



Board of Behavioral Sciences

Memo

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To: Committee Members

Date: September 4,
2025

From: Syreeta Risso
Special Projects & Research/Outreach

Subject: **Discussion and Possible Recommendations on Artificial Intelligence
Listening Session**

In an effort to increase engagement with stakeholders, staff plans to conduct a series of listening sessions to discuss and address questions on trending topics and issues impacting mental health professions and to gather ongoing feedback.

Staff proposes to hold the first listening session for November 2025, inviting representatives from professional associations (i.e., NASW-CA, CAMFT, CALPCC, CASP), other professionals in the field, and educators to form a panel to discuss and address questions regarding the use of Artificial Intelligence in providing mental health services. The purpose of the session is to gather diverse perspectives on how AI is currently being used, potential benefits and risks for practitioners, ethical considerations, and the types of safeguards or guidance that may be needed.

Staff hope to gain feedback on:

- Practical applications of AI in mental health practice.
- Potential impact on consumer protection and confidentiality.
- Training and competency needs for licensees.
- Areas where regulation, guidance or best practices may be warranted.

The session will be recorded and posted on the Board's website, ensuring that licensees, educators and students can access the information and benefit from the discussion.

Recommendation

Conduct an open discussion on the proposed listening session and consider recommendations for its implementation. Additionally, consider recommendations for future listening session topics.