



**Board of Behavioral Sciences**  
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## LPCC Treatment of Couples and Families QUALIFYING COURSEWORK

**Six semester units of nine quarter units specifically focused on the theory and application of marriage and family therapy** are required in order to obtain Board confirmation of a licensee's qualifications to assess and treat couples or families.

Coursework meeting this requirement must be at the graduate level and must have a primary focus on the following:

- One or more theories related to the marriage and family therapy field, including but not limited to couples therapy, family therapy, family systems/relational therapy and/or family counseling
- AND/OR
- How one or more MFT-related theories can be applied therapeutically with individuals, couples, families, children, adolescents and/or groups

Examples of qualifying course titles include, but are not limited to, the following:

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| • Marriage counseling                        | • Systemic theory and practice                                 |
| • Couples therapy                            | • Systemic family therapy                                      |
| • Child counseling                           | • Structural family therapy                                    |
| • Child and adolescent therapy               | • Counseling diverse couples and families                      |
| • Family counseling                          | • Couples and sexuality counseling                             |
| • Family systems theory                      | • Family interventions   |
| • MFT theories                               | • Family dynamics and therapy                                  |
| • MFT theories and techniques                | • Principles and techniques in child/adolescent/family therapy |
| • Theories of family therapy and development | • Addiction and family treatment                               |
| • Family therapy counseling skills           | • Play therapy   |
| • Individual and relational therapy          |  |

More general course titles, if taken from an MFT program, may also qualify. Examples include:

- Counseling theories
- Counseling theory and practice
- Applied therapeutic methodology
- Advanced counseling techniques