervision, whether individual or group, shall be credited during any single week.
- (2) An individual supervised after being granted a qualifying degree shall receive at least one additional hour of direct supervisor contact for every week in which more than 10 hours of client contact is gained in each setting.

The wording of this language can be interpreted to imply that applicants who are no longer gaining experience hours to count toward licensure, but who are still working, do not need any specific amount of direct supervisor contact, as long as they are under some sort of supervision.

#### LPCC Applicants

For LPCC applicants, the law states the following regarding amount of supervised experience:

BPC §4999.46(e) All applicants and interns shall be at all times under the supervision of a supervisor who shall be responsible for ensuring that the extent, kind, and quality of counseling performed is consistent with the training and experience of the person being supervised, and who shall be responsible to the board for compliance with all laws, rules, and regulations governing the practice of professional clinical counseling.

**BPC §4999.46(g)** Except for experience gained by attending workshops, seminars, training sessions, or conferences as described in paragraph (5) of subdivision (a), supervision shall include at least one hour of direct supervisor contact in each week for which experience is credited in each work setting.

- (1) No more than six hours of supervision, whether individual or group, shall be credited during any single week. This paragraph shall apply to supervision hours gained on or after January 1, 2009.
- (2) An intern shall receive at least one additional hour of direct supervisor contact for every week in which more than 10 hours of face-to-face psychotherapy is performed in each setting in which experience is gained.

Like LMFT statute, the wording of this language can also be interpreted to imply that applicants who are no longer gaining experience hours to count toward licensure, but who are still working, do not need any specific amount of direct supervisor contact, as long as they are under some sort of supervision.

#### **Possible Solutions**

The Committee may wish to discuss the following:

- Does the Committee wish to leave the amount of direct supervisor contact unspecified for an intern or applicant who is still working, but who is no longer counting experience hours toward licensure; and
- 2) If the Committee wishes to specify the amount of direct supervisor contact that such an applicant must receive, should it be:
  - a. At least one hour of direct supervisor contact per week for each setting he or she is working in, <u>OR</u>
  - b. At least one hour of direct supervisor contact per week for each setting he or she is working in, <u>and</u> at least one additional hour of direct supervisor contact for every week in which more than 10 hours of client contact is performed in each setting, <u>OR</u>
  - c. Some other amount of specified direct supervisor contact.

The Board's licensing staff notes that by not requiring applicants who are done gaining hours to have the same amounts of direct supervisor contact needed to count experience hours, there is some risk. The risk is that if the applicant is deficient hours when he or she submits for exam eligibility, or fails to test, causing his or her file to close, some hours worked while not gaining supervised experience hours may not count due to lack of sufficient supervision. The Committee may also want to discuss whether there are any public protection implications to allowing applicants who are done gaining experience hours, but who are not yet licensed, to have less supervision.

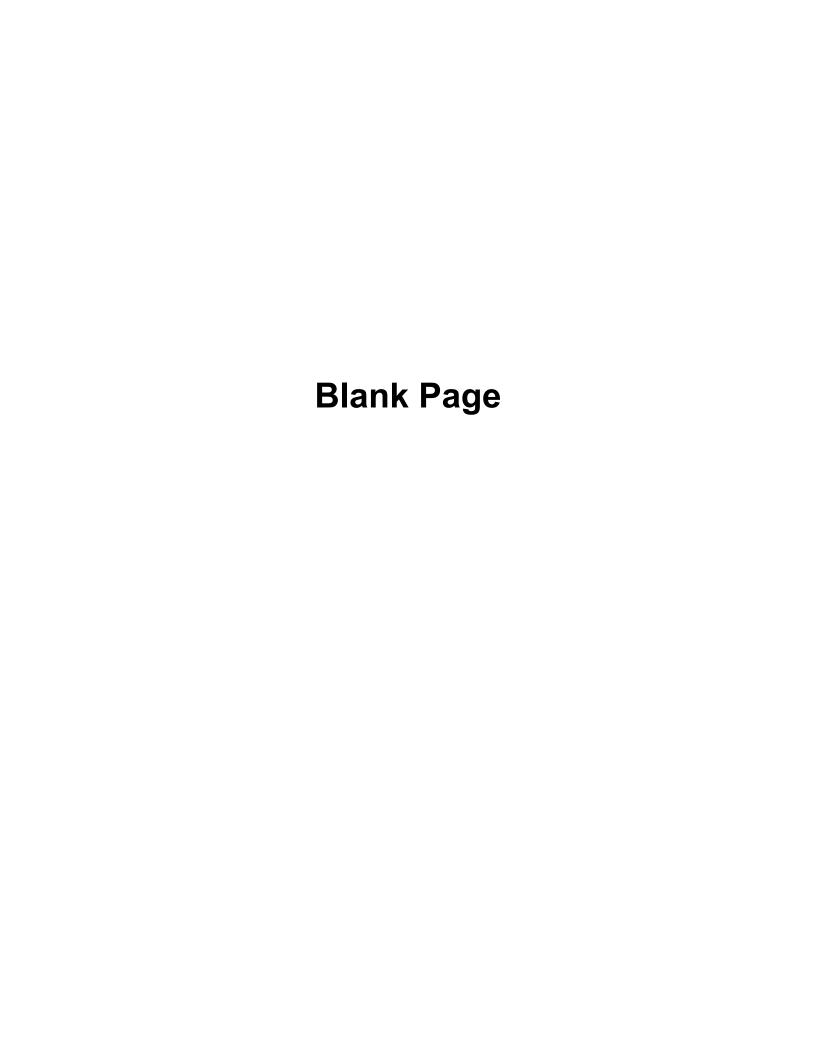
#### **Recommendation**

Conduct an open discussion about the amount of direct supervisor contact that should be required for applicants who are finished gaining experience hours.

#### **Attachments**

**Attachment A:** Reference Sections: BPC Sections 4980.43, 4996.23, and 4999.46 (Relevant subsections are highlighted.)

**Attachment B:** Letter from CAMFT, "Supervision of LMFT Applicants Once Hours have Been Approved," January 16, 2014



# Attachment A Relevant Statute

### **Business and Professions Code (BPC)**

# §4980.43. PROFESSIONAL EXPERIENCE; INTERNS OR TRAINEES

- (a) To qualify for licensure as specified in Section 4980.40, each applicant shall complete experience related to the practice of marriage and family therapy under a supervisor who meets the qualifications set forth in Section 4980.03. The experience shall comply with the following:
- (1) A minimum of 3,000 hours of supervised experience completed during a period of at least 104 weeks.
- (2) A maximum of 40 hours in any seven consecutive days.
- (3) A minimum of 1,700 hours obtained after the qualifying master's or doctoral degree was awarded.
- (4) A maximum of 1,300 hours obtained prior to the award date of the qualifying master's or doctoral degree.
- (5) A maximum of 750 hours of counseling and direct supervisor contact prior to the award date of the qualifying master's or doctoral degree.
- (6) No hours of experience may be gained prior to completing either 12 semester units or 18 quarter units of graduate instruction.
- (7) No hours of experience may be gained more than six years prior to the date the application for examination eligibility was filed, except that up to 500 hours of clinical experience gained in the supervised practicum required by subdivision (c) of Section 4980.37 and subparagraph (B) of paragraph (1) of subdivision (d) of Section 4980.36 shall be exempt from this six-year requirement.
- (8) A minimum of 1,750 hours of direct counseling with individuals, groups, couples, or families, that includes not less than 500 total hours of experience in diagnosing and treating couples, families, and children.
- (9) A maximum of 1,250 hours of nonclinical practice, consisting of direct supervisor contact, administering and evaluating psychological tests, writing clinical reports, writing progress or process notes, client centered advocacy, and workshops, seminars, training sessions, or conferences directly related to marriage and family therapy that have been approved by the applicant's supervisor.
- (10) It is anticipated and encouraged that hours of experience will include working with elders and dependent adults who have physical or mental limitations that restrict their ability to carry out normal activities or protect their rights.

This subdivision shall only apply to hours gained on and after January 1, 2010.

- (b) An individual who submits an application for examination eligibility between January 1, 2016, and December 31, 2020, may alternatively qualify under the experience requirements that were in place on January 1, 2015.
- (c) All applicants, trainees, and registrants shall be at all times under the supervision of a supervisor who shall be responsible for ensuring that the extent, kind, and quality of counseling performed is consistent with the training and experience of the person being supervised, and who shall be responsible to the board for compliance with all laws, rules, and regulations governing the practice of marriage and family therapy. Supervised experience shall be gained by an intern or trainee only as an employee or as a volunteer. The requirements of this chapter regarding gaining hours of experience and supervision are applicable equally to employees and volunteers. Experience shall not be gained by an intern or trainee as an independent contractor.
- (1) If employed, an intern shall provide the board with copies of the corresponding W-2 tax forms for each year of experience claimed upon application for licensure.
- (2) If volunteering, an intern shall provide the board with a letter from his or her employer verifying the intern's employment as a volunteer upon application for licensure.
- (d) Except for experience gained by attending workshops, seminars, training sessions, or conferences as described in paragraph (9) of subdivision (a), supervision shall include at least one hour of direct supervisor contact in each week for which experience is credited in each work setting, as specified:
- (1) A trainee shall receive an average of at least one hour of direct supervisor contact for every five hours of client contact in each setting. No more than six hours of supervision, whether individual or group, shall be credited during any single week.
- (2) An individual supervised after being granted a qualifying degree shall receive at least one additional hour of direct supervisor contact for every week in which more than 10 hours of client contact is gained in each setting. No more than six hours of supervision, whether individual or group, shall be credited during any single week.
- (3) For purposes of this section, "one hour of direct supervisor contact" means one hour per week of face-to-face contact on an individual basis or two hours per week of face-to-face contact in a group.
- (4) Direct supervisor contact shall occur within the same week as the hours claimed.
- (5) Direct supervisor contact provided in a group shall be provided in a group of not more than eight supervisees and in segments lasting no less than one continuous hour.
- (6) Notwithstanding paragraph (3), an intern working in a governmental entity, a school, a college, or a university, or an institution that is both nonprofit and charitable may obtain the required weekly direct supervisor contact via two-way, real-time videoconferencing. The supervisor shall be responsible for ensuring that client confidentiality is upheld.
- (7) All experience gained by a trainee shall be monitored by the supervisor as specified by regulation.
- (8) The six hours of supervision that may be credited during any single week pursuant to paragraphs (1) and (2) shall apply to supervision hours gained on or after January 1, 2009.

- (e) (1) A trainee may be credited with supervised experience completed in any setting that meets all of the following:
- (A) Lawfully and regularly provides mental health counseling or psychotherapy.
- (B) Provides oversight to ensure that the trainee's work at the setting meets the experience and supervision requirements set forth in this chapter and is within the scope of practice for the profession as defined in Section 4980.02.
- (C) Is not a private practice owned by a licensed marriage and family therapist, a licensed professional clinical counselor, a licensed psychologist, a licensed clinical social worker, a licensed physician and surgeon, or a professional corporation of any of those licensed professions.
- (2) Experience may be gained by the trainee solely as part of the position for which the trainee volunteers or is employed.
- (f) (1) An intern may be credited with supervised experience completed in any setting that meets both of the following:
- (A) Lawfully and regularly provides mental health counseling or psychotherapy.
- (B) Provides oversight to ensure that the intern's work at the setting meets the experience and supervision requirements set forth in this chapter and is within the scope of practice for the profession as defined in Section 4980.02.
- (2) An applicant shall not be employed or volunteer in a private practice, as defined in subparagraph (C) of paragraph (1) of subdivision (e), until registered as an intern.
- (3) While an intern may be either a paid employee or a volunteer, employers are encouraged to provide fair remuneration to interns.
- (4) Except for periods of time during a supervisor's vacation or sick leave, an intern who is employed or volunteering in private practice shall be under the direct supervision of a licensee that has satisfied subdivision (g) of Section 4980.03. The supervising licensee shall either be employed by and practice at the same site as the intern's employer, or shall be an owner or shareholder of the private practice. Alternative supervision may be arranged during a supervisor's vacation or sick leave if the supervision meets the requirements of this section.
- (5) Experience may be gained by the intern solely as part of the position for which the intern volunteers or is employed.
- (g) Except as provided in subdivision (h), all persons shall register with the board as an intern to be credited for postdegree hours of supervised experience gained toward licensure.
- (h) Postdegree hours of experience shall be credited toward licensure so long as the applicant applies for the intern registration within 90 days of the granting of the qualifying master's or doctoral degree and is thereafter granted the intern registration by the board. An applicant shall not be employed or volunteer in a private practice until registered as an intern by the board.
- (i) Trainees, interns, and applicants shall not receive any remuneration from patients or clients, and shall only be paid by their employers.

- (j) Trainees, interns, and applicants shall only perform services at the place where their employers regularly conduct business, which may include performing services at other locations, so long as the services are performed under the direction and control of their employer and supervisor, and in compliance with the laws and regulations pertaining to supervision. For purposes of paragraph (3) of subdivision (a) of Section 2290.5, interns and trainees working under licensed supervision, consistent with subdivision (c), may provide services via telehealth within the scope authorized by this chapter and in accordance with any regulations governing the use of telehealth promulgated by the board. Trainees and interns shall have no proprietary interest in their employers' businesses and shall not lease or rent space, pay for furnishings, equipment, or supplies, or in any other way pay for the obligations of their employers.
- (k) Trainees, interns, or applicants who provide volunteered services or other services, and who receive no more than a total, from all work settings, of five hundred dollars (\$500) per month as reimbursement for expenses actually incurred by those trainees, interns, or applicants for services rendered in any lawful work setting other than a private practice shall be considered employees and not independent contractors. The board may audit applicants who receive reimbursement for expenses, and the applicants shall have the burden of demonstrating that the payments received were for reimbursement of expenses actually incurred.
- (I) Each educational institution preparing applicants for licensure pursuant to this chapter shall consider requiring, and shall encourage, its students to undergo individual, marital or conjoint, family, or group counseling or psychotherapy, as appropriate. Each supervisor shall consider, advise, and encourage his or her interns and trainees regarding the advisability of undertaking individual, marital or conjoint, family, or group counseling or psychotherapy, as appropriate. Insofar as it is deemed appropriate and is desired by the applicant, the educational institution and supervisors are encouraged to assist the applicant in locating that counseling or psychotherapy at a reasonable cost.

# §4996.23. SUPERVISED POST-MASTER'S EXPERIENCE CRITERIA EFFECTIVE JANUARY 1, 2002

- (a) To qualify for licensure as specified in Section 4996.2, each applicant shall complete 3,200 hours of post-master's degree supervised experience related to the practice of clinical social work. The experience shall comply with the following:
- (1) At least 1,700 hours shall be gained under the supervision of a licensed clinical social worker. The remaining required supervised experience may be gained under the supervision of a licensed mental health professional acceptable to the board as defined by a regulation adopted by the board.
- (2) A minimum of 2,000 hours in clinical psychosocial diagnosis, assessment, and treatment, including psychotherapy or counseling.
- (3) A maximum of 1,200 hours in client centered advocacy, consultation, evaluation, research, direct supervisor contact, and workshops, seminars, training sessions, or conferences directly related to clinical social work that have been approved by the applicant's supervisor.
- (4) Of the 2,000 clinical hours required in paragraph (2), no less than 750 hours shall be face-to-face individual or group psychotherapy provided to clients in the context of clinical social work services.

- (5) A minimum of two years of supervised experience is required to be obtained over a period of not less than 104 weeks and shall have been gained within the six years immediately preceding the date on which the application for licensure was filed.
- (6) Experience shall not be credited for more than 40 hours in any week.
- (b) An individual who submits an application for examination eligibility between January 1, 2016, and December 31, 2020, may alternatively qualify under the experience requirements that were in place on January 1, 2015.
- (c) "Supervision" means responsibility for, and control of, the quality of clinical social work services being provided. Consultation or peer discussion shall not be considered to be supervision.
- (d) (1) Prior to the commencement of supervision, a supervisor shall comply with all requirements enumerated in Section 1870 of Title 16 of the California Code of Regulations and shall sign under penalty of perjury the "Responsibility Statement for Supervisors of an Associate Clinical Social Worker" form.
- (2) Supervised experience shall include at least one hour of direct supervisor contact for a minimum of 104 weeks. For purposes of this subdivision, "one hour of direct supervisor contact" means one hour per week of face-to-face contact on an individual basis or two hours of face-to-face contact in a group conducted within the same week as the hours claimed.
- (3) An associate shall receive at least one additional hour of direct supervisor contact for every week in which more than 10 hours of face-to-face psychotherapy is performed in each setting in which experience is gained. No more than six hours of supervision, whether individual or group, shall be credited during any single week.
- (4) Supervision shall include at least one hour of direct supervisor contact during each week for which experience is gained in each work setting. Supervision is not required for experience gained attending workshops, seminars, training sessions, or conferences as described in paragraph (3) of subdivision (a).
- (5) The six hours of supervision that may be credited during any single week pursuant to paragraph (3) shall apply only to supervision hours gained on or after January 1, 2010.
- (6) Group supervision shall be provided in a group of not more than eight supervisees and shall be provided in segments lasting no less than one continuous hour.
- (7) Of the 104 weeks of required supervision, 52 weeks shall be individual supervision, and of the 52 weeks of required individual supervision, not less than 13 weeks shall be supervised by a licensed clinical social worker.
- (8) Notwithstanding paragraph (2), an associate clinical social worker working for a governmental entity, school, college, or university, or an institution that is both a nonprofit and charitable institution, may obtain the required weekly direct supervisor contact via live two-way videoconferencing. The supervisor shall be responsible for ensuring that client confidentiality is preserved.
- (e) The supervisor and the associate shall develop a supervisory plan that describes the goals and objectives of supervision. These goals shall include the ongoing assessment of strengths and limitations and the assurance of practice in accordance with the laws and regulations. The

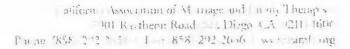
associate shall submit to the board the initial original supervisory plan upon application for licensure.

- (f) Experience shall only be gained in a setting that meets both of the following:
- (1) Lawfully and regularly provides clinical social work, mental health counseling, or psychotherapy.
- (2) Provides oversight to ensure that the associate's work at the setting meets the experience and supervision requirements set forth in this chapter and is within the scope of practice for the profession as defined in Section 4996.9.
- (g) Experience shall not be gained until the applicant has been registered as an associate clinical social worker.
- (h) Employment in a private practice as defined in subdivision (i) shall not commence until the applicant has been registered as an associate clinical social worker.
- (i) A private practice setting is a setting that is owned by a licensed clinical social worker, a licensed marriage and family therapist, a licensed psychologist, a licensed professional clinical counselor, a licensed physician and surgeon, or a professional corporation of any of those licensed professions.
- (j) If volunteering, the associate shall provide the board with a letter from his or her employer verifying his or her voluntary status upon application for licensure.
- (k) If employed, the associate shall provide the board with copies of his or her W-2 tax forms for each year of experience claimed upon application for licensure.
- (I) While an associate may be either a paid employee or volunteer, employers are encouraged to provide fair remuneration to associates.
- (m) An associate shall not do the following:
- (1) Receive any remuneration from patients or clients and shall only be paid by his or her employer.
- (2) Have any proprietary interest in the employer's business.
- (3) Lease or rent space, pay for furnishings, equipment, or supplies, or in any other way pay for the obligations of his or her employer.
- (n) An associate, whether employed or volunteering, may obtain supervision from a person not employed by the associate's employer if that person has signed a written agreement with the employer to take supervisory responsibility for the associate's social work services.
- (o) Notwithstanding any other provision of law, associates and applicants for examination shall receive a minimum of one hour of supervision per week for each setting in which he or she is working.

# §4999.46. SUPERVISED EXPERIENCE REQUIREMENTS; QUALIFICATION FOR LICENSURE; EFFECTIVE JANUARY 1, 2016

- (a) To qualify for licensure as specified in Section 4999.50, applicants shall complete experience related to the practice of professional clinical counseling under an approved supervisor. The experience shall comply with the following:
- (1) A minimum of 3,000 postdegree hours of supervised experience performed over a period of not less than two years (104 weeks).
- (2) Not more than 40 hours in any seven consecutive days.
- (3) Not less than 1,750 hours of direct counseling with individuals, groups, couples, or families in a setting described in Section 4999.44 using a variety of psychotherapeutic techniques and recognized counseling interventions within the scope of practice of licensed professional clinical counselors.
- (4) Not less than 150 hours of clinical experience in a hospital or community mental health setting, as defined in Section 1820 of Title 16 of the California Code of Regulations.
- (5) A maximum of 1,250 hours of nonclinical practice, consisting of direct supervisor contact, administering and evaluating psychological tests, writing clinical reports, writing progress or process notes, client centered advocacy, and workshops, seminars, training sessions, or conferences directly related to professional clinical counseling that have been approved by the applicant's supervisor.
- (b) An individual who submits an application for examination eligibility between January 1, 2016, and December 31, 2020, may alternatively qualify under the experience requirements that were in place on January 1, 2015.
- (c) No hours of clinical mental health experience may be gained more than six years prior to the date the application for examination eligibility was filed.
- (d) An applicant shall register with the board as an intern in order to be credited for postdegree hours of experience toward licensure. Postdegree hours of experience shall be credited toward licensure, provided that the applicant applies for intern registration within 90 days of the granting of the qualifying degree and is thereafter granted the intern registration by the board. An applicant shall not be employed or volunteer in a private practice until registered as an intern by the board.
- (e) All applicants and interns shall be at all times under the supervision of a supervisor who shall be responsible for ensuring that the extent, kind, and quality of counseling performed is consistent with the training and experience of the person being supervised, and who shall be responsible to the board for compliance with all laws, rules, and regulations governing the practice of professional clinical counseling.
- (f) Experience obtained under the supervision of a spouse or relative by blood or marriage shall not be credited toward the required hours of supervised experience. Experience obtained under the supervision of a supervisor with whom the applicant has had or currently has a personal, professional, or business relationship that undermines the authority or effectiveness of the supervision shall not be credited toward the required hours of supervised experience.

- (g) Except for experience gained by attending workshops, seminars, training sessions, or conferences as described in paragraph (5) of subdivision (a), supervision shall include at least one hour of direct supervisor contact in each week for which experience is credited in each work setting.
- (1) No more than six hours of supervision, whether individual or group, shall be credited during any single week. This paragraph shall apply to supervision hours gained on or after January 1, 2009.
- (2) An intern shall receive at least one additional hour of direct supervisor contact for every week in which more than 10 hours of face-to-face psychotherapy is performed in each setting in which experience is gained.
- (3) For purposes of this section, "one hour of direct supervisor contact" means one hour of face-to-face contact on an individual basis or two hours of face-to-face contact in a group of not more than eight persons in segments lasting no less than one continuous hour.
- (4) Notwithstanding paragraph (3), an intern working in a governmental entity, a school, a college, or a university, or an institution that is both nonprofit and charitable, may obtain the required weekly direct supervisor contact via two-way, real-time videoconferencing. The supervisor shall be responsible for ensuring that client confidentiality is upheld.
- (h) This section shall become operative on January 1, 2016.





January 16, 2014

Kim Madsen Executive Director Board of Behavioral Sciences 1625 N. Market Blvd., Suite S-200 Sacramento, CA 95834

RE: Supervision of LMFT Applicants Once Hours Have Been Approved

Dear Ms. Madsen:

The purpose of this letter is to open a discussion between the Board of Behavioral Sciences ("BBS") and the California Association of Marriage and Family Therapists ("CAMFT") about the supervision requirements for Marriage and Family Therapist Applicants ("Applicants") once experience hours have been submitted and approved by the BBS.

#### Background

On July 26, 2013, CAMFT contacted Rosanne Helms, BBS Legislative Analyst, regarding the issue of how much supervision Applicants need once their hours have been approved by the BBS. An e-mail sent on July 29, 2013 from Ms. Helms states, "...until LMFT applicants are licensed, they still need to be supervised and have at least one hour of individual or two hours of group supervision a week." Ms. Helms explains in her e-mail that "registrants still qualify as individuals being supervised after obtaining their qualifying degree, and therefore the hours requirement would still apply to them." The statute Ms. Helms referenced was Business and Professions Code Section 4980.43(c)(2).<sup>1</sup>

#### **CAMFT's Position**

CAMFT interprets Section 4980.43(c)(2) to apply only to individuals who are in the process of obtaining <u>"experience to be credited"</u> toward licensure, meaning Trainees and Interns, but not to Applicants, whose hours have already been evaluated and approved by the BBS.

<sup>&</sup>lt;sup>1</sup> Section 4980.43(c)(2) states, "An individual supervised after being granted a qualifying degree shall receive at least one additional hour of direct supervisor contact for every week in which more than 10 hours of client contact is gained in each setting. No more than five hours of supervision, whether individual or group, shall be credited during any single week."

Subdivision (c)(2) must be read in conjunction with Section 4980.43(c), which states, "Except for experience gained pursuant to subparagraph (B) of paragraph (7) of subdivision (a), supervision shall include at least one hour of direct supervisor contact in each week for which <u>experience is credited</u> in each work setting, as specified:...[emphasis added]"

Section 4980.43(c) details the amount of supervision required for <u>experience to be credited</u> toward licensure. We understand that in order to be credited with experience hours, Trainees and Interns must receive supervision as outlined in subdivisions (c)(1)  $^2$  and (c)(2) of Section 4980.43, respectively.

Applicants, however, do not have to accrue hours of "credited experience" because their hours of experience have already been approved by the BBS. Hence, Section 4980.43(c) and subdivisions (c)(1) and (c)(2) apply only to Trainees and Interns, but not to Applicants. CAMFT believes the pertinent supervision requirements for Applicants who may be practicing, but no longer gaining "credited experience" are outlined in Section 4980.43(b).

Section 4980.43(b) states, "All applicants, trainees, and registrants shall be at all times under the supervision of a supervisor who shall be responsible for ensuring that the extent, kind, and quality of counseling performed is consistent with the training and experience of the person being supervised, and who shall be responsible to the board for compliance with all laws, rules, and regulations governing the practice of marriage and family therapy."

While Section 4980.43(b) requires Applicants to be under supervision at all times, it does not specify how much supervision they are required to receive. This section, however, provides that a clinical supervisor is responsible for ensuring that the quality of counseling services performed by an Applicant is consistent with the Applicant's training and experience. As such, clinical supervisors should be expected to utilize discretion and determine on a case-by-case basis how much supervision an Applicant should receive.<sup>3</sup>

In addition, if the BBS relies on Section 4980.43(c)(2) as the supervision requirement for all Applicants for licensure, do such Applicants still continue to obtain one "unit" of supervision for the first 10 client hours and an additional unit for any client hours above 10 in the same week? CAMFT does not believe that was the intent of Section 4980.43(c)(2), as once again, the section refers to "experience to be credited."

Furthermore, hours of experience and supervision hours are required to be logged on appropriate BBS forms for those hours to be credited toward licensure. These forms are forwarded to the BBS for evaluation along with the examination eligibility application. If Applicants are still required to receive supervision per 4980.43(c)(2), are they required to log

<sup>&</sup>lt;sup>2</sup> Section 4980.43(c) (1) states, "A trainee shall receive an average of at least one hour of direct supervisor contact for every five hours of client contact in each setting."

<sup>&</sup>lt;sup>3</sup> CAMFT routinely recommends Applicants receive at least one hour of individual or two hours of group supervision per week, but we believe that this is a <u>recommendation</u> based on employers' risk of liability, rather than a statutory requirement.

such hours? If so, how and where? And would those hours be audited and evaluated by the BBS for compliance?

#### Conclusion

For the reasons stated above, CAMFT believes Applicants for licensure are not and should not be subject to the supervision requirements outlined in 4980.43(c). However, these Applicants, if still practicing, would need to be under supervision per 4980.43(b), which does not specify the amount of supervision Applicants are required to obtain. If the BBS insists on requiring Applicants for licensure to meet the supervision criteria specified in 4980.43(c)(2), we request the statutory language be clarified to reflect that.

Thank you for your time and consideration. Please do not hesitate to contact us if you have any questions or would like to discuss further. We look forward to hearing back from you.

Sincerely,

Ann Tran-Lien, J.D.

Staff Attorney

Catherine Atkins, J.D.
Deputy Executive Director

Cc: Rosanne Helms, Legislative Analyst, Board of Behavioral Sciences